

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>July Calendar</div>		<div>1Happy Canada Day</div> <div>Residents Council Meeting 10:30</div> <div>8</div>	<div>2</div> <div>Daily Horoscope 9:30</div> <div>Musical Exercise 10:30</div> <div>Preparation for the party 11:00</div> <div>Surprise Party 2:00</div> <div>9</div>	<div>3</div> <div>Daily Horoscope 9:30</div> <div>Musical Exercise 10:30</div> <div>Board Games 11:00</div> <div>Bingo 1:30</div> <div>10</div>	<div>4</div> <div>Courtyard Terrace Indoor Garage Sale</div> <div>10:00-3:30</div> <div>11</div>	<div>5</div> <div>Scavenger Hunt (All DAY)</div> <div>CT Book Club Time 10:30</div> <div>12</div>
<div>6</div> <div>Free Day 😊</div> <div>1</div>	<div>7</div> <div>Daily Horoscope 9:30</div> <div>Musical Exercises 10:30</div> <div>Trivia 11:00</div> <div>Bingo 1:30</div> <div>2</div>	<div>8</div> <div>Daily Horoscope 9:30</div> <div>Preparation for the outing 10:00</div> <div>Walmart Outing 10:30</div> <div>Board Games 2:30</div> <div>3</div>	<div>9</div> <div>Daily Horoscope 9:30</div> <div>Musical Exercise 10:30</div> <div>Trivia 11:00</div> <div>Bingo 1:30</div> <div>4</div>	<div>10</div> <div>Daily Horoscope 9:30</div> <div>Musical Exercise 10:15</div> <div>My Voice Meeting 10:30</div> <div>Happy Hour 1:30</div> <div>5</div>	<div>11</div> <div>Daily Horoscope 9:30</div> <div>Musical Exercise 10:30</div> <div>Trivia 11:00</div> <div>Bingo 1:30</div> <div>6</div>	<div>12</div> <div>Scavenger Hunt (All DAY)</div> <div>CT Book Club Time 10:30</div> <div>7</div>
<div>13</div> <div>Hymn Sing with Grace 😊</div> <div>8</div>	<div>14</div> <div>Daily Horoscope 9:30</div> <div>Musical Exercise 10:30</div> <div>Trivia 11:00</div> <div>Bingo 1:30</div> <div>9</div>	<div>15</div> <div>Daily Horoscope 9:15</div> <div>Preparation for the Outing 10:00</div> <div>Casino Outing 10:30</div> <div>Arts & Craft 2:30</div> <div>10</div>	<div>16</div> <div>Daily Horoscope 9:30</div> <div>Musical Exercise 10:15</div> <div>Life Enrichment Meeting 10:30</div> <div>Bingo 1:30</div> <div>11</div>	<div>17</div> <div>Daily Horoscope 9:30</div> <div>Musical Exercise 10:15</div> <div>CT Holy Mass by Fr. Joseph 10:30</div> <div>Movie & Pop Corn Day 1:30</div> <div>12</div>	<div>18</div> <div>Daily Horoscope 9:30</div> <div>Musical Exercise 10:30</div> <div>Trivia 11:00</div> <div>Bingo 1:30</div> <div>1</div>	<div>19</div> <div>Scavenger Hunt (All DAY)</div> <div>CT Book Club 10:30</div> <div>2</div>
<div>20</div> <div>Free Day 😊</div> <div>3</div>	<div>21</div> <div>Daily Horoscope 9:30</div> <div>Musical Exercise 10:30</div> <div>Trivia 11:00</div> <div>Bingo 1:30</div> <div>4</div>	<div>22</div> <div>Daily Horoscope 9:15</div> <div>Preparation for the outing 10:00</div> <div>Walmart Outing 10:30</div> <div>Board Games 2:30</div> <div>5</div>	<div>23</div> <div>Daily Horoscope 9:30</div> <div>Musical Exercise 10:30</div> <div>Trivia 11:00</div> <div>Bingo 1:30</div> <div>6</div>	<div>24</div> <div>Daily Horoscope 9:30</div> <div>Musical Exercise 10:30</div> <div>Arts& Craft 11:00</div> <div>Happy Hour Day 1:30</div> <div>7</div>	<div>25</div> <div>Daily Horoscope 9:30</div> <div>Musical Exercise 10:15</div> <div>Dining Committee Meeting 10:30</div> <div>Bingo 1:30</div> <div>8</div>	<div>26</div> <div>Scavenger Hunt (All DAY)</div> <div>Walker, Wheelchair Wash 10:30-12:00</div> <div>9</div>
<div>27</div> <div>Hymn Sing with Grace 😊</div> <div>10</div>	<div>28</div> <div>Daily Horoscope 9:30</div> <div>Musical Exercise 10:30</div> <div>Trivia 11:00</div> <div>Bingo 1:30</div> <div>11</div>	<div>29</div> <div>Daily Horoscope 9:30</div> <div>Trivia 10:30</div> <div>Board Games 11:00</div> <div>Painting Nails 1:30</div> <div>12</div>	<div>30</div> <div>Daily Horoscope 9:30</div> <div>Musical Exercise 10:30</div> <div>Trivia 11:00</div> <div>Bingo 1:30</div> <div>1</div>	<div>31</div> <div>Daily Horoscope 9:30</div> <div>Musical Exercise 10:30</div> <div>Preparation for the party 11:00</div> <div>Monthly Birthday Celebration 2:00</div> <div>2</div>	<div>Courtyard Terrace</div>	

