

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2024

Independent Living



3	4	5	6	7	8	9
<p>6:30- CRIB & CARDS - PDR</p> <p><small>Daylight Saving Time Ends</small></p>	<p>10:30 – Sit & Be Fit – 2nd Floor</p> <p>2pm – BINGO! – 2nd Floor</p>	<p>10:15 – Brain Games - PDR</p> <p>1:30- Shopping Trip to Woodgrove Center *Sign up list at reception</p>	<p>10:30 – Fitness with Bev – 2nd Floor</p> <p>2pm Vimy Ridge Presentation IL Dining Room</p>	<p>10am - Food Committee Meeting-Dining Room</p> <p>1:30 Trip to the Military Museum *Sign up list at reception</p>	<p>10:15 – News & Views with Shawn – 2nd Floor</p> <p>2pm- Bean Bag Game - 2nd Floor</p> <p><small>Diwali (Hindu)</small></p>	<p>Saturday Ideas To Do</p> <p style="text-align: center;">↓</p>
10	11	12	13	14	15	16
<p>6:30- CRIB & CARDS - PDR</p>	 <p>11:30 Lunch Outing to The Wheatsheaf Pub *Sign up list at reception</p> <p>1:30- Stitch 'n B*tch - 2nd Floor</p> <p>2:15 – Travel Show Rick Steeves – France - IL Dining Room</p> <p><small>Veterans Day Remembrance Day (Canada)</small></p>	<p>10:30–Fitness with Bev – 2nd Floor</p> <p>2pm – Birthday Tea with Otto - Dining Room</p> 	<p>10:15 – Fall Walk with Shawn</p> <p>2pm – Resident Town Hall Meeting & Hot Chocolate Social - Dining Room</p>	<p>10am-2pm Wexford Craft & Artisan Bazaar</p>	<p>CARDS</p> <p>SCRABBLE</p>	
17	18	19	20	21	22	23
<p>6:30- CRIB & CARDS - PDR</p>	<p>10:30 – Sit & Be Fit – 2nd Floor</p> <p>2pm – BINGO! – 2nd Floor</p>	<p>10:15 – Brain Games - PDR</p> <p>2pm Giant Crossword - PDR</p>	<p>10:30 – Fitness with Bev – 2nd Floor</p> <p>2pm – Nanaimo History Chat – 2nd Floor</p>	<p>11:30- Lunch Outing to Ricky's Restaurant @ The Days Inn *Sign up list at reception</p> <p>2:15pm- Horseracing - 2nd Floor</p>	<p>10:00 Games & Chat with Students from Nanaimo Christian School – 2nd Floor</p> <p>2pm- Happy Hour ☺ - Dining Room</p>	<p>WALKS</p> <p>CANUCKS HOCKEY</p>
24	25	26	27	28	29	30
<p>6:30- CRIB & CARDS - PDR</p>	<p>10:30 – Sit & Be Fit – 2nd Floor</p> <p>2pm – BINGO! – 2nd Floor</p>	<p>10:15 – Brain Games - PDR</p> <p>1:30- Stitch 'n B*tch - 2nd Floor</p>	<p>10:30 – Fitness with Bev – 2nd Floor</p> <p>2pm Christmas Decorating Party – 2nd Floor</p>	<p>9:45- Cedar/YellowPoint Artisan Self-Guided Tour *Sign up list at reception</p> <p>2pm – BINGO! – 2nd Floor</p> <p><small>Thanksgiving Day</small></p>	<p>10:15 – News & Views with Shawn – 2nd Floor</p> <p>2pm- Bean Bag Game - 2nd Floor</p>	

