
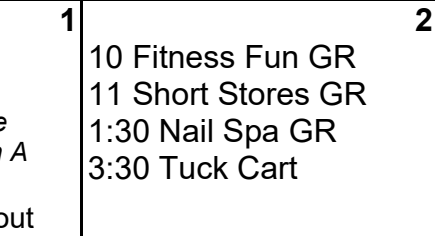



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>August 2025</h1> <p>Maple Court &amp; Willow Place</p> 						
<b>3</b> 10 Halo-Halo Special C <i>2:00 Church Service Evangelical A</i> 3:30 Helping Hands	<b>4</b> <b>BC Day</b> 10 BC Day Social GR 1:30 Manicure & Hand Massage GR 3:30 Bingo C	<b>5</b> 10 Morning Stretch GR 11 Willow Connection 1:30 Active Game 3:30 Sing Along GR	<b>6</b> 10 Ball Fitness GR 11 Baby Therapy GR 1:30 Sunflower Making 3:30 Helping Hands	<b>7</b> 10 Outdoor Walks/Gardening 1:30 What's Inside the Box? GR 3:30 Bingo C	<b>8</b> 10 Outdoor Walk/ Gardening <i>11 Communion Service St. Nicholas Church A</i> 1:30 Sing Along GR 3:30 Calendar Handout	<b>2</b> 10 Fitness Fun GR 11 Short Stores GR 1:30 Nail Spa GR 3:30 Tuck Cart
<b>10</b> 10 Morning Stretch GR 11 Willow Connection 1:30 Hymn Sing A 3:30 Friendly Visits	<b>11</b> 10 Outdoor Walks/ Gardening 1:30 Game Me 5 Game GR 3:30 Bingo C	<b>12</b> 10 Balloon Tennis GR 11 Gentle Connection GR 1:30 Snakes & Ladders 3:30 Sunflower Festival Preperation	<b>13</b> 10 Sunflower Festival <i>1:30 Prayer Group GR</i> 3:30 Puzzle Maina GR	<b>14</b> 10:30 Carnival Game GR 1:30 Rock Painting GR 3:30 Bingo C	<b>15</b> <i>11 Legion of Mary Rosary – St. Nicholas</i> 1:30 Sing Along GR 3:30 Share to Joke GR	<b>16</b> 10 Backyard Game “Corn Hole Game” 1:30 Manicure & Hand Massage GR 3:30 Tuck Cart
<b>17</b> 10 Balloon Badminton GR <i>2:00 Church Service Evangelical A</i> 3:30 Drawing GR	<b>18</b> 10 Corn Hole Game GR 11 Finish the Line GR 1:30 Nail Spa 3:30 Bingo C	<b>19</b> 10 Outdoor Walks 11 Lemonade Social <i>1:30 Sing Along with Christine A</i> 3:30 Willow Connection	<b>20</b> 10 Balloon Badminton GR 11 Trivia GR 1:30 Creative Arts GR 3:30 Card Game GR	<b>21</b> 10 Outdoor Patio Visits 11 Ball Toss GR 1:30 Nail Spa GR 3:30 Coloring GR	<b>22</b> 10 Morning Chats & Reading GR 11 1-1 Visits 1:30 Active Games - Horseshoes 3:30 Outdoor Walks	<b>23</b> <i>11 Music and Dance With the Cutie Pies A</i> 1:30 Sparky Visits 3:30 Tuck Cart
<b>24</b> 10 Outdoor Walks 11 Willow Connection <i>1:30 Church Service Living Waters A</i> 3:30 Puzzles GR	<b>25</b> 10 Drum Fit 11 All about the PNE <b>1:45 Birthday Party with Gregg A</b> 3:30 Gentle Connection	<b>26</b> <i>10 Ice Cream Trip to Gelato</i> 1:30 Active Game GR 3:30 Music with Ravensong A	<b>27</b> 10 Bean Bag Toss GR 11 Gentle Connection <i>1:30 Prayer Group GR</i> 3:30 Luau Party Preparation	<b>28</b> 10 Chair Dance Exercise GR 11 Luau Party Preparation <b>1:30 Luau Party</b> 3:30 Helping Hands	<b>29</b> 10 Fitness & Fun GR 11 Aromatherapy GR 1:30 Sparky Visits 3:30 Popsicle Social M	<b>30</b> 10 Arts and Crafts 1:30 Stacking Competitions GR 3:30 Tuck Cart
<b>31</b> 10 Summer Tea Social 1:30 Hymn Sing A 3:30 Helping Hands GR	 <div> <u>Program Venue</u>            M = Maple Court W = Willow Place            V = Virtual GR = Great Room            C = Cherry Lane A = Alder Way         </div> <p><b>ALL PROGRAMS ARE SUBJECT TO CHANGE</b></p> 					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div> <h1>August 2025</h1> <h2>Alder Way &amp; Cherry Lane</h2> </div> 						
