




| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|---|--|--|--|
|  | <h1>August Calendar Courtyard Terrace</h1> | | |  | 1 Daily Horoscope 9:30 Musical Exercise 10:30 Trivia 11:00 Bingo 2:00 | 2 Scavenger Hunt (All DAY) CT Book Club Time 10:30 |
| 3 Free Day 😊 | 4 Happy British Columbia Day  ENJOY YOUR DAY 😊 | 5 Daily Horoscope 9:30 Musical Exercise 10:15 Residents Council Meeting 10:30 Board Game 2:00 | 6 Daily Horoscope 9:30 Musical Exercise 10:30 Trivia 11:00 Bingo 2:00 | 7 Daily Horoscope 9:30 Musical Exercise 10:30 Arts & Craft 11:00 Happy Hour Day 2:00 | 8 Daily Horoscope 9:30 Musical Exercise 10:30 Trivia 11:00 Bingo 2:00 | 9 Scavenger Hunt (All DAY) CT Book Club Time 10:30 |
| 10 Hymn Sing with Grace 😊 | 11 Daily Horoscope 9:30 Musical Exercise 10:30 Trivia 11:00 Bingo 2:00 | 12 Daily Horoscope 9:30 Preparation for the Outing 10:00 Walmart Outing 10:30 Board Games 2:30 | 13 Daily Horoscope 9:30 Musical Exercise 10:35 Trivia 11:00 Bingo 2:00 | 14 Daily Horoscope 9:30 Musical Exercise 10:15 My Voice Meeting 10:30 Happy Hour Day 2:00 | 15 Daily Horoscope 9:30 Musical Exercise 10:30 Trivia 11:00 Bingo 2:00 | 16 Scavenger Hunt (All DAY) CT Book Club 10:30 |
| 17 Free Day 😊 | 18 Daily Horoscope 9:30 Musical Exercise 10:30 Trivia 11:00 Bingo 2:00 | 19 Daily Horoscope 9:30 Preparation for the outing 10:00 Lunch Outing 10:30 Board Games 2:30 | 20 Daily Horoscope 9:30 Musical Exercise 10:15 Life Enrichment Meeting 10:30 Bingo 2:00 | 21 Daily Horoscope 9:30 Musical Exercise 10:30 CT Holy Mass by Fr. Joseph 11:00 Movie and Pop Corn Day 1:30 | 22 Daily Horoscope 9:30 Musical Exercise 10:15 Trivia 10:30 Bingo 2:00 | 23 Scavenger Hunt (All DAY) CT Book Club 10:30 |
| 24 Hymn Sing with Grace 😊 Free Day 😊 | 25 Daily Horoscope 9:30 Musical Exercise 10:30 Trivia 11:00 Bingo 2:00 | 26 Daily Horoscope 9:30 Preparation for the Outing 10:00 Walmart Outing 10:30 Board Games 2:30 | 27 Daily Horoscope 9:30 Musical Exercise 10:30 Trivia 11:00 Bingo 2:00 | 28 Daily Horoscope 9:30 Musical Exercise 10:30 Preparation for the party 11:00 Monthly Birthday Celebration 2:00 | 29 Daily Horoscope 9:30 Musical Exercise 10:30 Dining Committee Meeting 11:00 Bingo 2:00 | 30 Scavenger Hunt (All DAY) CT Book Club 10:30 |

AUGUST 2025



Courtyard Terrace News

3730 Burke St Burnaby BC V5H 1A3

W: www.parkplaceseniorsliving.com T: 604 437 6262

IMPORTANT DATES

DATE – August 4, 2025

British Columbia Day

DATE – August 14, 2025

My Voice Meeting

DATE – August 20, 2025

Life Enrichment Meeting

DATE – August 28, 2025

Monthly Birthday Celebration

Dear Resident, Family and Staff,

As we move into August, a friendly reminder to stay well hydrated and avoid being outside during the peak of the day. Keep windows and blinds closed during the day and open them in the evening to cool down your sweet.

And if you are in need of a tasty way to cool down, ask the staff for a popsicle!

In this Newsletter

- New & Noteworthy
- Home Updates
- Upcoming Events
- Our Four Strategic Imperatives
- How to get Involved

NEW AND NOTEWORTHY

The votes are in and the winner is.



