



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	1 Daily Horoscope 9:30 Musical Exercise 10:00 Trivia 10:30 Bingo 2:00	2 Daily Horoscope 9:30 Musical Exercise 10:00 Resident Council Meeting 10:30 Arts & Craft 2:00	3 Daily Horoscope 9:30 Musical Exercise 10:00 Trivia 10:30 Bingo 2:00	4 Daily Horoscope 9:30 Musical Exercise 10:00 Word Games 10:30 Arts & Craft 2:00	5 Daily Horoscope 9:30 One on One by Cathy 😊 10:00 Trivia 10:30 Learning Sign Language Class 11:00 Bingo 2:00	6 SCAVENGER WALK HUNT (All DAY) CT Book Club Time 10:30	
7 Free Day 😊	8 Daily Horoscope 9:30 Musical Exercise 10:00 Trivia 10:30 Bingo 2:00	9 Daily Horoscope 9:30 Musical Exercise 10:00 Word Games 10:30 Arts & Craft 2:00	10 Daily Horoscope 9:30 Musical Exercise 10:00 Walmart Outing 10:30 Bingo 2:30	11 Daily Horoscope 9:30 Musical Exercise 10:00 My Voice Meeting 10:30 Arts & Craft 2:00 "Ears to you" Mobile Clinic	12 Daily Horoscope 9:30 One on One by Cathy 😊 10:00 Trivia 10:30 Learning Sign Language Class 11:00 Bingo 2:00	13 SCAVENGER WALK HUNT (All DAY) CT Book Club Time 10:30	
14 Hymn Sing with Grace 😊	15 Daily Horoscope 9:30 Musical Exercise 10:00 Trivia 10:30 Bingo 2:00	16 Daily Horoscope 9:30 Musical Exercise 10:00 Lunch Outing 10:30 Painting Nails 2:00	17 Daily Horoscope 9:30 Musical Exercise 10:00 Life Enrichment Meeting 10:30 Bingo 2:30	18 Daily Horoscope 9:30 Musical Exercise 10:00 Holy Mass by Fr. Joseph 10:30 Word Games 2:00	19 Daily Horoscope 9:30 One on One by Cathy 😊 10:00 Trivia 10:30 Learning Sign Language Class 11:00 NO Bingo 😞 Preparation for Garage Day	20 SCAVENGER WALK HUNT (All DAY) CT Book Club Time 10:30 CT Garage Sale	
21 Free Day 😊	22 Daily Horoscope 9:30 Musical Exercise 10:00 Trivia 10:30 Bingo 2:00	23 Daily Horoscope 9:30 Musical Exercise 10:00 Word Games 10:30 Arts and Craft 2:00	24 Daily Horoscope 9:30 Musical Exercise 10:00 Walmart Outing 10:30 Bingo 2:00	25 Daily Horoscope 9:30 Musical Exercise 10:00 Preparation for the party 10:30 Monthly Birthday Celebration 2:00	26 Daily Horoscope 9:30 One on One by Cathy 😊 10:00 Dinning Committee Meeting 10:30 Learning Sign Language Class 11:00 Bingo 2:00	27 SCAVENGER WALK HUNT (All DAY) CT Book Club Time 10:30	
28 Hymn Sing with Grace 😊	29 Daily Horoscope 9:30 Musical Exercise 10:00 Trivia 10:30 Bingo 2:00	30 Daily Horoscope 9:30 Musical Exercise 10:00 Word Games 10:30 Arts and Craft 2:00	<h1>April Calendar</h1> <h2>Courtyard Terrace</h2>				

APRIL 2024

Courtyard Terrace News

3730 Burke St Burnaby BC V5H 1A3

W: www.parkplaceseniorsliving.com T: 604 437 6262



IMPORTANT DATES

DATE – April 11, 2024

My Voice Meeting

DATE – April 11, 2024

“Ears to you” Mobile Clinic

DATE – April 20, 2024

CT Garage Sale Day

DATE – April 25, 2024

Monthly Birthday Celebration

Dear Resident, Family and Staff,

Our annual garage sale is schedule for April 20, 2024 from 9:00 - 5:30pm. The is one of the major fundraisers for our recreation department. If you have any gently used items you would like to donate, please speak with Cathy.

In this Newsletter

- New & Noteworthy
- Home Updates
- Upcoming Events
- Our Four Strategic Imperatives
- How to get Involved

NEW & NOTEWORTHY

I am happy to announce that Samir has joined to PPSL maintenance leadership team and is now the Manager of Maintenance and Resident Services at Courtyard Terrace. I antcipate a smooth transition to his new role as Samir will continue to provide maintenance services for Courtyard Terace. Please join me on congratulating him on his new role!