<b>3</b> 10 Halo-Halo Special C <i>2:00 Church Service Evangelical A</i> 3:30 Creative Corner C	<b>BC Day 4</b> 10:30 BC Day Social GR 1:30 Craft – Sunflower Making A 3:30 Bingo C	<b>5</b> 10 Curling A 11 Creative Writing C 1:30 Craft A 3:30 Card Game – Uno C	<b>6</b> 10 Gardening A 11 Animal Trivia C 1:30 Leisure Trolley A 3:30 LCR Dice Game C	<b>7</b> 10 Morning Exercise A 11 Random Trivia 1:30 Nail Spa and Hand Massage 3:30 Bingo C	<b>8</b> 10 Calendar Handout 10 Morning Exercise A <i>11 Communion Service St. Nicholas Church A</i> 1:30 Directive Drawing A 3:30 Card Game C	<b>2</b> 10 Gardening/Helping Hands (Courtyards) 1:30 Creative Corner C 3:30 Tuck Cart
<b>10</b> 10 Coffee Chatter C 1:30 Hymn Sing A 3:30 Creative Corner C	<b>11</b> 10 Gardening/Helping Hands (Courtyards) 1:30 Craft – Paper Lemonade Making A 3:30 Bingo C	<b>12</b> 10 Bean Bag Toss A 11 Brain Games C 1:30 Sing Along A 3:30 Creative Corner - Sunflower Decoration	<b>13</b> 10 Sunflower Festival C <i>1:30 Prayer Group GR</i> 3:30 Helping Hand	<b>14</b> 10 Outdoor Walks 11 Mental Stimulation C 1:30 Sing Along A 3:30 Bingo C	<b>15</b> 10 Morning Stretch A 11 Legion of Mary Rosary – St. Nicholas A 1:30 Random Trivia 3:30 Card Game C	<b>16</b> 10 Morning Stretch C 11 Finish the Line C 1:30 Active Game A 3:30 Tuck Cart
<b>17</b> 10 Coffee Chatter A <i>2:00 Church Service Evangelical A</i> 3:30 Creative Corner C	<b>18</b> 10 Outdoor Active Game in Cherry Courtyard 1:30 Gentle Connection A 3:30 Bingo C	<b>19</b> 10 Refreshment & Music in Cherry Courtyard <i>1:30 Sing Along with Christine A</i> 3:30 Nail Spa A	<b>20</b> 10 Gardening/Helping Hands (Courtyards) 1:30 Laughter is the Best Medicine A 3:30 Card Game C	<b>21</b> 10 Gardening/Helping Hands (Courtyards) 1:30 Karaoke A 3:30 Bingo C	<b>22</b> 10 Morning Chat & Coffee C 1:30 Directive Drawing A 3:30 Card Game C	<b>23</b> <i>11 Music and Dance With the Cutie Pies A</i> 1:30 Active Games A 3:30 Tuck Cart
<b>24</b> 10 Coffee Chatter C <i>1:30 Church Service Living Waters A</i> 3:30 Creative Corner C	<b>25</b> 10 Gardening/Helping Hands <b>1:45 Birthday Party with Gregg A</b> 3:30 Gentle Connection C	<b>26</b> <i>10 Ice Cream Trip to Gelato</i> 1:30 Reading Club <i>3:15 Music with Ravensong A</i>	<b>27</b> 10 Fishing Day A 11 Paper Race C <i>1:30 Prayer Group GR</i> 3:30 Luau Party Preparation	<b>28</b> 10 Gardening 11 Luau Party Preparation <b>1:30 Luau Party</b> 3:30 Helping Hands	<b>29</b> 10 Fitness Fun C 11 Word Game C 1:30 Sing Along A 3:30 Card Game C	<b>30</b> 10 Morning Chat and Coffee 11 Trivia 1:30 Directive Drawing C 3:30 Tuck Cart
<b>31</b> 10 Morning Stretch C 11 Good News & Views 1:30 Hymn Sing A 3:30 Card Game C	 <div> <p><u>Program Venue</u>            M = Maple Court W = Willow Place            V = Virtual GR = Great Room            C = Cherry Lane A = Alder Way</p> <p><b>ALL PROGRAMS ARE SUBJECT TO CHANGE</b></p> </div> 					