We will slowly begin replacing all the pendants over the next year. Also, the new pendants are water proof!

Our Mission

What We Do

Park Place Seniors Living strives to provide enriched life experiences to seniors through innovation and creativity.

Our Vision

Why We Exist

At Park Place Seniors Living we are committed to ensuring a "Voice and a choice" for everyone we serve.

COURTYARD TERRACE SNAP SHOTS

JULY 2025 Happenings at Courtyard Terrace

Monthly Birthday Celebration



Casino Outing



Walmart Outing



DID YOU KNOW...

It's B.C. Day...




Happy
Civic
Holiday



















British Columbia



Fun Facts About CANADA



| General Facts | | | |
|--|---|---|--|
|  <p>2nd largest country 9,984,670 km²</p> |  <p>Population 35,749,600</p> |  <p>Weather Lowest recorded temperature -63°C</p> |  <p>Longest street in world Yonge Street, Ontario is 1,696km.</p> |
| Geography | | | |
|  <p>Lakes More lakes than all other countries combined</p> |  <p>Uninhabited Areas 90% is uninhabited</p> |  <p>World's longest coastline 202,080 km.</p> |  <p>Border US/Canada border is longest in the world at 8,891 kilometres.</p> |
| Wildlife | | | |
|  <p>Polar Bears Canada has 15,500 of the world's 25,000 polar bears</p> |  <p>Beaver Dam World's longest beaver dam in Northern Alberta is 850m</p> |  <p>Reindeer 2.4 million Caribou Reindeer live in Alberta</p> |  <p>Lobster Largest lobster in the world caught in Nova Scotia is 9.3 kg</p> |
| Industry | | | |
|  <p>Maple Syrup 77% of the world's maple syrup is made in Quebec</p> |  <p>Food Canadians eat more macaroni and cheese than any country</p> |  <p>Oil 3rd largest oil reserve in the world</p> |  <p>Fishing 8th largest commercial fishing industry in the world</p> |

www.taxback.com

taxback.com

Upcoming Events

British Columbian Day

Monday, August 4, 2025

(Enjoy your Day 😊)

Resident's Council Meeting

Tuesday, August 5, 2025

(Lounge -10:30 am)

Walmart Outing

Tuesday, August 12, 2025

(Departure 10:30am – Arrival 2:30 pm)

My Voice Meeting w/ Michelle

Thursday, August 14 2025

(Dining Area – 10:30 am)

Lunch Outing

Tuesday, August 19, 2025

(Departure 10:30am – Arrival 2:30 pm)

Life Enrichment Committee Meeting

Wednesday, August 20, 2025

(Dining Area – 10:30 am)

CT Holy Mass by Fr. Joseph

Thursday, August 21, 2025

(Lounge, 10:30 am)

Walmart Outing

Tuesday, August 26, 2025

(Departure 10:30am – Arrival 2:30 pm)

Monthly Birthday Celebration

Thursday, August 28, 2025

(Lounge – 2:00 pm)

CT Dining Committee Meeting

Friday, August 29, 2025

(Dining Area – 10:30 am)