JULY 2025



Courtyard Terrace News

3730 Burke St Burnaby BC V5H 1A3

W: www.parkplaceseniorsliving.com T: 604 437 6262

Dear Resident, Family and Staff,

It's hard to believe that we are half way through 2025! The courtyards are in full bloom. If you look really closely, you might see a ladybug or two.

In this Newsletter

- New & Noteworthy
- Home Updates
- Upcoming Events
- Our Four Strategic Imperatives
- How to get Involved

NEW AND NOTEWORTHY

We are in the beginning stages of replacing our pendants.

Please take a moment and vote for the pendant style you would prefer to use. Voting slips are available to reception.



Pendant 1



Pendant 2



Pendant 3

IMPORTANT DATES

DATE – July 1, 2025

Canada Day

DATE – July 4, 2025

CT Indoor Garage Sale Day

DATE – July 16, 2025

Life Enrichment Meeting

DATE – July 31, 2025

Monthly Birthday Celebration

Our Mission

What We Do

Park Place Seniors Living strives to provide enriched life experiences to seniors through innovation and creativity.

Our Vision

Why We Exist

At Park Place Seniors Living we are committed to ensuring a "Voice and a choice" for everyone we serve.

COURTYARD TERRACE SNAP SHOTS

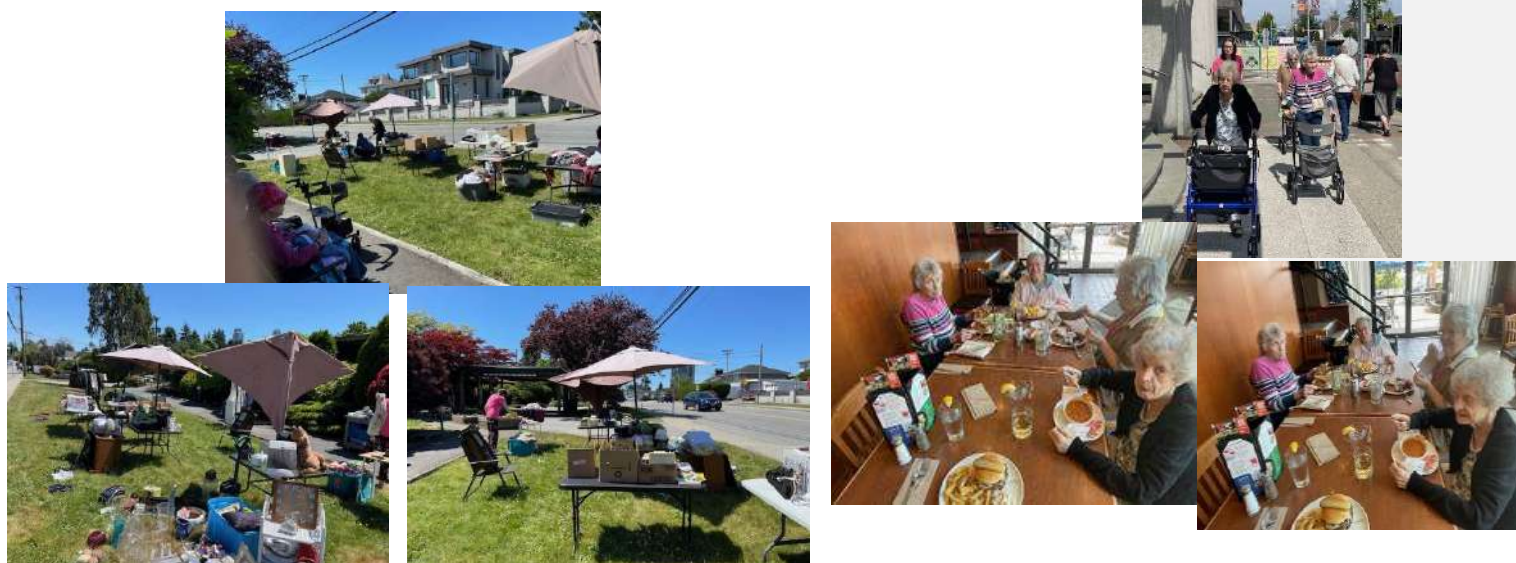
JUNE 2025 Happenings at Courtyard Terrace