# The Scoop

Fort Langley Seniors Community

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## August 2025

By Mikayla Vander Helm, Recreation Manager BTR



### WHAT'S NEW

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#### TAKE A LOOK INSIDE

For updates in the community

#### UPCOMING EVENTS & PHOTOS

Upcoming events and check  
out photos!

#### SITE LEADER CORNER

Check-in from our Site Leader  
- Erick



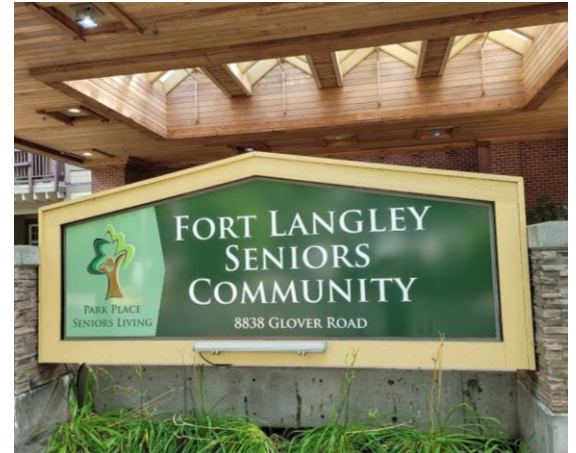
# Table of Contents

Upcoming Events	3
Photos of FLSC	4
Home Updates	5
Site Leaders Corner	6
Contact Information	7
Fun Corner	8
Appreciation	9
Other	10

## Our Mission

### *What We Do*

Park Place Seniors Living Strives to provide enriched life experiences to seniors through innovation and creativity.



## Our Vision

### *Why We Exist*

At Park Place Seniors Living we are committed to ensuring a “voice and a choice” for everyone we serve.

## Subscribe

To receive our monthly newsletter with updates.

Are you receiving our monthly newsletter via email? If not, and you would like to please email: [fortlangley.rectherapy@ppsl.com](mailto:fortlangley.rectherapy@ppsl.com)

# Upcoming Events:

For the month

- ❖ **Resident & Family Council Meeting** – Taking the summer off! See you all in the fall as we resume council meeting. See page 5 for more details).
- ❖ Friday Aug 1 and 15 11:00am – **Communion and Rosary Service with St. Nicholas Church**
- ❖ Monday Aug 4 – **BC DAY**. Recreation will be facilitating a BC day Social at 10am
- ❖ Sunday Aug 3,17 and 24 – **Church Service with Evangelical and Living Waters** (Check activity calendar for service times)
- ❖ Check out our sunflowers grow in the Cherry Courtyard and join us for our first ever Sunflower Festival on Wednesday Aug 13!
- ❖ Welcome back music with Ravensong on Tuesday Aug 26 at 3:15pm in Alder.
- ❖ Monday Aug 25 at 1:45pm– **Monthly Birthday Party with Gregg Gorrie** (See page 8 for more details)
- ❖ Thursday Aug 28 at 1:30pm - **Luau party**
- ❖ Starting back up our ever-popular ice cream socials - always a great way to cool down and connect on warm days see calendar for dates!

*Please check the daily activity board in each neighborhood*

***Programs are subject to change.***

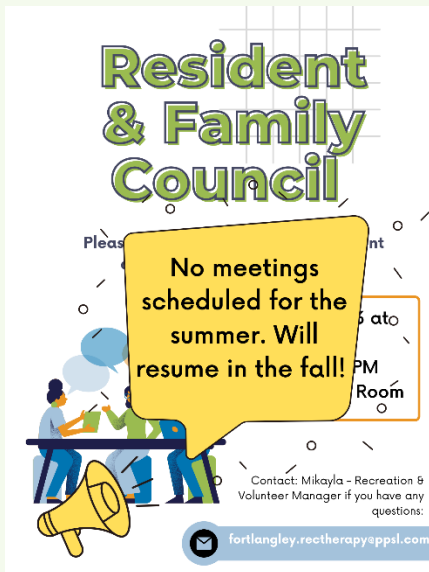


# Pictures of FLSC



# Home Updates

## Resident & Family Council Meeting



## Resident & Family Champion

We are looking for our first resident and or family member to join our resident & family champion program here at FLSC.

