






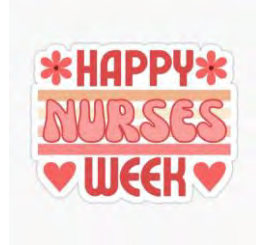

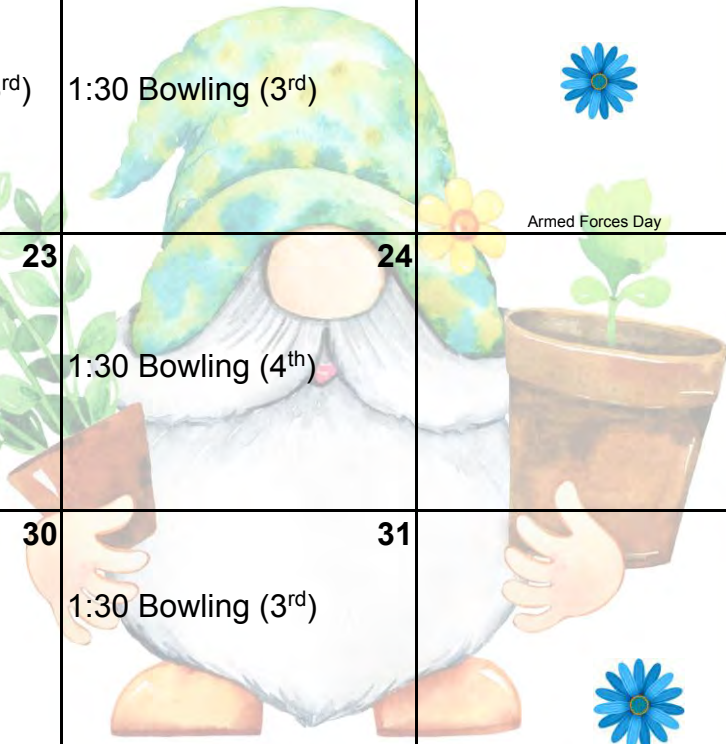


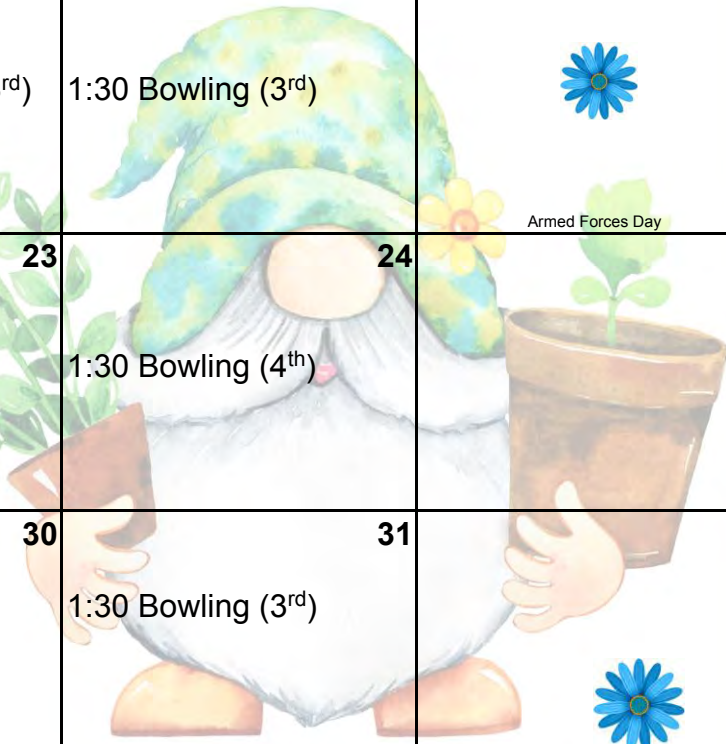






Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>May 2024</h1> <p>2<sup>nd</sup> Floor – Tidewater &amp; Sandpiper</p>			<p>1</p> <p>10:30 Bocce</p>  <p>May Day</p>	<p>2</p> <p>2:00 Golden Gals Spa (4<sup>th</sup>)</p> <p>4:00 Activity Zone with Mike</p>	<p>3</p> <p>1:30 Bowling (3<sup>rd</sup>)</p> 	<p>4</p> 
<p>5</p>  <p>Cinco de Mayo</p>	<p>6</p> 	<p>7</p> <p>1:30 Gardening with Kelly</p> 	<p>8</p> <p>10:30 Coffee &amp; Conversation</p>	<p>9</p> <p>2:00 Mother's Day Social with Keith on Guitar (3<sup>rd</sup>)</p> <p>4:00 Activity Zone with Mike</p>	<p>10</p> <p>1:30 Bowling (4<sup>th</sup>)</p>	<p>11</p> 
<p>12</p>  <p>Mother's Day National Skilled Nursing Care Week</p>	<p>13</p> 	<p>14</p> <p>1:30 Resident Council (4<sup>th</sup>)</p>	<p>15</p> <p>10:30 Bocce</p> 	<p>16</p> <p>2:00 Old Wise Men Shuffleboard (3<sup>rd</sup>)</p> <p>4:00 Activity Zone with Mike</p>	<p>17</p> <p>1:30 Bowling (3<sup>rd</sup>)</p> 	<p>18</p>  <p>Armed Forces Day</p>
<p>19</p> 	<p>20</p>  <p>Victoria Day (Canada)</p>	<p>21</p> <p>1:30 Gardening with Kelly</p>	<p>22</p> <p>10:30 Coffee &amp; Conversation</p>	<p>23</p> <p>2:00 Happy Hour with Jim (4<sup>th</sup>)</p> <p>4:00 Activity Zone with Mike</p> 	<p>24</p> <p>1:30 Bowling (4<sup>th</sup>)</p>	<p>25</p> 
<p>26</p> 	<p>27</p>  <p>Memorial Day</p>	<p>28</p>  <p>2:00 Harpist</p>	<p>29</p> <p>10:30 Bocce</p> <p>2:00 Birthday Social (3<sup>rd</sup>)</p> 	<p>30</p> <p>4:00 Activity Zone with Mike</p>	<p>31</p> <p>1:30 Bowling (3<sup>rd</sup>)</p> 	