Monthly Birthday Celebration



Walmart Outing

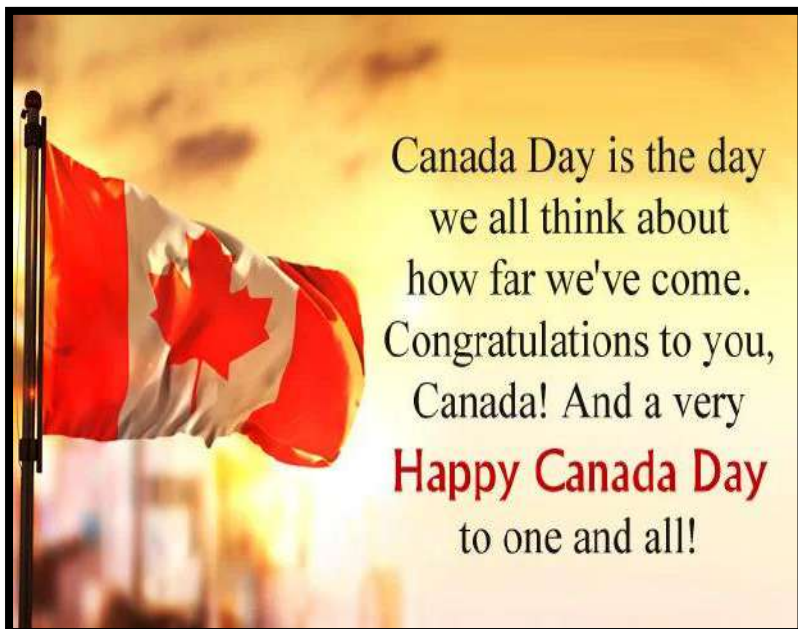
CT Garage Sale Day



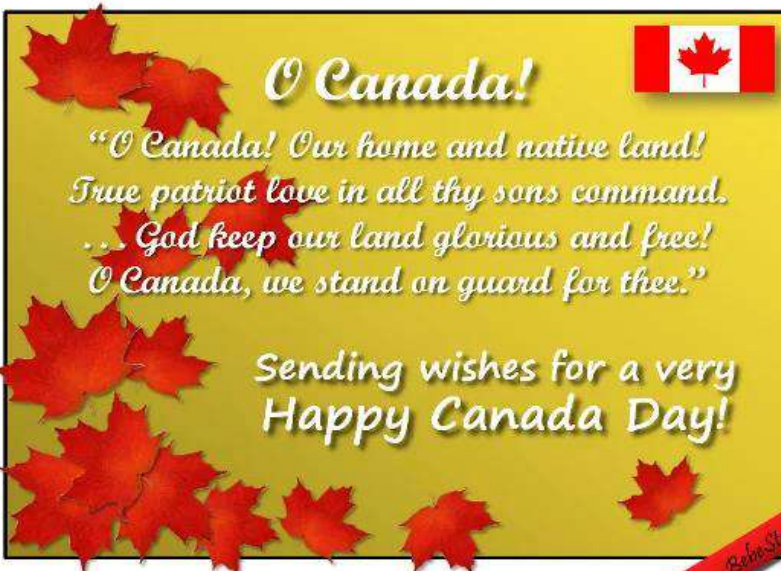
DID YOU KNOW...