What is a Resident & Family Champion?

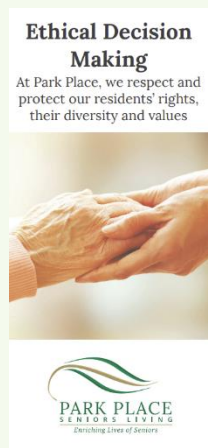
- A current resident or family member who helps to welcome new residents and their families
- Answer their questions
- Show them around
- Help them feel more comfortable!

## Family Monthly Education

*Park Place Seniors Living Brochure:*

1. Ethical Decision Making
2. Policy of Least – Restraint

(Brochures located in Lobby)



*Code of the Month: August – Silver – Active Assailant*



# Site Leaders Corner

As summer continues to shine, August promises to be a month of celebration, friendly competition, and meaningful community engagement here at Fort Langley Seniors Community.

Our Sunflower Showdown is in full swing! On August 13, we'll be heading to the Sunflower Festival. The excitement continues with our much-anticipated Park Place-wide Sunflower Showdown. August 28, our festive Hawaiian Luau Party. Residents, families, and staff are invited to dress in their best tropical attire, enjoy themed event and soak up the summer spirit. It's the perfect way to celebrate our shared accomplishments, friendships, and the joy of the season.

Meanwhile, our clinical team continues their strong focus on dementia care. The group of care aides is now participating in U-First training, deepening their skills in understanding and supporting residents with Behavioral and Psychological Symptoms of Dementia. These person-centered, non-medication approaches align with our broader efforts in antipsychotic reduction and reinforce our commitment to compassionate, individualized care.

As we continue through the sunny days of August, we invite families and loved ones to join us for these exciting events. Your presence makes every celebration that much more special.

Here's to sunflowers, luaus, and a summer filled with joy and connection!

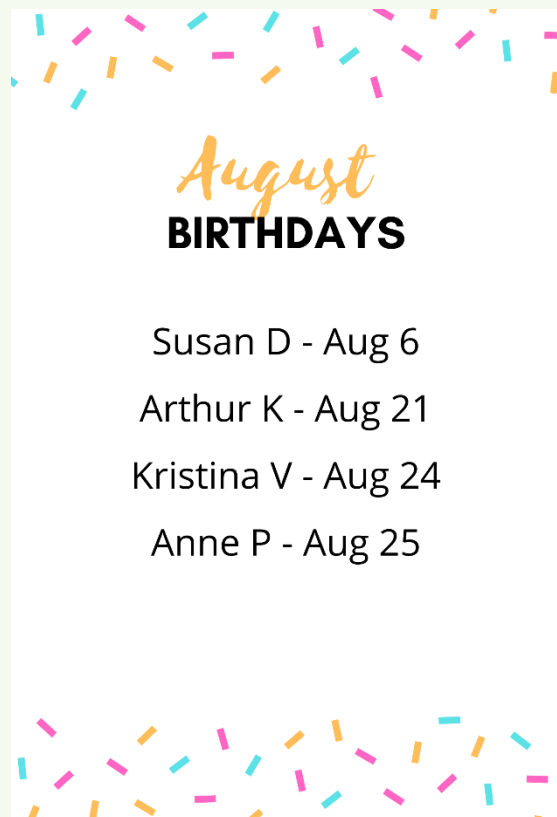
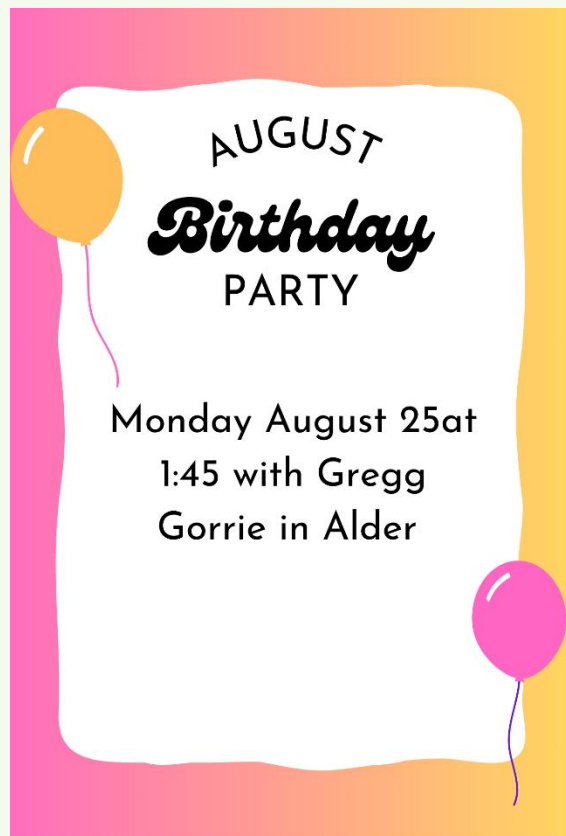
**Erick Bautista**, *Site Leader*