Our Mission

What We Do

Park Place Seniors Living strives to provide enriched life experiences to seniors through innovation and creativity.

Our Vision

Why We Exist

At Park Place Seniors Living we are committed to ensuring a “Voice and a choice” for everyone we serve.

MINISTRY OF HEALTH UPDATE

Effective October 3, 2023:

- All staff will be required to wear medical mask at all times
- All visitors/contractor/volunteers must wear medical masks in hallways and common areas.
- Visitors are required to wear medical masks when participating in indoor events, activities and gatherings in communal areas
- Ambassadors will be at the entrance doors to support screening of visitors/contractors/volunteers for symptoms of respiratory illness, hand out medical masks and ensure people clean their hands before entering.

Rapid Antigen testing kits:

To get a free rapid antigen testing kit, you must be:

- A resident of B.C.
- Registered for Medical Services Plan (MSP)
- 18 years or older

You will need your Personal Health Number to pick up your testing kit.

Booster Dose information:

A booster dose is an additional shot of vaccine that helps you maintain and lengthen your protection against severe outcomes of COVID-19.

For more information on how to receive your booster dose:

<https://www2.gov.bc.ca/gov/content/covid-19/vaccine/booster>

Important Links

Fraser Health Covid information: <https://www.fraserhealth.ca/health-topics-a-to-z/coronavirus#.YXrfqZ7MKU>

BC CDC Covid information: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19>

Visitation at Courtyard Terrace

With the Ministry of Health recent requirements regarding masking and screening, we will need to reintroduce visiting hours.

Visiting hours at Courtyard Terrace are daily from 9:30am – 7:30pm.

If you need to visit outside these hours please call ahead and speak with Michelle or the LPN on duty.

Visitors will be verbally screened for signs and symptom of illness prior to every visit.

Visitors must sign in on the provided sign in sheet

Visitors are expected to practice hand hygiene and respiratory etiquette while visiting at Courtyard Terrace.

Visitors must wear a mask while in all common areas. Mask can be removed when inside the suite.

COURTYARD TERRACE SNAP SHOTS

MARCH 2024 Happenings at Courtyard Terrace

Monthly Birthday Celebration



Easter Family Dinner



DID YOU KNOW...



Is celebrated on April 1st each year




Some believe that April Fools' Day started from old parties celebrating the start of spring.



April Fish refers to the tradition of pinning paper fish on people's backs as a prank on April Fools' Day.

APRIL FOOLS' DAY FUN FACTS




The Tower of London once pranked, claiming it was leaning, alarming many.



In 1985, Sports Illustrated published a story about a fictional baseball pitcher



In 1957 the BBC aired a fake documentary about spaghetti trees, convincing viewers that spaghetti grew on trees

In 1996, Taco Bell caused a stir with a full-page newspaper ad claiming they bought the Liberty Bell.



France's calendar moved New Year's from April 1st to January 1st. Leading to playful pranks on those who still celebrated in April



During the Holi festival, coinciding with April Fools' Day, Hindus play playful pranks and practical jokes.



The Bible's Proverbs mention April Fools' Day, cautioning against playing tricks on others.



MADEWITHHAPPY.COM

8 Spring fun facts

In Australia Spring is in Autumn



Spring begins on the Vernal Equinox



Sphinx was an equinoctial marker



Baby birds learn to sing



Days are getting longer



Weather is getting warmer



Flowers grow faster



Animals make babies





Upcoming Events

Resident's Council Meeting

Tuesday, April 2, 2024
(Dining Area – 10:30 am)

Walmart Outing

Wednesday, April 10, 2024
(Departure – 10:30 am; Arriving – 2:00 pm)

My Voice Meeting w/ Michelle

Thursday, April 11, 2024
(Dining Area – 10:30 am)

"Ears to you" Mobile Clinic

Thursday, April 11, 2024
(Lounge – 10:30 -3:30 pm)

Lunch Outing (Choice of Residents)

Tuesday, April 16, 2024
(Departure – 10:30 am; Arriving – 2:00 pm)

Life Enrichment Committee Meeting

Wednesday, April 17, 2024
(Dining Area – 10:30 am)

Holy Mass by Fr. Joseph

Thursday, April 18, 2024
(Lounge – 10:30 am)

CT Garage Sale Day

Saturday, April 20, 2024
(Front of the Courtyard – 9:30 -5:00 pm)

Walmart Outing

Wednesday April 24, 2024
(Departure – 10:30 am; Arriving – 2:00pm)