For questions about the calendar, recreation programs, or events please contact Hannah Clark [hclark@carecorp.ca](mailto:hclark@carecorp.ca) or 250-245-3310 Ext-300

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2024

## Oyster Harbour 3<sup>rd</sup> Floor - Seahaven

<p>10:30 Virtual Church 3:00 Bean Bag Toss</p>  <p>Cinco de Mayo</p>	<p>10:30 Bocce 1:30 Cinco de Mayo Travelogue 2:30 Creative Cards with Youth Volunteers</p>	<p>10:30 Balloon Volleyball 2:00 Harpist  3:30 Café Crossword 4:00 Wilma on Piano</p>	<p>9:30 Snoezelen Sensory 10:30 Fun &amp; Fitness 2:00 Spring Craft with Karen (4<sup>th</sup>) 2:00 Karaoke with Mike</p> <p><small>May Day</small></p>	<p>10:15 Noodle Fit 11:00 Ukulele Group 2:00 Golden Gals Spa (4<sup>th</sup>) 6:00 Neighbourhood Visits</p>	<p>10:30 Axe Throw 1:30 Bowling 3:00 Popsicles on the Patio </p>	<p>1:30 Shuffleboard Skittles</p> 
<p>10:30 Virtual Church 3:00 Bean Bag Toss</p>	<p>10:30 Bocce 1:30 Cinco de Mayo Travelogue 2:30 Creative Cards with Youth Volunteers</p>	<p>10:30 Balloon Volleyball 2:00 Harpist  3:30 Café Crossword 4:00 Wilma on Piano</p>	<p>9:30 Snoezelen Sensory 10:30 Fun &amp; Fitness 1:30 Walk the Block 3:00 Bingo</p>	<p>10:30 BGC Visit 11:00 Ukulele Group 2:00 Mother's Day Social with Keith on Guitar 6:00 Neighbourhood Visits</p>	<p>10:30 Ladderball 1:30 Bowling (4<sup>th</sup>)  3:00 Word Games</p>	<p>HAPPY mother's DAY </p>
<p>1:30 Mother's Day Flower Cart  National Skilled Nursing Care Week</p>	<p>10:30 Bocce 1:30 Virtual Reality Tours 2:30 Brain Games with the Youth Volunteers</p>	<p>10:30 Noodle Fit 1:30 Resident Council (4<sup>th</sup>) 3:30 Café Crossword 4:00 Wilma on Piano</p>	<p>9:30 Snoezelen Sensory 1:30 Walk the Block 3:00 Bingo </p>	<p>10:15 Chair Dancing 11:00 Ukulele Group 2:00 Old Wise Men Shuffleboard 6:00 Neighbourhood Visits</p>	<p>10:30 Axe Throw 1:30 Bowling 3:00 Popsicles on the Patio </p>	<p>*HAPPY NURSES WEEK*  Armed Forces Day</p>
<p>10:30 Virtual Church 3:00 Bean Bag Toss</p>	<p>10:30 Bocce 2:00 Bowling (3<sup>rd</sup>)  Victoria Day (Canada)</p>	<p>10:30 Balloon Volleyball 2:00 Karaoke with Mike 3:30 Café Crossword 4:00 Wilma on Piano 5:00 Dinner Club</p>	<p>9:30 Snoezelen Sensory 10:30 Fun &amp; Fitness 1:30 Walk the Block 3:00 Bingo</p>	<p>10:15 Chair Dancing 11:00 Ukulele Group 2:00 Happy Hour with Jim (4<sup>th</sup>)</p>	<p>10:30 Ladderball 1:30 Bowling (4<sup>th</sup>)  3:00 Word Games</p>	<p>1:30 Shuffleboard Skittles</p> 
<p>1:30 Bean Bag Toss </p>	<p>10:30 Bocce 1:30 Virtual Reality Tours 2:30 Active Games with the Youth Volunteers Memorial Day</p>	<p>10:30 Noodle Fit 2:00 Karaoke with Mike 3:30 Café Crossword 4:00 Wilma on Piano</p>	<p>9:30 Snoezelen Sensory 10:30 Fun &amp; Fitness 2:00 Birthday Social </p>	<p>10:15 Chair Dancing 11:00 Ukulele Group 2:00 Creative Writing 6:00 Neighbourhood Visits</p>	<p>10:30 Axe Throw 1:30 Bowling 3:00 Popsicles on the Patio </p>	<p>hello may </p>

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# Oyster Harbour

## News



### Dear Resident, Family, and Staff

Welcome to the Oyster Harbour Newsletter. We are partners in care and aim to keep you informed and invite you to provide input for our continuous quality improvement. We honor our relationships with all residents, family members, and staff through active listening, consistent follow-up, and quality service.



