






# Mountain Lake Seniors Community Life Enrichment Calendar ~ Assisted Living

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <h1>August 2025</h1>					<b>1</b> 10:30 Manicures 1:30 Crossword Puzzle	<b>2</b> 10am-2pm If The Shoe Fits Shoe & Accessory Sale
<b>3</b>	<b>4</b> 10:30 Piano Performance by Robert 2:00 Workshop 3:00 Bingo	<b>5</b> 11:00 Exercises 1:00 Art Therapy ~RR <b>2:00 United Church</b>	<b>6</b> 11:45 Outing: Cottonwood Falls Farmers Market 3:00 Trivia & Games 6:00 Movie Night	<b>7</b> 1:00 Music Therapy	<b>8</b> 10:45 Kootenay Kids Preschool Visit 12:30 General Store <b>2:00 Global            Symphony for United            World musical            performance</b>	<b>9</b>
<b>10</b>	<b>11</b> <b>11:00 Tenant Council            Meeting</b> 2:00 Workshop 3:00 Bingo	<b>12</b> 11:00 Exercises 2:00 Library Visit <b>2:00 Performance by            Steve Quattrocchi!</b>	<b>13</b> <b>2:00 Kevin &amp; Friends            entertain!</b> 6:00 Movie Night	<b>14</b> 11:00 Exercises 1:00 Music Therapy	<b>15</b> 10:30 Manicures  <b>1:30 Birthday Social            with The Jubilakers!</b>	<b>16</b>
<b>17</b>	<b>18</b> 11:00 Outing: Lakeside Park 2:00 Workshop 3:00 Bingo	<b>19</b> 11:00 Exercises <b>1:30 Hula Hooping with            Shawna, Rides with            Cycling Without Age &amp;            Ice Cream Social!</b>	<b>20</b> 2:00 Bocce Ball 6:00 Movie Night	<b>21</b> 1:00 Music Therapy	<b>22</b> 10:45 Kootenay Kids Preschool Visit 12:30 General Store 1:30 Lavender Days 	<b>23</b>
<b>24</b>	<b>25</b> 2:00 Workshop 3:00 Bingo	<b>26</b> 11:00 Exercises <b>2:00 Performance by            Diamond Willow!</b>	<b>27</b> 2:00 Bocce Ball 6:00 Movie Night	<b>28</b> 11:00 Exercises 1:00 Music Therapy	<b>29</b> 10:30 Manicures <b>BBQ Lunch!</b>  2:00 Happy Hour!	<b>30</b>
<b>31</b>	<p><i>*Programs are subject to change.            Please see whiteboard at main entrance for daily updates.</i></p>					

# Mountain Lake Seniors Community Life Enrichment Calendar ~ Long Term Care

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <h2>August 2025</h2>					<b>1</b> 10:30 Chair Yoga 1:30 Crossword Puzzle 3:00 Sensory Visits	<b>2</b>
<b>3</b>	<b>4</b> 10:30 Piano Performance by Robert  2:00 Workshop <b>HAPPY BC DAY!</b>	<b>5</b> 9:30 Beachview Bingo 1:00 Art Therapy <b>2:00 United Church</b>	<b>6</b> 10:00 Singersize 11:45 Outing: Baker Street Farmer's Market 3:00 Trivia & Games 6:00 Movie Night	<b>7</b> 11:00 Music Therapy 1:30 Manicures 2:15 Alpine Music Therapy 3:00 Bingo	<b>8</b> 10:45 Kootenay Kids Preschool Visit <b>2:00 Global Symphony for United World musical performance</b>	<b>9</b>
<b>10</b>	<b>11</b> 9:30 Alpine Visits 11:00 Outing: Lakeside Park 2:00 Workshop	<b>12</b> 9:30 Beachview Bingo 1:00 Library Visit <b>2:00 Performance by Steve Quattrocchi!</b>	<b>13</b> 10:00 Singersize <b>Evergreen BBQ</b> <b>2:00 Kevin &amp; Friends Entertain!</b> 6:00 Movie Night	<b>14</b> 11:00 Music Therapy <b>1:30 Resident &amp; Family Council Meeting</b> 2:15 Alpine Music Therapy 3:00 Bingo	<b>15</b>  10:30 Chair Yoga <b>1:30 Birthday Social with The Jubilakers!</b>	<b>16</b>
<b>17</b>	<b>18</b> 9:30 Alpine Visits 2:00 Workshop	<b>19</b> 9:30 Beachview Bingo <b>1:30 Hula Hooping with Shawna, Rides with Cycling Without Age &amp; Ice Cream Social!</b>	<b>20</b> 10:00 Singersize <b>Diamond BBQ</b> 2:00 Bocce Ball 6:00 Movie Night	<b>21</b> 11:00 Music Therapy 1:30 Manicures 2:15 Alpine Music Therapy 3:00 Bingo	<b>22</b> 10:45 Kootenay Kids Preschool Visit 1:30 Lavender Days 3:00 Sensory Visits 	<b>23</b>
<b>24</b>	<b>25</b> 9:30 Alpine Visits 11:00 Outing: Lakeside Park 2:00 Workshop	<b>26</b> 9:30 Beachview Bingo <b>2:00 Performance by Diamond Willow!</b>	<b>27</b> 10:00 Singersize <b>Lombardy BBQ</b> 2:00 Bocce Ball 6:00 Movie Night	<b>28</b> 11:00 Music Therapy 1:30 Music with Onami 2:15 Alpine Music Therapy 3:00 Bingo	<b>29</b> 1:30 Reading & Reminiscing 3:00 Sensory Visits	<b>30</b>
<b>31</b>	<p><i>*Programs are subject to change.</i></p> <p><i>Please see whiteboard at main entrance for daily updates.</i></p>					