


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 10 Fun & Fit GR 11 June Calendar Distribution <i>2:00 Church Service Evangelical A</i> 3:30 Green Thumb <small>Shavuot Begins</small>	<b>2</b> 10 Morning Exercise & Trivia GR 11 Gentle Connection GR 1:30 Sing Along GR 3:30 Bingo C	<b>3</b> 10 Outdoor Walks 11 Trivia and Short Stories GR <b>1:30 Resident and Family Council GR</b> 3:30 Sensory Stimulation GR	<b>4</b> 10 Balloon Toss GR 11 Gentle Connection 1:45 Afternoon Movie and Popcorn A	<b>5</b> 10 Drum Fit GR 11 Gentle Connection GR 1:30 Manicure and Hand Massage GR 3:30 Bingo C	<b>6</b> 10 Fun & Fitness <i>11 Communion Service - St. Nicholas Church A</i> 1:30 Sing Along GR 3:30 GreenThumb	<b>7</b> 10 Morning Exercise GR 11 Willow Connection 1:30 Try to Tie a Tie GR 3:30 Tuck Cart
<b>8</b> 10 Curling GR 11 Willow Connection <i>1:30 Church Service Living Waters</i> 3:30 Sparky (Robotic)& Friends Visits	<b>9</b> 10 Bean Bag Toss GR 11 Gentle Connection GR 1:30 Outdoor Walk 3:30 Bingo C	<b>10</b> 10 Drum Fit GR 11 Sing A long GR 1:30 Sensory Stimulation W 3:30 Arts and Crafts GR	<b>11</b> 10 Curling GR 11 Sensory Stimulation W 1:30 Prayer Group GR 3:30 Puzzles	<b>12</b> 10 Iced Tea Month plus Pancake C 1:30 Manicures GR 3:30 Bingo C	<b>13</b> 10 Chair Exercise GR 11 Gentle Connection GR 1:30 Target Toss GR 3:30 Leisure Trolley	<b>14</b> 10 Ballon Toss GR 11 Willow Connection 1:30 Reminiscing About Dad GR 3:30 Tuck Cart <small>Flag Day (U.S.)</small>
<b>Father's Day 15</b> 10 Outdoor Walk 11 Name That Tool GR <i>2:00 Church Service Evangelical A</i> 3:30 Sparky (Robotic)& Friends Visits <small>Father's Day</small>	<b>16</b> 10 Fun & Fitness GR 11 Gentle Connection GR 1:30 Sing Along GR 3:30 Bingo C	<b>17</b> 10 Ball Fitness GR 11 Willow Connection 1:30 Manicure and Hand Massage GR 3:30 Joke to Share -GR	<b>18</b> 10 Budding Branches and Lavender GR 1:45 Afternoon Movie and popcorn A	<b>19</b> 10 Outdoor Walks 11 Active Game GR 1:30 Active Game GR 3:30 Bingo C <small>Juneteenth</small>	<b>20</b> <i>10 Scenic Drive</i> <i>11 Legion of Mary Rosary – St. Nicholas</i> <i>3:30 Fun and Meaningful Music School Ukulele Performance A</i> <small>Summer Begins</small>	<b>21</b> 10 Arts and Craft GR 1:30 What's in the Box? 3:30 Tuck Cart
<b>22</b> 10 Curling GR 11 Short Stories and Write GR 1:30 Hymn Sing A 3:30 Leisure Trolley	<b>23</b> 10 Bocce GR 11 Willow Connection 1:30 Creative Corner: Puzzle GR 3:30 Bingo C	<b>24</b> 10:30 Coffee and Chat in Paris M <b>1:45 Birthday Party With Gregg G A</b> 3:30 Helping Hands	<b>25</b> 10 Target Toss GR 11 Sensory – Engaging the Senses W 1:30 Prayer Group GR 3:30 Target Toss GR	<b>26</b> 10 Morning Walk/ Gardening 11 Trivia GR 1:30 Active Game GR 3:30 Bingo C	<b>27</b> 10 Strawberry Social C 1:30 Balloon Badminton 3:30 Leisure Trolley	<b>28</b> 10 Arts & Craft GR 1:30 Manicure and Hand Massage GR 3:30 Tuck Cart