Sunday

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Tuesday

Wednesday



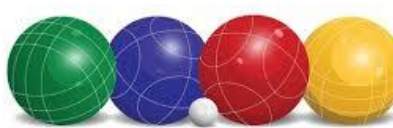

Thursday

Friday

Saturday

November 2024

Wexford Creek Recreation Calendar Cottages

	<p>1</p> <p>10 AM – Java Music (C3)</p> <p>1:15 AM – Java Music (C1)</p> <p>2 PM – Discovery Box or Reminiscing Program (C2)</p> <p>Diwali (Hindu)</p>	<p>2</p> <p>1 PM – Saturday Bocce (C2)</p>
<p>3</p> <p>10:30 am – Sit and Be Fit (C1)</p> <p>1:15 pm – Montessori (C3)</p> <p>2 pm – Montessori (C2)</p> <p>Daylight Saving Time Ends</p>	<p>4</p> <p>10:30 AM – Sit and be Fit or Ball Games (C2)</p> <p>1:15 PM – Ball Games (C3)</p> <p>1:30 PM- Artist Corner (C1)</p> <p>2:00 PM – Men’s Club (C2)</p>	<p>5</p> <p>10 AM Artist’s Corner (C3)</p> <p>1:30 PM – Bocce (C2)</p> <p>2:30 pm - Resident’s Corner (C1)</p>
<p>10</p> <p>10:30 am – Remembrance Day Service</p> <p>1:15 pm – Montessori (C3)</p> <p>2 pm – Montessori (C2)</p> <p>Veterans Day Remembrance Day (Canada)</p>	<p>11</p> <p>10:30 AM – Sit and be Fit or Ball Games (C2)</p> <p>1:15 PM – Ball Games (C3)</p> <p>1:30 PM- Artist Corner (C1)</p> <p>2:00 PM – Men’s Club (C2)</p>	<p>6</p> <p>10 AM – Sit & be Fit (C3)</p> <p>11 am – Resident’s Corner (C2)</p> <p>1:30 PM – Table Games (C1)</p>
<p>17</p> <p>10:30 am – Sit and Be Fit (C1)</p> <p>1:15 pm – Montessori (C3)</p> <p>2 pm – Montessori (C2)</p>	<p>18</p> <p>10:30 AM – Sit and be Fit or Ball Games (C2)</p> <p>1:15 PM – Ball Games (C3)</p> <p>1:30 PM- Artist Corner (C1)</p> <p>2:00 PM – Men’s Club (C2)</p>	<p>7</p> <p>10 AM – Sit & be Fit (C3)</p> <p>10:25 am – Catholic Mass</p> <p>11 am – Resident’s Corner (C2)</p> <p>1:30 PM – Table Games (C1)</p>
 <p>24</p> <p>10:30 am – Winter Crafts & Decorating (C1)</p> <p>11 am – Winter Crafts & Decorating (C3)</p> <p>2 pm – Winter Crafts & Decorating (C2)</p>	<p>25</p> <p>10:30 AM – Sit and be Fit or Ball Games (C2)</p> <p>1:15 PM – Ball Games (C3)</p> <p>1:30 PM- Artist Corner (C1)</p> <p>2:00 PM – Men’s Club (C2)</p>	<p>8</p> <p>10 AM – Discovery Box (C3)</p> <p>1:15 AM – Discovery Box (C1)</p> <p>2 PM – Java Music Club (C2)</p>  <p>9</p> <p>1 PM – Saturday Bocce (C2)</p>
<p>24</p> <p>10:30 am – Winter Crafts & Decorating (C1)</p> <p>11 am – Winter Crafts & Decorating (C3)</p> <p>2 pm – Winter Crafts & Decorating (C2)</p>	<p>25</p> <p>10:30 AM – Sit and be Fit or Ball Games (C2)</p> <p>1:15 PM – Ball Games (C3)</p> <p>1:30 PM- Artist Corner (C1)</p> <p>2:00 PM – Men’s Club (C2)</p>	<p>12</p> <p>10 AM Artist’s Corner (C3)</p> <p>1:30 PM – Bocce (C2)</p> <p>2:30 pm - Resident’s Corner (C1)</p>