Courtyard Business Corner

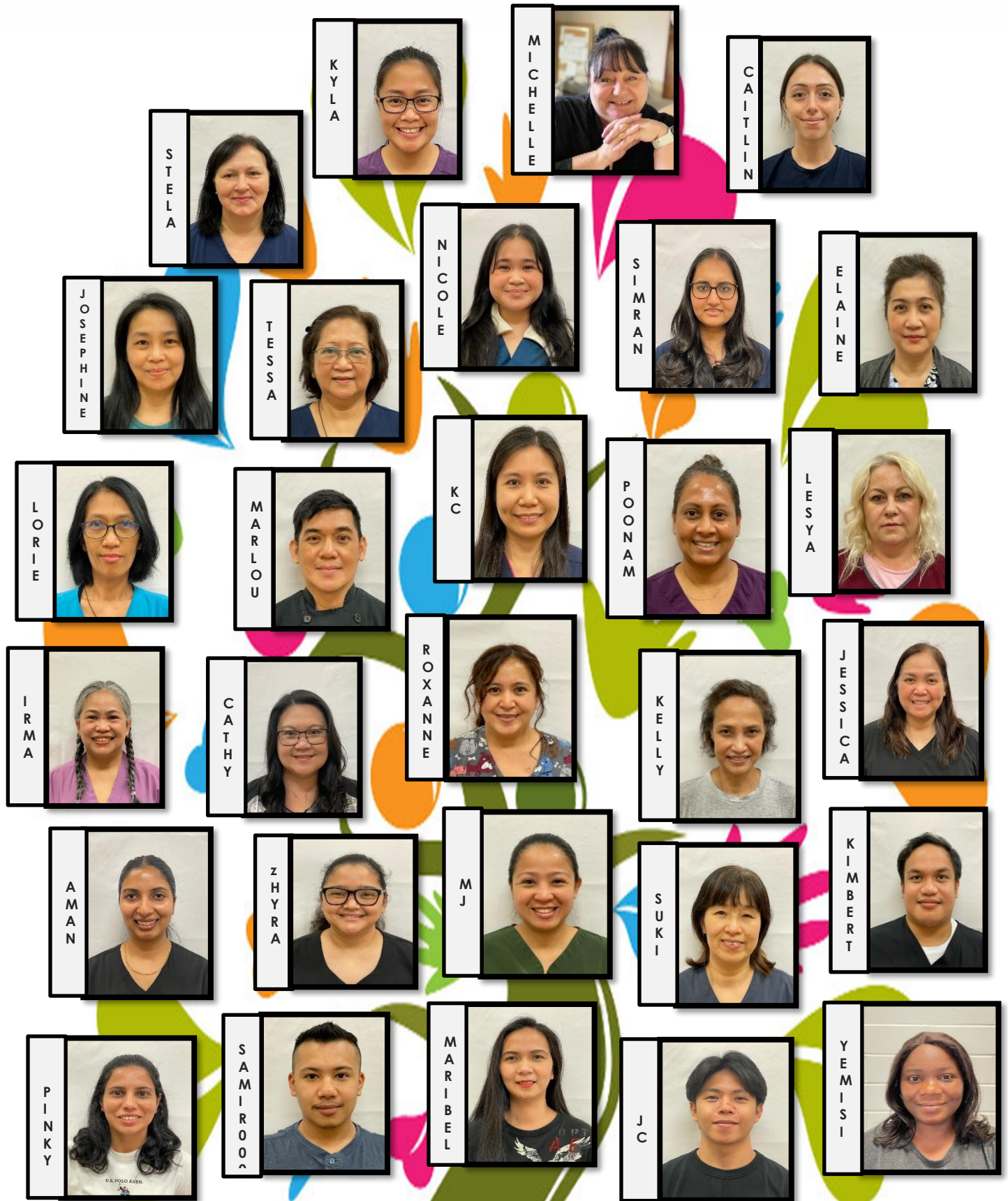
Request: Let's start to keep ourselves busy and enjoy the spring/summer seasons. If you have in mind to try something new this season, please feel free to go the REC office and tell me what it is, and I will be delighted to hear your new ideas.

CT Store: Available between the hours **9:00 – 4:30 pm Monday - Friday**. Recreation will be glad to assist you.

Items Available: Toothpaste, Kleenex, Bathroom Tissues, Soaps, Shampoo, Paper Towels, Lotion, Shampoo, Gums, Candies, Biscuits, Pops and Different Variety of Chips, Chocolates and etc....

Thank you and Always Stay Healthy with a SMILE 😊

MEET THE TEAM:



Staff Anniversary

HAPPY Work Anniversary



19 years



7 years



How to Reach Us

Michelle Bragg: 604 437 6262 ex 1
or MBragg@Simpeq.ca.

Cathy: 604 437 6262 ex 5 or
rec.ct@Simpeq.ca

Reception 604 437 6262 ex 2 or
ctreception@Simpeq.ca

Marlou: 604 437 6262 ex 3

Shout Outs

Welcome to Maribel who is
joining us as HCAP.



Welcome to Pinki who is joining
us a pat time chef



Welcome to Jc who is joining us as
a casual dietary/housekeeping



Staff Birthdays



Marlou – 21st



AUGUST BIRTHSTONE & BIRTHFLOWER

August Birthstone

• Peridot •



Symbolizing dignity, fame, and prosperity. **Peridots** have been used in jewellery through the ages to achieve peace and success, and to attract love and good fortune. Hawaiians believe the traces of peridot found in volcanic ash are the tears of the volcano goddess, Pele.