<b>29</b> 10 Horse Racing GR 11 Gentle Connection GR 1:30 Hymn Sing A 3:00 Grocery Ad Scavenger Hunt GR	<b>30</b> 10 Ball Fitness GR 11 Gentle Connection GR 1:30 Manicure and Hand Massage GR 3:30 Bingo C					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 10 Morning Exercise 11 June Calendar Distribution 2:00 Church Service <i>Evangelical A</i> 3:30 Card Game C <small>Shavuot Begins</small>	<b>2</b> 10 Morning Chat and Coffee C 11 Active Game – Catch C 1:30 Afternoon Trivia 3:30 Bingo C	<b>3</b> 10 Gardening 11 Nail Spa C 1:30 Nail Spa A <b>1:30 Resident and Family Council GR</b> 3:30 Karaoke C	<b>4</b> 10 Seated Yoga A 11 Let's go Fishing C 1:45 Afternoon Movie and Popcorn A	<b>5</b> 10 Outdoor Walk/Gardening 1:30 Let's put our Flowers Up A 3:30 Bingo C	<b>6</b> 10 Musical Stretch C 11 Communion Service - <i>St. Nicholas Church A</i> 1:30 Gentle Connection A 3:30 Card Game C	<b>7</b> 10 Coffee Chatter A 1:30 Sing Along with Susie Q C 3:00 Tuck Cart
<b>8</b> 10 Morning Exercise A 11:00 Hand Massages 1:30 Church Service Living Waters A 3:30 Card Game C	<b>9</b> 10 Outdoor Walks 11 Trivia A 1:30 Target Toss A 3:30 Bingo C	<b>10</b> 10 Morning Exercise A 11 Summer Triva 1:30 Balloon Badminton A 3:30 Reading Group C	<b>11</b> 10 Active Games A 11 Outdoor Walks in the Courtyard 1:30 Prayer Group GR 3:30 Card Game CS	<b>12</b> 10 Iced Tea Month plus Pancake C 1:30 Arts and Craft-Milk & Pencil Holder A 3:30 Bingo C	<b>13</b> 10 Armchair Travel – Hawaii GR 1:30 Aroma Therapy A 3:30 Card Game C	<b>14</b> 10 Coffee Chatter C 1:30 Karaoke A 3:00 Tuck Cart <small>Flag Day (U.S.)</small>
<b>Father's Day 15</b> 10 Morning Exercise 11 Friendly Visits 2:00 Church Service <i>Evangelical A</i> 3:30 Card Game <small>Father's Day</small>	<b>16</b> 10 Morning Chat and Coffee A 11 Outdoor Walks 1:30 Curling 3:30 Bingo C	<b>17</b> 10 Outdoor walks 11 Sing A long A 1:30 Balloon Badminton C 3:30 Card Game C	<b>18</b> 10 Budding Branches and Lavender GR 1:45 Afternoon Movie and Popcorn A	<b>19</b> 10 Gardening 11 Nail Spa C 1:30 Secret Rose Quiz Puzzle A 3:30 Bingo C <small>Juneteenth</small>	<b>20</b> 10 Scenic Drive 11 Legion of Mary Rosary – <i>St. Nicholas</i> 3:30 Fun and Meaningful Music School Ukulele Performance A <small>Summer Begins</small>	<b>21</b> 10 Coffee Chatter A 1:30 Sing Along with Susie Q C 3:00 Tuck Cart
<b>22</b> 10 Outdoor Walk/Gardening 1:30 Hymn Sing A 3:30 Creative Corner Crochet C	<b>23</b> 10 Morning Exercise A 11 Friendly Visits 1:30 Name That Tune C 3:30 Bingo C	<b>24</b> 10 Morning Chat and Coffee C 11 Ball Toss C <b>1:45 Birthday Party With Gregg G A</b>	<b>25</b> 10 Sensory Day – smell, touch, taste, hear, see C 1:30 Prayer Group GR 3:30 Aroma Therapy A	<b>26</b> 10 Outdoor Walk/Gardening 11 June Day in Canada (Newfoundland and Labrador) C 1:30 Hand Massage A 3:30 Bingo C	<b>27</b> 10 Strawberry Social C 1:30 Color my World A 3:30 Card Game C	<b>28</b> 10 Coffee Chatter C 1:30 Karaoke A 3:00 Tuck Cart
<b>29</b> 10 Outdoor Walk/Gardening 1:30 Hymn Sing A 3:30 Creative Corner Crochet C	<b>30</b> 10 Active Game 11 Sensory Stimulation 1:30 Ball Toss 3:30 Ice Cream Social	 <div> <h1>June 2025</h1> <h2>Alder Way &amp; Cherry Lane</h2> </div>				

