

Recreation Therapy Calendar- June 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1st Floor Neighborhoods: Avonmore Balmoral Cambridge Dover 	2nd Floor Neighborhoods: Ascot Brighton Carlton Doulton Hampton 			Please note that all programs are subject to change without notice, So please feel free to check the bulletin boards as any changes that may happen will be noted on there.	1 10:00 Budgie Care 2:00 Performance in Henley Hall by Music to Your Ears Say Something Nice Day
2 10:30 Virtual Hymn Sing in Henley Hall 2:00 Sunday Tea in Henley Hall	3 10:00 Sit Fit – Avonmore 10:30 Sit Fit - Balmoral 11:00 Movement to Music - Cambridge 2:30 Music Appreciation in Activity Room-Favorite 50s Senior’s Week 3rd-8th	4 2:30 Strawberry Tea & Birthday Party in Henley Hall with Mark Courning 6:30 Social on Henley Hall Patio National Cheese Day	5 10:00 Sit Fit – Ascot/Hampton 10:45 Movement to Music – Doulton/Hampton 2:00 Green Thumbs 	6 2:15 Patio Social-Henley Hall 6:30 Bingo in Henley Hall World Environment Day	7 10:00 Sit Fit – Dover 10:30 Movement to Music – Brighton 11:00 Sit Fit – Carlton 2:00 Kitchen-Avonmore (Virgin Layered Strawberry Mango Margaritas)	8 10:00 Budgie Care 11:15 Coffee & Current Events in Activity Room 2:00 Creative Expressions in the Activity Room National Best Friends Day
9 10:00 Silly Jokes-Brighton 11:00 Hand Massages- Hampton 2:00 Sunday Tea in Henley Hall	10 10:00 Sit Fit – Avonmore 10:30 Sit Fit - Balmoral 11:00 Movement to Music - Cambridge 2:30 Music Appreciation in Activity Room- Swinging 60s National Iced Tea Day	11 2:30 Plant Care 6:30 Margaritas on Henley Hall Patio 	12 Outing to Zoo! (Sign up with Recreation by May 29)	13 2:30 Patio Social – Henley Hall 5:00 Resident and Family Barbecue (Sign up with Recreation or at Reception by June 5) 	14 10:40 Catholic Mass 2:00 Kitchen- Ascot (Ginger Thyme Sparkling Lemonade)	15 10:00 Budgie Care 11:15 Coffee & Current Events in Activity Room 2:00 Baking in Century Room
16 10:30 Hymn Sing in Henley Hall 2:00 Father’s Day Social in Henley Hall Father’s Day  Eid al-Adha	17 10:30 Resident Council Meeting in Henley Hall 2:30 Music Appreciation in Activity Room- Sexy 70s National Root Beer Day	18 10:30 Catholic Liturgy 2:30 Pub in Henley Hall with Young at Heart 6:30 Social on Second Floor 	19 10:00 Sit Fit - Ascot/Hampton 10:45 Movement to Music- Doulton/Hampton 2:00 Green Thumbs 	20 2:30 Patio Social-Henley Hall 6:30 Bowling in Henley Hall Summer Solstice	21 10:00 Sit Fit – Dover 10:30 Movement to Music – Brighton 11:00 Sit Fit – Carlton 2:00 Kitchen-Balmoral (Mango Meyer Margarita) National Indigenous People’s Day	22 10:00 Budgie Care 11:15 Coffee & Current Events in Activity Room 2:00 Ice Cream on Henley Hall Patio 
23 10:00 Trivia Games- Ascot 11:00 Hand Massages- Hampton 2:00 Sunday Tea in Henley Hall <hr/> 30 10:00 Hand Massages- Carlton 11:00 Who in the World- Doulton 2:00 Sunday Tea with Music Semplce in Henley Hall	24 10:00 Sit Fit– Avonmore 10:30 Sit Fit – Balmoral 11:00 Movement to Music – Cambridge 2:30 Music Appreciation in Activity Room- Rocking 80s 	25 10:30 Catholic Liturgy 2:30 Patio Social-Henley Hall 6:30 Wine and Cheese with the Old Crusty Minstrels in Henley Hall 	26 10:00 Green Thumbs 10:00 Sit Fit – Ascot/Hampton 10:45 Movement to Music – Doulton/Hampton 2:00 Patio Social with Iced Tea	27 10-2 Resident, Family & Staff BBQ 12:30-3:30 Car Show 11-1:30 Music by Mike Chenowith 6:30 Bingo in Henley Hall International Pineapple Day National Bingo Day	28 10:00 Sit Fit – Dover 10:30 Movement to Music - Brighton 11:00 Sit Fit - Carlton 2:00 Kitchen- Brighton (Frozen Peach Bellini Mocktail) 	29 10:00 Budgie Care 11:15 Coffee & Current Events in Activity Room 2:00 Ice Cream on Henley Hall Patio 

PLEASE NOTE: All programming is subject to last-minute changes. Please check the Daily Sheets on each floor for any updates. Contact the Recreation Department with any questions.