		<p>13</p> <p>10 AM – Sit & be Fit (C3)</p> <p>10:25 am – Catholic Mass</p> <p>11 am – Resident’s Corner (C2)</p> <p>1:30 PM – Table Games (C1)</p>
		<p>14</p> <p>10 AM – Sit & be Fit (C3)</p> <p>10:30 am – Resident Council</p> <p>11 am – Resident’s Corner (C2)</p> <p>Cottage Birthday Parties (C1, C2, C3)</p> 
		<p>15</p> <p>10 AM – Java Music (C3)</p> <p>1:15 AM – Java Music (C1)</p> <p>2 PM – Discovery Box or Reminiscing Program (C2)</p>
		<p>17</p> <p>10:30 am – Sit and Be Fit (C1)</p> <p>1:15 pm – Montessori (C3)</p> <p>2 pm – Montessori (C2)</p>
		<p>18</p> <p>10:30 AM – Sit and be Fit or Ball Games (C2)</p> <p>1:15 PM – Ball Games (C3)</p> <p>1:30 PM- Artist Corner (C1)</p> <p>2:00 PM – Men’s Club (C2)</p>
		<p>19</p> <p>10 AM Artist’s Corner (C3)</p> <p>1:30 PM – Bocce (C2)</p> <p>2:30 pm - Resident’s Corner (C1)</p>
		<p>20</p> <p>10 AM – Sit & be Fit (C3)</p> <p>10:30 am – Resident Council</p> <p>11 am – Resident’s Corner (C2)</p> <p>Cottage Birthday Parties (C1, C2, C3)</p>
		<p>21</p> <p>10 AM – Java Music (C3)</p> <p>1:15 AM – Java Music (C1)</p> <p>2 PM – Discovery Box or Reminiscing Program (C2)</p>
		<p>22</p> <p>10 AM – Discovery Box (C3)</p> <p>1:15 AM – Discovery Box (C1)</p> <p>2 PM – Java Music Club (C2)</p>
		<p>23</p> <p>1 PM – Saturday Bocce (C2)</p>
		<p>24</p> <p>10:30 am – Winter Crafts & Decorating (C1)</p> <p>11 am – Winter Crafts & Decorating (C3)</p> <p>2 pm – Winter Crafts & Decorating (C2)</p>
		<p>25</p> <p>10:30 AM – Sit and be Fit or Ball Games (C2)</p> <p>1:15 PM – Ball Games (C3)</p> <p>1:30 PM- Artist Corner (C1)</p> <p>2:00 PM – Men’s Club (C2)</p>
		<p>26</p> <p>10 AM Artist’s Corner (C3)</p> <p>1:30 PM – Bocce (C2)</p> <p>2:30 pm - Resident’s Corner (C1)</p>
		<p>27</p> <p>10 AM – Sit & be Fit (C3)</p> <p>10:30 am – Winter Crafts & Decorating (C1)</p> <p>11 am – Winter Crafts & Decorating (C3)</p> <p>1 pm – Musical Performance by Keith</p> <p>3 pm – Winter Crafts & Decorating (C2)</p> <p>Thanksgiving Day</p>
		<p>28</p> <p>10 AM – Java Music (C3)</p> <p>1:15 AM – Java Music (C1)</p> <p>2 PM – Discovery Box or Reminiscing Program (C2)</p>
		<p>29</p> <p>10 AM – Discovery Box (C3)</p> <p>1:15 AM – Discovery Box (C1)</p> <p>2 PM – Java Music Club (C2)</p>
		<p>30</p> <p>1 PM – Saturday Bocce (C2)</p>