# Contact Information *Fort Langley Seniors Community 604.888.0711*

<i>Site Leader</i>	Erick Bautista	Ext. 121	ebautista@ppsl.com
<i>Maintenance</i>	Mike Harnden	Ext. 124	fortlangley.maintenance@ppsl.com
<i>Support Services</i>	Jag Pahal	Ext. 125	jpahal@ppsl.com
<i>Admin Assistant</i>	Lynn Harrie	Ext. 100	lharrie@ppsl.com
<i>Care – Coordinator</i>	Amber Develder	Ext. 132	fortlangley.care-coordinator@ppsl.com
<i>HR Coordinator</i>		Ext. 123	fortlangley.hr@ppsl.com
<i>Recreation &amp; Volunteer Manager</i>	Mikayla Vander Helm	Ext. 126	fortlangley.rectherapy@ppsl.com
<i>Care Aide Liaison</i>	Lois Black	Ext. 127	lblack@ppsl.com
<i>Social Worker</i>	Jean Tuyisenge	Ext. 131	fortlangley.socialworker@ppsl.com Onsite Monday, Thursday, and Fridays
<i>Dietitian</i>	Caitlyn McNeil	Ext. 131	Fortlangley.dietitian@ppsl.com Onsite Tuesday, Wednesday, and Thursdays
<i>Occupational Therapist</i>	Jane Chang	Ext. 129	Jane.chang@saliusrehab.ca Onsite Tuesdays and Thursdays
<i>Physiotherapist Temp</i>	Janki Jariwala	Ext. 129	janki.jariwala@saliusrehab.ca Onsite Monday and Friday
<i>Nurse 1</i> <i>Nurse 2</i>	Alder Cherry Willow Maple	Ext. 128 Ext. 160 Ext. 170 Ext. 221	<b>Please call the extension for the correct neighborhood.</b>

## Fun Corner & Other



# Appreciation

Employee of the Month: June – Gurvinder, RCA



## Staff Events

Bottle Returns: For staff appreciation.  
More information on the flyer below:

### BOTTLE RETURNS FOR STAFF APPRECIATION AND EVENTS!



Support our staff and upcoming  
events by recycling your bottles!

#### How It Works:



- Return bottles at any Return It depot.
- Use the number **604-888-0711** to print labels for your bags.
- No sorting needed—just print the label and apply it to your bag.

#### Need Help?

Drop off your bags at our facility, and we can handle them for you.



Thank you for  
your support!





# Other

## *On Loving Memory*

*George F* – April 16, 1938 – July 22, 2025

*Sophie H* – October 22, 1932 – July 26, 2025

## Recreation Department Wishlist

Individually pre-wrapped snack sized chocolate – For Bingo Prizes

Take a look at our Amazon Wishlist & order right from Amazon:

[https://www.amazon.ca/hz/wishlist/ls/3HY45HMMVT89J?ref\\_=wl\\_share](https://www.amazon.ca/hz/wishlist/ls/3HY45HMMVT89J?ref_=wl_share)

*- Thank you*



## Reminder – Purchase Your Meal Tickets in Advance!

Pre-buy meal tickets from Admin. Must provide ticket to receive meal. More details below:

## FAMILY AND FRIENDS MEAL TICKETS

PRE-BUY MEAL TICKETS FROM ADMIN - LYNN MONDAY TO FRIDAY. TO RECEIVE MEAL GIVE TICKET TO NURSE AT MEALTIME

| FORT LANGLEY SENIORS COMMUNITY |

PRICE

**\$8 -  
LUNCH  
\$10 -  
DINNER**