AUGUST BIRTH FLOWER

Gladiolus



- ✦✦ STRENGTH
- ⚖️ INTEGRITY
- 🧠 REMEMBRANCE
- 💖 INFATUATION

BIRTHDAYS THIS MONTH

AUGUST 2025



Ruby - 11th



Osden - 19th



RESIDENTS CORNER

CT Library

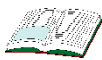
From the Library....

The President is Missing. No, not that one. It is President Jonathan Lincoln Duncan racing against time, and a traitor in his cabinet, preventing a massive cyberattack from crippling the country's economics, infrastructure, and defences. Join Book Club Saturdays at 10:30 am in the Dining Room.

It is almost mid-summer and time to look through your books. If you have any Courtyard Library books that you have been holding onto, please bring them back and put them in the basket.

Feeling a little under the weather and cannot make it to the Library? Call on the Mobile Library, and we will bring you a selection of books from which to choose. Let any staff member know!

Happy Reading!



Garden Club

From the Garden...

We have all heard how important bees are to the survival of the world's ecosystems, but what about the friendly fuzzy Bumble Bee we see gathering pollen from the purple Speedwell, the Echinacea, and the Oregano flower.

Like all cross-pollinating insects and birds, Bumble Bees play a crucial role in the reproduction of many plants, including important crops. It is very important that every city garden, like ours, encourages their continued survival by including flowering plants that Bubble Bees find attractive.

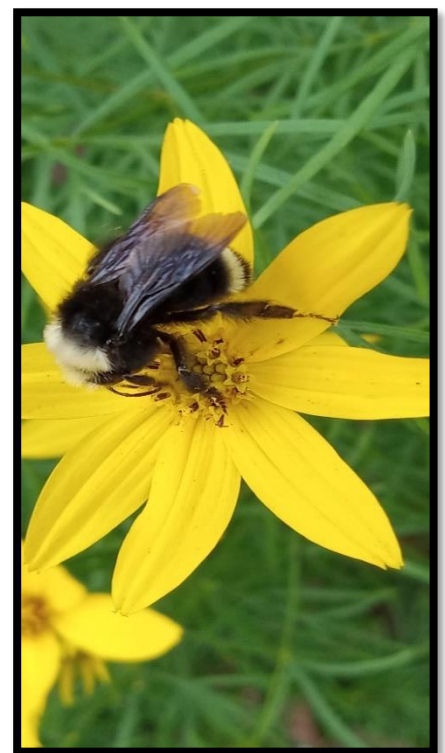
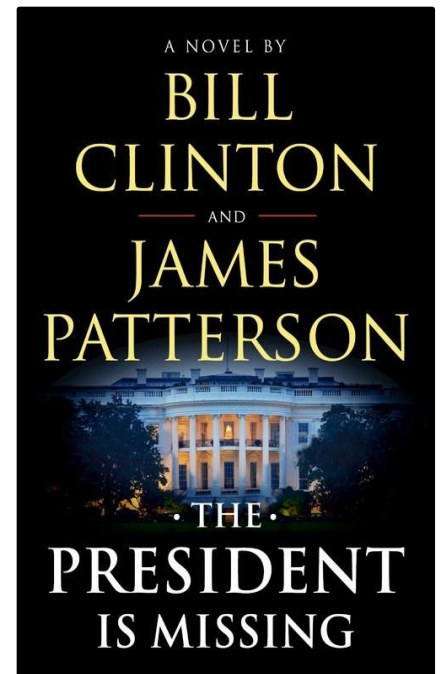
Bumble Bees first and foremost enjoy the nectar of the wild flowering plants found in the natural world and those plants depend on the Bubble Bee. The Bumble Bee is crucial to the longevity of our woods and meadows, pollinating plants like Goldenrod, Lupine, Yarrow, fireweed, and milkweed. British Columbia is host to so many wild flowering plants that rely on the Bubble Bees, Butterflies, Hummingbirds for cross-pollination.

Sustainable Agriculture Research Education (sare.org) says, "Bumble Bees commonly pollinate over 25 crops worldwide..." including fruit and seed crops.

