



August 2025 ~Meadows

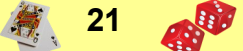


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		 SUNRIDGE PLACE SENIORS COMMUNITY <i>A member of the Park Place family</i>			1  10:00 Fun & Fitness at the Arbours 2:00 Dice Box 	2 
3  2:00  Church Service Jesus Is Lord at the Arbours	4  10:00 Fun & Fitness at the Arbours 2:00  Circle of Friends	5  11:15 Catholic Mass @ Arbours	6   2:00 Music Appreciation with Dennis	7  2:00  Meditation with Gae 4th Floor	8  10:00 Fun & Fitness at the Arbours 2:00 Black Jack 	9 
10  2:00  Church Service Church of God at the Arbours	11  10:00 Fun & Fitness at the Arbours 2:00 	12   2:00  Meadows Tenant Choir	13  2:00  Word In A Word	14  2:00 Tai Chi with Dave 4th Floor	15  10:00 Fun & Fitness at the Arbours  2:00 Trivia Time	16 
17  2:00  Church Service New Life at the Arbours	18  2:00  Summer Floats	19  9:30 Breakfast Bonanza 	20   2:00  Karaoke Singalong	21  6:30 MOVIE NIGHT	22  10:00 Fun & Fitness at the Arbours  2:00  Elvin Hedden	23 
24 2:00 Church Brae Rd Gospel 31 2:00 Church ShareWord Global	25  10:00 Fun & Fitness at the Arbours 2:00 	26   2:00  Meadows Tenant Choir	27  BBQ Lunch 	28  2:00 Tai Chi with Dave 4th Floor	29  10:00 Fun & Fitness at the Arbours 2:00 Circle of Friends	30 



August 2025 ~Arbours



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		 SUNRIDGE PLACE SENIORS COMMUNITY <i>A member of the Park Place family</i>			1  8:15 Morning Greeting 10:00 Fun & Fitness In the Fireside 2:00 Meet at  the Market	2 
3  Daily Chronicle 2:00  Sunday Church Jesus Is Lord	4  8:15 Morning Greeting 10:00 BC Road Trip 2:00 Taste of BC 	5  8:15 Morning Greetings 11:15 Catholic Mass  2:00 Bowling at Sunridge Lanes	6  9:30 Walk The Block 10:00 Balloon Volleyball  2:00 60's Party 🎵 Dave Gallant 🎵	7  8:15 Morning Greetings 10:00 Mindful Meditation  2:00 Word In a Word 	8  8:15 Morning Greeting 10:00 Fun & Fitness In the Fireside 2:00 Jukebox  🎵 Favourites 🎵 Daily Chronicle	9 
10  Daily Chronicle 2:00  Sunday Church Church of God	11  8:15 Morning Greeting 10:00 Fun & Fitness In the Fireside 2:00 	12  8:15 Morning Greetings 10:00 Do you Recall? 2:00 Bingo Bonanza  Daily Chronicle	13  8:15 Morning Greetings 9:30 Walk The Block 10:00 Sit & Dance 2:00 Creative Expression 	14  8:15 Morning Greetings 10:00 Mindful Meditation  2:00 Blackjack  21	15  8:15 Morning Greeting 10:00 Fun & Fitness In the Fireside 2:00 Summer Social  Daily Chronicle	16 
17  Daily Chronicle 2:00  Sunday Church New Life	18  8:15 Morning Greeting 10:00 Fun & Fitness In the Fireside 2:00 Popsicle Parade  Daily Chronicle	19  8:15 Morning Greetings 10:00 News & Views  2:00 Bocce Ball 	20  8:15 Morning Greetings 9:30 Walk The Block 10:00 Balloon Volleyball  2:00 Retro TV 	21  8:15 Morning Greetings 10:00 Mindful Meditation  2:00 Creative Corner 	22  8:15 Morning Greeting 10:00 Fun & Fitness In the Fireside 2:00 Play My Song  🎵 Daily Chronicle	23 
24 2:00 Church Brae Rd Gospel	25  10:00 Fun & Fitness In the Fireside 2:00 Quick Draw 	26 <u>Western Days</u> 8:15 Morning Greetings 10:00 Rodeo Days 2:00 Yee-Haw Bingo 	27  8:15 Morning Greetings 9:30 Walk The Block 10:00 Word Games 2:00 Horse Races	28 <u>Western Days</u> 8:15 Morning Greetings 10:00 Mindful Meditation  2:00 Photobooth	29  8:15 Morning Greeting 10:00 Fun & Fitness In the Fireside 2:00 Country Jam 🎵 Daily Chronicle 🎵	30 