Happy Canada Day



Canada Day is the day
we all think about
how far we've come.
Congratulations to you,
Canada! And a very
Happy Canada Day
to one and all!



O Canada!

*"O Canada! Our home and native land!
True patriot love in all thy sons command.
... God keep our land glorious and free!
O Canada, we stand on guard for thee."*

**Sending wishes for a very
Happy Canada Day!**

BehaShaw

FUN FACTS ABOUT CANADA



Canada is the second largest country
in the world with 9,984,670km²
total land area.



6 Different
time zones

ONTARIO
WORLD'S
LONGEST STREET

2000
KMS

starts at Lake Ontario, runs north
through Ontario and extends to the
Minnesota border

202080 KMS
WORLD'S
LARGEST COASTLINE

LARGEST SUPPLIER
OF OIL in the US with almost a million barrels
exported daily to the US' southern part.

More Canadians attend college
compared with those from
other countries.
Literary rate is more than 99%

99%

Winters in Canada can be very cold.
Temperatures can drop as low as -40
degrees Celsius (-40 degrees Fahrenheit) in
some parts of the country.

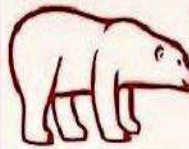


Second to Paris,
Montreal is the
largest french speaking
city in the world.

Home of
15,000
polar bears which
earns it the title
of being the polar
bear capital of
the world



The world's only enclosed captivity for
polar bears is found in Canada's
northern town of Churchill,
Manitoba. The polar
bears are kept in a former
aircraft storage hangar.



The character
Winnie the Pooh is
inspired by
Winnipeg, a
Canadian bear
cub.



Upcoming Events

Canada Day

Tuesday, July 1, 2025
(Enjoy your Day 😊)

Resident's Council Meeting

Tuesday, July 1, 2025
(Lounge - 10:30 am)

CT Indoor Garage Sale

Friday, July 4, 2025
(Suite 140, 10:00 – 3:30 pm)

Walmart Outing

Tuesday, July 8, 2025
(Departure 10:30am – Arrival 2:30 pm)

My Voice Meeting w/ Michelle

Thursday, July 10 2025
(Dining Area – 10:30 am)

Lunch Outing

Tuesday, July 15, 2025
(Departure 10:30am – Arrival 2:30 pm)

Life Enrichment Committee Meeting

Wednesday, July 16, 2025
(Dining Area – 10:30 am)

CT Holy Mass by Fr. Joseph

Thursday, July 17, 2025
(Lounge, 10:30 am)

Walmart Outing

Tuesday, July 22, 2025
(Departure 10:30am – Arrival 2:30 pm)

CT Dining Committee Meeting

Friday, July 25, 2025
(Dining Area – 10:30 am)

Monthly Birthday Celebration

Thursday, July 31, 2025
(Lounge – 2:00 pm)