Sunday

Monday

Tuesday

Wednesday



Thursday

Friday

Saturday

November 2024

Wexford Creek Recreation Calendar 1st Floor

					<p>10 AM – Trips to the Tuck Shop</p> <p>11am – History & Mysteries 11 am – Walking program</p> <p>1:30 pm – Snoezelen Experience <small>Diwali (Hindu)</small></p>	<p>2</p> <p>10 AM – Morning Mingle and Rounds; Good News (1 & 2)</p> <p>2:00 PM – Afternoon Game</p>
<p>3</p> <p>1:15 PM – Montessori Program</p> <p>2:15 PM - BINGO</p> <p><small>Daylight Saving Time Ends</small></p>	<p>4</p> <p>9:30 AM - Walking Program</p> <p>10 AM - Chair Exercise</p> <p>11 AM – News on the Go</p> <p>3 PM – Billiards</p>	<p>5</p> <p>1:30 pm – St. Phillips Hymn Sing</p> <p>6 PM – After Dinner Games or Flower Arranging</p>	<p>6</p> <p>10 AM – Word Games</p> <p>3 PM – Coffee & Connection</p> 	<p>7</p> <p>10 AM- Balloon Ball</p> <p>11 AM – Discovery Box or Reminiscing</p> <p>1:15 PM – Magazine Cart</p>	<p>8</p> <p>10 AM – Trips to the Tuck Shop</p> <p>11 am – Walking program</p> <p>1:30 pm – Snoezelen Experience</p> <p>6 pm – Pet Therapy🐾</p>	<p>9</p> <p>10 AM – Morning Mingle and Rounds; Good News (1 & 2)</p> <p>2:00 PM – Afternoon Game</p>
<p>10</p> <p>2:15 PM - BINGO</p>	<p>11</p> <p><i>Remembrance Day</i></p> <p>9:30 AM - Walking Program</p> <p>10 AM - Chair Exercise</p> <p>10:30 AM – Remembrance Day Service</p> <p>3 PM – Billiards</p> 	<p>12</p> <p>10 am – Short Stories</p> <p>1:30 pm – Hymn Sing with Erwin, James & Dale</p> <p>2:45 pm – Walking Program</p> <p>6 pm - After Dinner Games or Flower Arranging</p>	<p>13</p> <p>11 AM – Word Games</p> <p>3 PM – Coffee & Connection</p>	<p>14</p> <p>10 AM – Discovery Box or Reminiscing</p> <p>10:30 am – Catholic Mass</p> <p>1:15 PM – Magazine Cart</p>	<p>15</p> <p>10 AM –Tuck Shop</p> <p>11am – History & Mysteries</p> <p>11 am – Walking program</p> <p>1:00 pm – Birthday Party</p> 	<p>16</p> <p>10 AM – Morning Mingle and Rounds; Good News (1 & 2)</p> <p>2:00 PM – Afternoon Game</p>
<p>17</p> <p>1:15 PM – Montessori Program</p> <p>2:15 PM - BINGO</p>	<p>18</p> <p>9:30 AM - Walking Program</p> <p>10 AM - Chair Exercise</p> <p>11 AM – News on the Go</p> <p>3 PM – Billiards</p>	<p>19</p> <p>10 am – Short Stories</p> <p>1:30 pm- Java Music Clue</p> <p>2:45 pm – Walking Program</p> <p>6 pm - After Dinner Games or Flower Arranging</p>	<p>20</p> <p>10 AM – Word Games</p> <p>3 PM – Coffee & Connection</p>	<p>21</p> <p>10:30 am – Resident Council Meeting</p> <p>11 AM – Discovery Box or Reminiscing</p>	<p>22</p> <p>10:15 am – Student Visit</p> <p>2 pm – Musical Performance by Terry</p> 	<p>23</p> <p>10 AM – Morning Mingle and Rounds; Good News (1 & 2)</p> <p>2:00 PM – Afternoon Game</p>
<p>24</p> <p>2:15 PM - BINGO</p>	<p>25</p> <p>9:30 AM - Walking Program</p> <p>10 am - Winter Crafts & Decorating</p> <p>3 PM – Billiards</p> 	<p>26</p> <p>10 am – Short Stories</p> <p>1:30 pm- Java Music Clue</p> <p>2:45 pm – Walking Program</p> <p>6 pm - After Dinner Games or Flower Arranging</p>	<p>27</p> <p>10 AM – Word Games</p> <p>3 PM – Coffee & Connection</p>	<p>28</p> <p>9:30 am – Winter Crafts & Decorating</p> 	<p>29</p> <p>10 AM – Trips to the Tuck Shop</p> <p>11 am – Walking program</p>	<p>30</p> <p>10 AM – Morning Mingle and Rounds; Good News (1 & 2)</p> <p>2:00 PM – Afternoon Game</p>