From, the single Queen Bee in the spring to the thriving summer colony of queen bees, worker bees, and drones, the Bumble Bee needs our encouragement. Some species are endangered and are near extinction due to the use of pesticides, loss of habitat, climate change, and disease.

But, we have at least three different species of Bubble Bees in our gardens! See if you spot the differences!

Happy Gardening!



Infection Prevention and Control Corner

Audit Findings

The following audits were completed in July with no actionable items:

Declutter Audit
Donning and Doffing
Soiled Utility Audit
Weekly Housekeeping Audit
Safety and Sanitation Audit
Communication Audit
Meal Care Audit
Kitchen Cleanliness Audit
Hand Hygiene Audit
Environmental Marker Audit

Copies of the Audit will be placed on the What We Are Up To Quality Board located in the east hallway by the entrance to the dining room.

Keep an eye out for a newly redesigned Quality Board.

Policy Updates

We are continuing to transition Courtyard Terrace to Park Place Seniors Living policies and procedures.

A new computer has been installed in the staff room.

All staff now have access to Park Place policies and procedures.

Department Updates

No department updates.



OUR FOUR STRATEGIC IMPERATIVES

1. Quality & Safety

1. Site Leadership and Interdisciplinary Team will ensure that Residents and/or families participate in the standing committees.
2. Site Leader will conduct frequent auditing of BPMH, Independent Double Checks and narcotic management policies/processes and Do Not Use Abbreviations to ensure all staff are aware and understand what is expected.

2. Sustainability & Innovation

1. Maintenance Care will be fully implemented and utilized by staff.

3. Great Work Places

1. Site Leaders to facilitate participation of staff in PIECES education.

Be on the look out for new strategic imperatives. More to come.



4. Industrial Leadership

1. All Site Leaders will be involved in developing a marketing strategy for their homes
2. All Site Leaders will focus on improving their satisfaction rating

Do you think we are doing a great job? Why not leave us a Google review. QR codes available at reception.



Share our new video with your family and friends.

<https://www.parkplaceseniorsliving.com/find-a-location/british-columbia/lower-mainland/courtyard-terrace/>

HOW TO GET INVOLVED

There are some great options to stay informed and engaged with us.

1. **Talk with the staff on-shift about how your loved one is doing** and update them on changes you see.
2. **Join or attend a committee or council meeting.** Please come and join us.
3. Get involved in **quality improvement initiatives** that matter to you. Talk to staff about areas you would like to be involved in.
4. **Provide recreation ideas** that your family would enjoy! Email Cathy at rec.ct@Simpeq.ca
5. **Volunteer.** Your help matters and is always truly appreciated!
6. **Submit your ideas and suggestions** on forms available on reception. We welcome your ideas and suggestions and will review at each My Voice meeting going forward for action planning.

Our Values

Together we **STRIVE** for Excellence

S

Safety &
Quality

By providing safe and healthy environments where care and service is effective, efficient and person-centered with a focus on continuous quality improvement.

T

Teamwork &
Partnerships

By supporting and committing to each other to create a connected culture that brings out the best in everyone while achieving common goals.

R

Responsibility
& Stewardship

By doing our best work, seeking help when needed and ensuring we are good stewards of the organization resources to ensure a sustainable future.

I

Innovation &
Creativity

By creating opportunities for open conversations that encourages innovation and the sharing or creating ideas to enrich lives.

V

Voices that
are Respected

By placing our residents and families at the center of all we do by listening, respecting and responding to their needs, values and preferences.

E

Empathy &
Trust

By fostering trusting relationships through welcoming diversity, practicing acceptance and seeking to understand the experience and feelings of others.

Park Place Seniors Living

www.parkplaceseniorsliving.com

Phone: (604) 266-1436

1656 W 75th Ave, Vancouver, BC V6P 6G2

Monthly Meetings

The Resident Council meets on the first Tuesday of every month at 10:30am in the dining room.

The My Voice Meeting is held on the second Thursday of the month at 10:30am in the dining room.

The Courtyard Terrace Dining Committee meeting are held on the last Friday of the month at 10:30am in the dining room.

Life Enrichment Committee meeting is held on the third Wednesday of the month at 10:30am in the dining room.

Useful Numbers

Foot Care: Sole Provider Foot Care
Tyffany 604 341 7087

Meet your Resident Council



Co-chair Shea

Meet your Resident Council



Co-chair Michael