Courtyard Business Corner

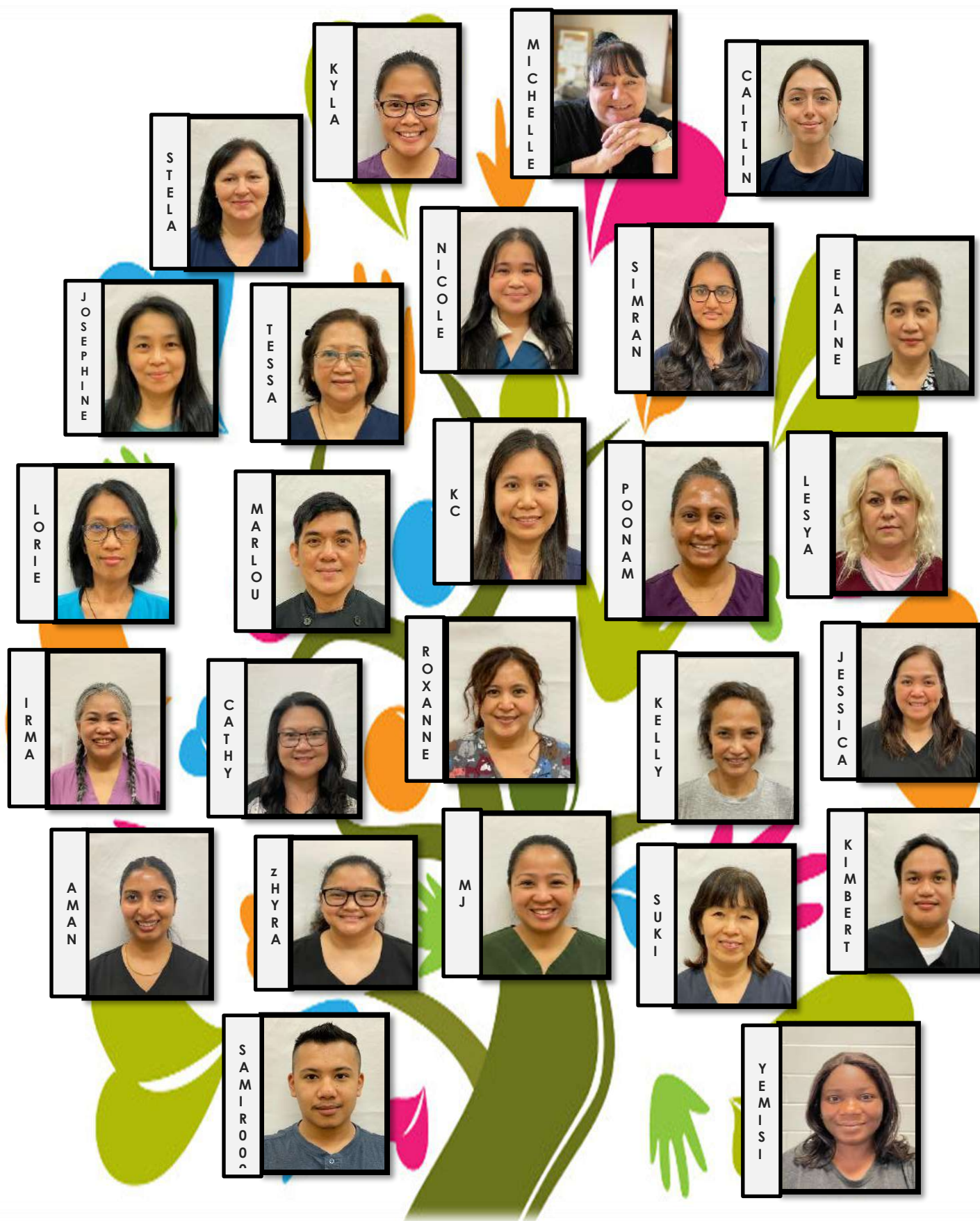
Request: Let's start to keep ourselves busy and enjoy the spring/summer seasons. If you have in mind to try something new this season, please feel free to go to the REC office and tell me what it is, and I will be delighted to hear your new ideas.

CT Store: Available between the hours **9:00 – 4:30 pm Monday - Friday**. Recreation will be glad to assist you.

Items Available: Toothpaste, Kleenex, Bathroom Tissues, Soaps, Shampoo, Paper Towels, Lotion, Shampoo, Gums, Candies, Biscuits, Pops and Different Variety of Chips, Chocolates and etc....

Thank you and Always Stay Healthy with a SMILE 😊

MEET THE TEAM:



Staff Anniversary



2 years



How to Reach Us

Michelle Bragg: 604 437 6262 ex 1
or MBragg@Simpeq.ca.