### In This Issue

- EDUCATION
  - RAI-MDS
  - Volunteering
- Dental Hygiene Resources
- Recreation Highlights
- AROUND THE HOME



**OUR MISSION:** Park Place Seniors Living strives to provide enriched life experiences to seniors through innovation and creativity.

**OUR VISION:** At Park Place Seniors Living we are known for our unwavering commitment to enriching the lives of those we serve by providing a “voice and a choice” with dignity, respect and empathy



# RAI-MDS



## What is the Resident Assessment Instrument Minimum Data Set (RAI-MDS) 2.0?

The RAI-MDS helps our staff to gather information on our resident's strengths and needs, which are addressed in an individualized care plan. It also assists staff to evaluate the accomplishment of goals and revise care plans by helping the care team to track changes in the resident's status over time. Each team member assesses specific aspects of a resident's health status, needs, strengths, risks and preferences. Information is also gathered from residents, families and other team members through daily interactions, care conferences, observations and assessments. Observations are made on a regular basis and over a set period of time (formal or non formal). As a resident you will be assessed using the RAI-MDS Assessment tool when you move into the care home, every 3 months, yearly and when there is a significant change in your health status.

### **THE CARE TEAM USES THE RAI-MDS PROCESSES TO PROMOTE QUALITY FOR THE FOLLOWING:**

- Encouragement of Resident and Family involvement in care decisions
- Individualized resident care • The monitoring of our care
- Communication among staff and with our residents and their families
- Documentation so that we can ensure continuity of care

### **Who is this information shared with**

The information gathered about you or your family member is shared with you and other team members. Some information is also shared with the Canadian Institute of Health information (CIHI) for data collection and statistics. When we share information with CIHI, we always remove your identification to ensure we respect your confidentiality



# DENTAL HYGIENE



## CANADIAN DENTAL CARE PLAN UPDATE

Eligibility for the New Canadian Dental Benefit is continuing to roll out its initiative. Currently people who are over 70 years old will be receiving their invitation letter from the CRA. Please make sure you have your filed 2023 tax return to be eligible. Also, set up direct deposit with the CRA.

The New Canadian Dental Care Plan (CDCP) is designed to cover a range of individual Dental Hygiene care needs and circumstances, and the preauthorization process will take the oral health status and medical conditions into account. This will include higher levels of Dental Hygiene Treatment for residents with a limited ability to brush their own teeth.

Please wait to schedule the dental hygiene treatment visit until you have received your welcome package from SunLife insurance company. If you need assistance with the application process, please call the CDCP at 1-833-537-4342

## DENTAL HYGIENE PRACTITIONER JENNIFER HALLS

Jennifer Halls, the dental hygienist at this facility is on the authorized list of Dental providers.

Please call the Dental Hygiene Clinic at 250-586-6266 for information about eligible coverage, fees, and processing payments







# RECREATION PROGRAM HIGHLIGHT

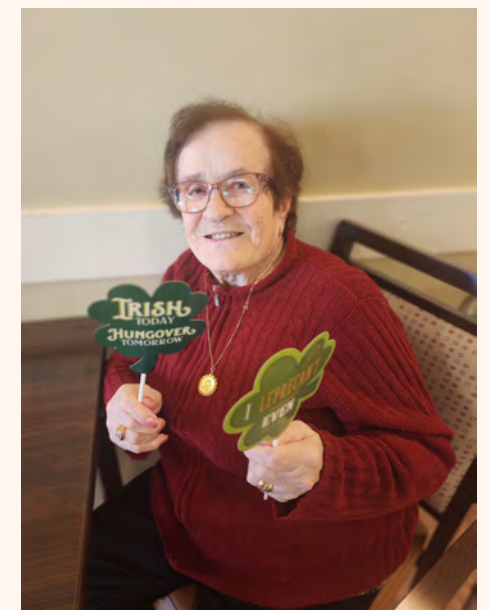


## Armchair Travel to Italy





# ST PATRICK'S DAY CELEBRATION



What do you call an Irish Spider?

Answer: Paddy Long Legs!



# AROUND THE HOME



Coastal Singers

Shuffleboard Skittles!



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## New Accessible Garden Box

*Tidewater Courtyard*

Thank you to the Nanaimo Men's shed for donating their time and supplies to construct an accessible garden box for our residents. We are looking forward to planting, growing, and eating our own veggies this summer!

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## Spring is here!

Have you seen the 3rd and 4th floor patio gardens? The bulbs we planted in the fall have sprouted!