# The Scoop

Fort Langley Seniors Community

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## June 2025

By Mikayla Vander Helm, Recreation Manager BTR



### WHAT'S NEW

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#### TAKE A LOOK INSIDE

For updates in the community

#### UPCOMING EVENTS & PHOTOS

Upcoming events and check  
out photos!

#### SITE LEADER CORNER

Check-in from our Site Leader  
- Erick

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## Our Mission

### *What We Do*

Park Place Seniors Living Strives to provide enriched life experiences to seniors through innovation and creativity.



## Our Vision

### *Why We Exist*

At Park Place Seniors Living we are committed to ensuring a “voice and a choice” for everyone we serve.

## Subscribe

To receive our monthly newsletter with updates.

Are you receiving our monthly newsletter via email? If not, and you would like to please email: [fortlangley.rectherapy@ppsl.com](mailto:fortlangley.rectherapy@ppsl.com)



# Upcoming Events:

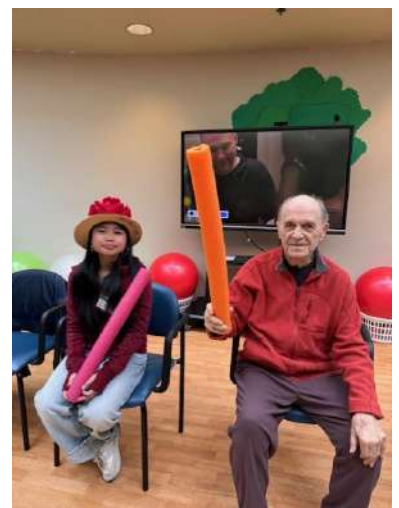
For the month

- ❖ Tuesday June 3 at 1:30 – **Resident & Family Council Meeting** (Please join us for our monthly council meeting! Residents and their families are welcome. See page 5 for more details).
- ❖ Friday June 6 & 20 11:00am – **Communion and Rosary Service with St. Nicholas Church**
- ❖ Sunday June 15 – **Father's Day & Father's Day Lunch**. See page 8 for menu. Family and friends' meal tickets can be pre-bought from Lynn our administrative assistant. On the day of lunch, give ticket to the nurse!
- ❖ Sunday June 1, 8 and 15 – **Church Service with Evangelical and Living Waters** (Check activity calendar for service times)
- ❖ Friday June 13 at 10:00am – **Armchair Travel to Hawaii**
- ❖ Tuesday June 24 at 1:45pm– **Monthly Birthday Party with Gregg G** (See page 8 for more details)
- ❖ Starting back up our ever-popular ice cream socials - always a great way to cool down and connect on warm days see calendar for dates!

*Please check the daily activity board in each neighborhood*

***Programs are subject to change.***

# Pictures of FLSC





# Home Updates

## Resident & Family Council Meeting



## Resident & Family Champion

We are looking for our first resident and or family member to join our resident & family champion program here at FLSC.

What is a Resident & Family Champion?

- A current resident or family member who helps to welcome new residents and their families
- Answer their questions
- Show them around
- Help them feel more comfortable!

## Family Monthly Education

*Park Place Seniors Living Brochure:*

1. The Residents Day
2. Fire Protection & Safety Measures
3. Safety First
4. Diversity and Inclusion

(Brochures located in Lobby)



*Code of the Month:* June – Code Grey – Infrastructure Disruption

iLearn – Heat preparedness (Located in lobby near elevator)

# Site Leaders Corner

As summer begins to show its warmth and light, we are delighted to reflect on the joyful moments of May and share what lies ahead for June at Fort Langley Seniors Community.

Our commitment to resident-centered care continues to guide everything we do. The review of medication use for residents living with dementia and behavioral and psychological symptoms of dementia (BPSD) is ongoing. As part of this initiative, members of our team will be completing additional education to further support best practices and promote resident well-being.

In recreation, May was filled with meaningful experiences from lively Cinco de Mayo celebrations to the vibrant energy brought by visiting students and the fun of the May Day Parade. These moments remind us just how enriching it is to stay connected with our wider community. A heartfelt thank you goes out to the students, teachers, and principal of Pacific Academy for their wonderful intergenerational program this spring. The bonds formed have been truly special, and we look forward to welcoming them back in the fall.

Our outdoor programs have also blossomed. The spring trip to Derby Reach was a highlight, and we're pleased to share that more excursions are scheduled in the coming weeks.

Looking ahead, June brings new reasons to celebrate and come together. Highlights this month include Armchair Travel to Hawaii on June 13, a ukulele performance by the Fun and Meaningful Music School on June 20, and our June Birthday Party on June 24. We're also excited to mark Father's Day with a variety of themed programs, such as "Try to Tie a Tie," "Reminiscing About Dad," "Name That Tool," and the return of our much-loved Fishing Program. And of course, we'll continue to enjoy our ever-popular ice cream socials, always a great way to cool down and connect on warm days.

As always, we thank our residents, families, and team members for your continued partnership. Your involvement and encouragement help make our community a place of warmth, joy, and meaningful connection. Here's to a beautiful June ahead!