Cathy: 604 437 6262 ex 5 or
rec.ct@Simpeq.ca

Reception 604 437 6262 ex 2 or
ctreception@Simpeq.ca

Marlou: 604 437 6262 ex 3

Shout Outs

A big thank you to Mar and Jessica who are working extra shifts while we look for a new part time chef



Staff Birthdays



Samir – 27th



JULY BIRTHSTONE & BIRTHFLOWER

July Birthstone

• Ruby •



A **ruby** provides strength, vigor, and nobility, helping protect its wearer from the evils of the world. It signifies love and passion while attracting good luck.

July

BIRTH FLOWER

positivity
open heart
dignity
grace
first love



LARKSPUR

BIRTHDAYS THIS MONTH

JULY 2025



Kimberly - 19th



Michael - 24th



Doreen - 25th



Kay - 29th

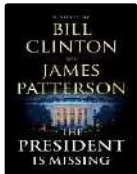
RESIDENTS CORNER

CT Library

From the Library....

Thank you to the volunteers who helped get the books ready for our sale: Brenda, Shamim, Michael, Sue, Maureen, and Sandra!

We will be finishing up the book *DragonsDawn* at Book Club soon. Our next book is:




Mostly told from the first-person perspective, the story follows U.S. President Jonathan Lincoln Duncan as he races against time to find a traitor in his cabinet, preventing a massive cyberattack from crippling the country's economics, infrastructure, and defenses.

Come join us and listen to this exciting tale!

In the Library is a bowl full of little cards. On the cards are written special words just for you.
Here's how it works:

- *Pick a card, without peeking, from the bowl and read your word.
- *Place the card back in the bowl for the next person.
- *Remember your word and carry it with you all day!

Happy Reading! 

Garden Club

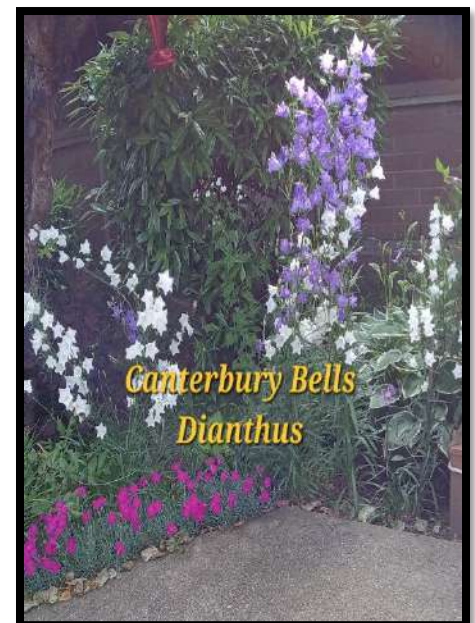
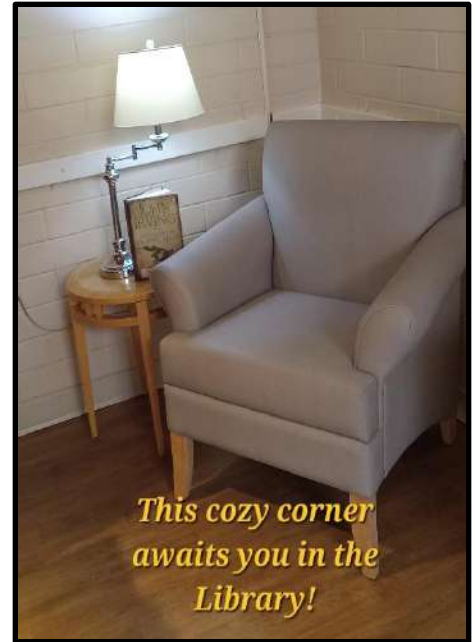
From the Garden...

We are blooming! Of note this year are the Canterbury Bells in Serenity Garden and the Dianthus everywhere with their vibrant pink.

All the seeds that we planted and placed in the greenhouse are now big enough to be planted in the pots around Dogwood Haven. Each Resident can check up on how their flowers or veggies are doing. We will be harvesting veggies and herbs for the kitchen soon.

Just a reminder that all the vegetables and herbs we grow go into our delicious meals. Please do not pick them. That way everyone gets to enjoy them.

Happy Gardening! 