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2024

Wexford Creek Recreation Calendar 2nd Floor

<p>10 AM – Trips to the Tuck Shop</p> <p>10:30 am – Discussion Group</p> <p>11 am – Walking program</p> <p>1:30 pm – Snoezelen Experience</p> <p><small>Diwali (Hindu)</small></p>	<p>10 AM – Morning Mingle and Rounds; Good News (1 & 2)</p> <p>2:00 PM – Afternoon Social</p>					
<p>10:30 am – Sunday Morning Connections</p> <p><small>Daylight Saving Time Ends</small></p>	<p>9:30 AM - Walking Program</p> <p>10 AM – Word Games</p> <p>1:30 PM – Hymn Sing</p>	<p>2:45 pm – Walking Programs</p> <p>3 pm – Coffee & Connection</p>	<p>10 AM – BINGO</p> <p>11 AM – Chair Exercises</p> <p>12:45 pm – News on the Go</p> <p>1:30 pm – Short Stories</p>	<p>10 AM – Balloon Ball</p> <p>11 AM – Discover Boxes</p> <p>3:00 PM – Java Music</p>	<p>10 AM – Trips to the Tuck Shop</p> <p>10:30 am – Music with Keith</p> <p>11 am – Walking program</p> <p>1:30 pm – Snoezelen Experience</p> <p>6 pm – Pet Therapy🐾</p>	<p>10 AM – Morning Mingle and Rounds; Good News (1 & 2)</p> <p>2:00 PM – Afternoon Social</p>
<p>10:30 am – Sunday Morning Connection</p> <p>1:15 pm – Montessori Program</p>	<p><i>Remembrance Day</i></p> <p>9:30 AM - Walking Program</p> <p>12:30 pm – News on the Go</p> <p>2 pm – Remembrance Day Service</p> 	<p>11 am – Magazine Cart</p> <p>2:45 pm – Walking Program</p> <p>3 pm – Coffee & Connection</p>	<p>10 AM – BINGO</p> <p>12:45 pm – News on the Go</p> <p>1:30 pm – Short Stories</p>	<p>10:30 am – Catholic Mass</p> <p>11 am – Discovery Box or Reminiscing program</p> <p>3 pm – Java Music Club</p>	<p>10 am – Name That Tune</p> <p>10:30 AM – Trips to the Tuck Shop</p> <p>11 am – Walking program</p>	<p>10 AM – Morning Mingle and Rounds; Good News (1 & 2)</p> <p>2:00 PM – Afternoon Social</p>
<p>10:30 am – Sunday Morning Connections</p>	<p>9:30 AM - Walking Program</p> <p>10 AM – Word Games</p> <p>1:30 PM – Sing Along</p>	<p>11 am – Magazine Cart</p> <p>2:45 pm – Walking Program</p> <p>3 pm – Coffee & Connection</p>	<p>10 AM – BINGO</p> <p>11 AM – Chair Exercises</p> <p>12:45 pm – News on the Go</p> <p>1:30 pm – Short Stories</p>	<p>10 AM – Balloon Ball</p> <p>11 am – Resident Council Meeting</p> 	<p>10:15 am – Student Visit</p> 	<p>10 AM – Morning Mingle and Rounds; Good News (1 & 2)</p> <p>2:00 PM – Afternoon Social</p>
<p>10:30 am – Sunday Morning Connection</p> <p>1:15 pm – Montessori Program</p>	<p>9:30 AM - Walking Program</p> <p>10 pm – News on the Go</p> <p>11 am – Winter Crafts & Decoration</p>  <p>1:30 pm – Sing Along</p>	<p>11 am – Magazine Cart</p> <p>2:45 pm – Walking Program</p> <p>3 pm – Coffee & Connection</p>	<p>10 AM – BINGO</p> <p>11 AM – Chair Exercises</p> <p>12:45 pm – News on the Go</p> <p>1:30 pm – Short Stories</p>	<p>9:30 am – Winter Crafts & Decorations</p> 	<p>10 am – Name that Tune</p> <p>10:30 AM – Trips to the Tuck Shop</p> <p>11 am – Walking program</p> <p>1:30 pm – Birthday Party</p> 	<p>10 AM – Morning Mingle and Rounds; Good News (1 & 2)</p> <p>2:00 PM – Afternoon Social</p>