**Erick Bautista**, *Site Leader*



# Contact Information *Fort Langley Seniors Community 604.888.0711*

<i>Site Leader</i>	Erick Bautista	Ext. 121	ebautista@ppsl.com
<i>Maintenance</i>	Mike Harnden	Ext. 124	fortlangley.maintenance@ppsl.com
<i>Support Services</i>	Jag Pahal	Ext. 125	jpahal@ppsl.com
<i>Admin Assistant</i>	Lynn Harrie	Ext. 100	lharrie@ppsl.com
<i>Care – Coordinator</i>	Amber Develder	Ext. 132	fortlangley.care-coordinator@ppsl.com
<i>HR Coordinator</i>	Komal Garala	Ext. 123	fortlangley.hr@ppsl.com
<i>Recreation &amp; Volunteer Manager</i>	Mikayla Vander Helm	Ext. 126	fortlangley.rectherapy@ppsl.com
<i>Care Aide Liaison</i>	Lois Black	Ext. 127	lblack@ppsl.com
<i>Social Worker</i>	Jean Tuyisenge	Ext. 131	fortlangley.socialworker@ppsl.com Onsite Monday, Thursday, and Fridays
<i>Dietitian</i>	Caitlyn McNeil	Ext. 131	Fortlangley.dietitian@ppsl.com Onsite Tuesday, Wednesday, and Thursdays
<i>Occupational Therapist</i>	Jane Chang	Ext. 129	Jane.chang@saliusrehab.ca Onsite Tuesdays and Thursdays
<i>Physiotherapist Temp</i>	Janki Jariwala	Ext. 129	janki.jariwala@saliusrehab.ca Onsite Tuesdays and Thursdays
<i>Nurse 1</i> <i>Nurse 2</i>	Alder Cherry Willow Maple	Ext. 128 Ext. 160 Ext. 170 Ext. 221	<b>Please call the extension for the correct neighborhood.</b>

## Fun Corner & Other

### FATHER'S DAY MENU

SUNDAY JUNE 15TH, 12:30PM

CHICKEN CORDON

BLEU

BAKED POTATOES

FRESH VEGETABLE

MEDLEY

BLACK FOREST CAKE



### JUNE *Birthday* PARTY

Tuesday June 24 at  
1:45 with Gregg  
Gorrie in Alder



### June BIRTHDAYS

June L - June 2 Terry C - June 20

Bob S - June 2 Sheila T - June 22

Liliane D - June 6 Janet T June 27

Mary C - June 9 Robin P - June 29

Sam N - June 11

Judy N - June 15

Noor Q - June 16

Roy B - June 20 **100**



# Appreciation

Employee of the Month: May – Danielle, Nursing

## Staff Events

Bottle Returns: For staff appreciation.  
More information on the flyer below:

### BOTTLE RETURNS FOR STAFF APPRECIATION AND EVENTS!



Support our staff and upcoming events by recycling your bottles!

**How It Works:**

- Return bottles at any Return It depot.
- Use the number **604-888-0711** to print labels for your bags.
- No sorting needed—just print the label and apply it to your bag.

Need Help?  
Drop off your bags at our facility, and we can handle them for you.



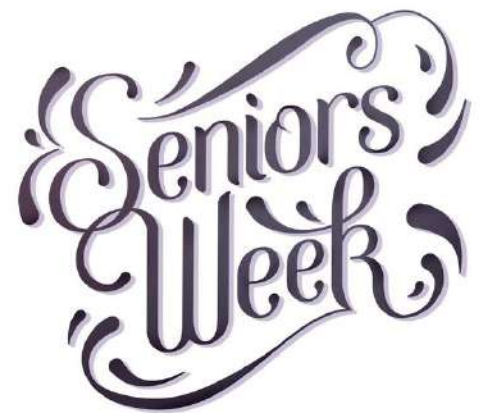
**Thank you for  
your support!**





*Happy Seniors Week*

June 2-8





# Other

## *In Loving Memory*

Shirley F – May 14, 1933 – May 12, 2025,  
Donna W – June 19, 1935 – May 15, 2025  
Herman L – Sept 25, 1932 – May 25, 2025

## Recreation Department Wishlist

Individually pre-wrapped snack sized  
chocolate – For Bingo Prizes

Take a look at our Amazon Wishlist & order  
right from Amazon:

[https://www.amazon.ca/hz/wishlist/ls/3HY45HMVBT89J?ref\\_=wl\\_share](https://www.amazon.ca/hz/wishlist/ls/3HY45HMVBT89J?ref_=wl_share)

- Thank you

## Reminder – No More Greeters

With this change, we kindly remind everyone to **remember your door codes**, as there will no longer be a greeter at the entrance to assist with access. Also, please remember to **sign in and out of the visitors' books** when entering and leaving the building.

If you require assistance, please use the **BLUE** assistance phone in the main lobby.



## ← Blue Assistance Phone



Thank you for your understanding and cooperation.

## Thank You Nurses!

Nurses week May 12 - 18