Infection Prevention and Control Corner

Audit Findings

The following audits were completed in June with no actionable items:

Declutter Audit
Donning and Doffing
Soiled Utility Audit
Weekly Housekeeping Audit
Safety and Sanitation Audit
Communication Audit
Meal Care Audit
Kitchen Cleanliness Audit
Hand Hygiene Audit
Environmental Marker Audit

Copies of the Audit will be placed on the What We Are Up To Quality Board located in the east hallway by the entrance to the dining room.

Policy Updates

We are continuing to transition Courtyard Terrace to Park Place Seniors Living policies and procedures.

We are in the process of implementing staff online access to all Park Place Seniors Living policies.

The LPNs, Reception and Recreation already have full access.

This will be beneficial for all staff to have instant access to a policy or procedure.

Department Updates

Be on the look out for our new Otis Spunkmeyer Cookie Oven. We will be serving warm cookies in the very near future.



OUR FOUR STRATEGIC IMPERATIVES

1. Quality & Safety

1. Site Leadership and Interdisciplinary Team will ensure that Residents and/or families participate in the standing committees.
2. Site Leader will conduct frequent auditing of BPMH, Independent Double Checks and narcotic management policies/processes and Do Not Use Abbreviations to ensure all staff are aware and understand what is expected.

2. Sustainability & Innovation

1. Maintenance Care will be fully implemented and utilized by staff.

3. Great Work Places

1. Site Leaders to facilitate participation of staff in PIECES education.

We are working on these goals for the month of June.

4. Industrial Leadership

1. All Site Leaders will be involved in developing a marketing strategy for their homes
2. All Site Leaders will focus on improving their satisfaction rating

Do you think we are doing a great job? Why not leave us a Google review. QR codes available at reception.



Share our new video with your family and friends.

<https://www.parkplaceseniorsliving.com/find-a-location/british-columbia/lower-mainland/courtyard-terrace/>

HOW TO GET INVOLVED

There are some great options to stay informed and engaged with us.

1. **Talk with the staff on-shift about how your loved one is doing** and update them on changes you see.
2. **Join or attend a committee or council meeting.** Please come and join us.
3. Get involved in **quality improvement initiatives** that matter to you. Talk to staff about areas you would like to be involved in.
4. **Provide recreation ideas** that your family would enjoy! Email Cathy at rec.ct@Simpeq.ca
5. **Volunteer.** Your help matters and is always truly appreciated!
6. **Submit your ideas and suggestions** on forms available on reception. We welcome your ideas and suggestions and will review at each My Voice meeting going forward for action planning.

Our Values

Together we **STRIVE** for Excellence

S

Safety &
Quality

By providing safe and healthy environments where care and service is effective, efficient and person-centered with a focus on continuous quality improvement.

T

Teamwork &
Partnerships

By supporting and committing to each other to create a connected culture that brings out the best in everyone while achieving common goals.

R

Responsibility
& Stewardship

By doing our best work, seeking help when needed and ensuring we are good stewards of the organization resources to ensure a sustainable future.

I

Innovation &
Creativity

By creating opportunities for open conversations that encourages innovation and the sharing or creating ideas to enrich lives.

V

Voices that
are Respected

By placing our residents and families at the center of all we do by listening, respecting and responding to their needs, values and preferences.

E

Empathy &
Trust

By fostering trusting relationships through welcoming diversity, practicing acceptance and seeking to understand the experience and feelings of others.

Park Place Seniors Living

www.parkplaceseniorsliving.com

Phone: (604) 266-1436

1656 W 75th Ave, Vancouver, BC V6P 6G2

Monthly Meetings

The Resident Council meets on the first Tuesday of every month at 10:30am in the dining room.

The My Voice Meeting is held on the second Thursday of the month at 10:30am in the dining room.

The Courtyard Terrace Dining Committee meeting are held on the last Friday of the month at 10:30am in the dining room.

Life Enrichment Committee meeting is held on the third Wednesday of the month at 10:30am in the dining room.

Useful Numbers

Foot Care: Sole Provider Foot Care
Tyffany 604 341 7087

Meet your Resident Council



Co-chair Shea

Meet your Resident Council



Co-chair Michael