

Mountain Lake Seniors Community Life Enrichment Calendar ~ Assisted Living

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <h1>MAY 2025</h1>				1 11:00 Exercises 2:00 Manicures	2 10:30 Concerts in Care: <i>Johanne Perron & Natasha Jaffe on Cello</i> 12:30 General Store 1:30 Garden Club	3
4	5 2:00 Workshop 3:00 Bingo 3:00 Doukhobor Gathering ~RR	6 11:00 Exercises 2:00 United Church <i>3:15 Remembering Rose</i> 	7 10:00 Spring Planting 1:30 Wildflower School Visit	8 11:00 Exercises 1:00 Music Therapy	9 10:30 Kootenay Kids Preschool Visit 1:30 Birthday Social with The Jubilakers! 	10 2:00 Multi-Cultural Mother's Day Showcase, Tea & Plant Sale
11 	12 11:00 Tenant Council Meeting 2:00 Workshop 3:00 Bingo	13 11:00 Exercises 2:00 Library Visit 2:30 Anglican Church	14 1:30 Wildflower School Visit 2:00 Kevin & Friends entertain! 6:00 Movie Night	15 11:00 Exercises 1:00 Music Therapy	16 11:00 Celebration of Life Service 1:30 Nelson Christian School Visit 	17
18	19 2:00 Workshop 3:00 Bingo  VICTORIA DAY	20 11:00 Exercises	21 1:30 Hymn Sing with Joyful Sound 6:00 Movie Night	22 11:00 Exercises 1:00 Music Therapy	23 10:30 Kootenay Kids Preschool Visit 12:30 General Store 1:30 Catholic Mass	24
25	26 11:00 Outing: Lakeside Park 2:00 Workshop 3:00 Bingo	27 11:00 Exercises 2:00 First Baptist Church 2:30 Performance by Philip Seagram!	28  BBQ Lunch! 2:00 Sing-along with Paola & Kevin ~RR 6:00 Movie Night ~RR	29 11:00 Exercises 1:00 Music Therapy 2:30 Manicures with Tracy	30 10:30 Chair Yoga ~RR  1:30 Music with Valinda	31 2:00 Musical Performance by Shifting Winds

***Programs are subject to change.**
Please see whiteboard at main entrance for daily updates.

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 <h1>MAY 2025</h1>				1 1:30 Manicures 3:00 Bingo	2 10:30 Concerts in Care: <i>Johanne Perron & Natasha Jaffe on Cello</i> 1:30 Garden Club 3:00 Sensory Visits	3
4	5 9:30 Alpine Visits 11:00 Outing: <i>Railtown A&W</i> 2:00 Workshop 3:00 Doukhobor Gathering	6 9:30 Beachview Bingo 2:00 United Church	7 10:00 Spring Planting 1:30 Wildflower School Visit	8 11:00 Music Therapy 1:30 Resident & Family Council Meeting 2:15 Alpine Music Therapy 3:00 Bingo	9 10:30 Kootenay Kids Preschool Visit  1:30 Birthday Social with The Jubilakers!	10 2:00 Multi-Cultural Mother's Day Showcase, Tea & Plant Sale
11 	12 9:30 Alpine Visits 11:00 Outing: <i>Mall</i> 2:00 Workshop	13 9:30 Beachview Bingo 1:00 Library Visit 2:30 Anglican Church	14 10:00 Singersize 1:30 Wildflower School Visit 2:00 Kevin & Friends entertain! 6:00 Movie Night	15 11:00 Music Therapy 1:30 Reading & Reminiscing 2:15 Alpine Music Therapy 3:00 Bingo	16 11:00 Celebration of Life Service  1:30 Nelson Christian School Visit 3:00 Sensory Visits	17
18	19 9:30 Alpine Visits 2:00 Workshop  VICTORIA DAY	20 9:30 Beachview Bingo 1:30 Wildflower School Visit 3:00 Outdoor Walks & Visits	21 10:00 Singersize 1:30 Hymn Sing with Joyful Sound 6:00 Movie Night	22 11:00 Music Therapy 1:30 Manicures 2:15 Alpine Music Therapy 3:00 Bingo	23 10:30 Kootenay Kids Preschool Visit 1:30 Catholic Mass 3:00 Sensory Visits	24
25	26 9:30 Alpine Visits 2:00 Workshop	27 9:30 Beachview Bingo 2:00 First Baptist Church 2:30 Performance by Philip Seagram!	28  2:00 Sing-along with Paola & Kevin 6:00 Movie Night	29 11:00 Music Therapy 1:30 Reading & Reminiscing 2:15 Alpine Music Therapy 3:00 Bingo	30 10:30 Chair Yoga  1:30 Music with Valinda	31 2:00 Musical Performance by Shifting Winds

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