Monthly Birthday Celebration

Thursday, April 25, 2024
(Lounge – 2:00 pm)

CT Dining Committee Meeting

Friday, April 26, 2024
(Dining Area – 10:30 am)



Courtyard Business Corner

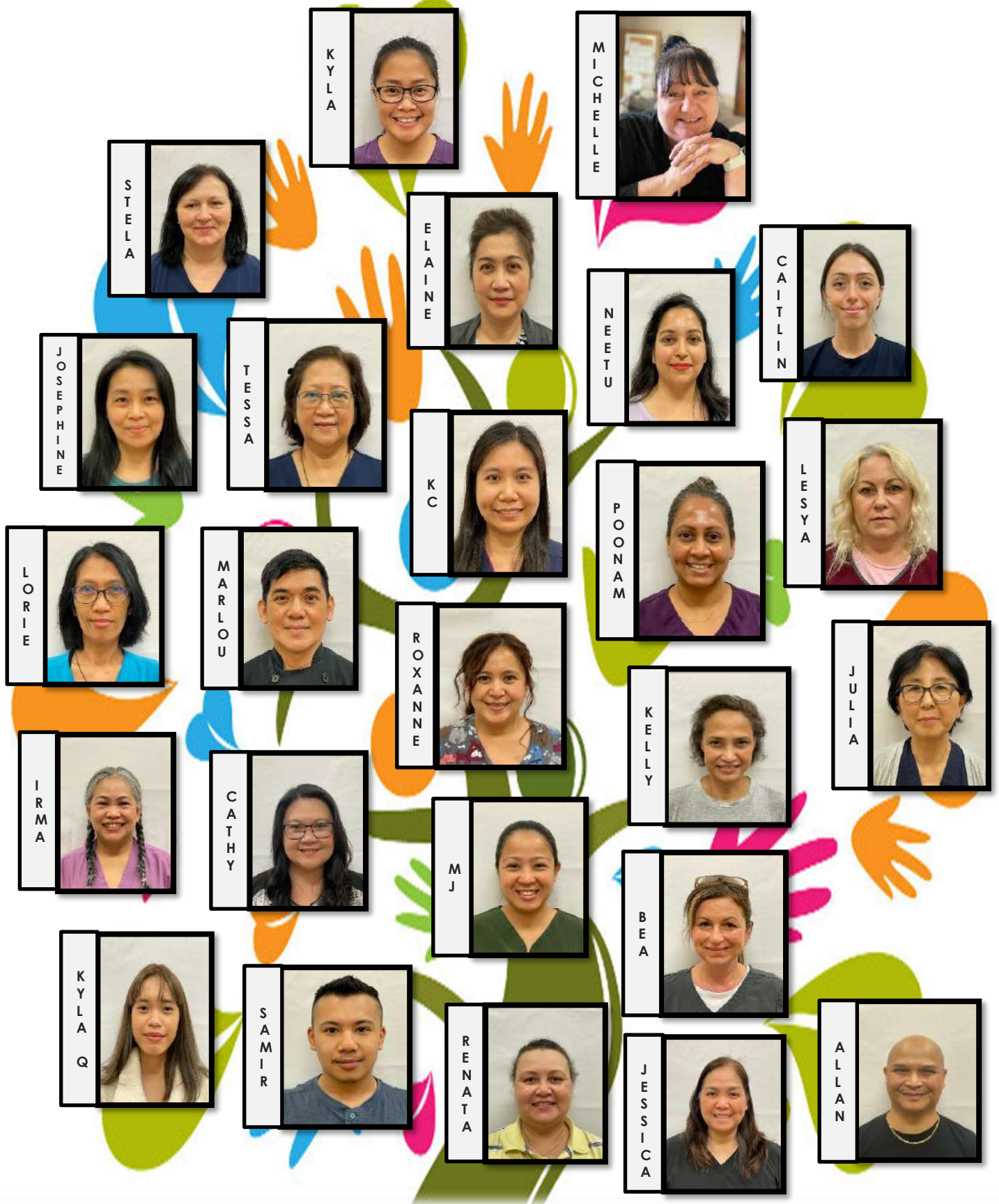
Request: Let's start to keep ourselves busy and enjoy the fall/winter seasons. If you have in mind to try something new this season, please feel free to go to the REC office and tell me what it is, and I will be delighted to hear your new ideas.

CT Store: Available between the hours **8:00 – 4:30 pm**. Rec and LPN on duty will be glad to assist you.

Items Available: Toothpaste, Kleenex, Bathroom Tissues, Soaps, Shampoo, Paper Towels, Lotion, Shampoo, Gums, Candies, Biscuits, Pops and Different Variety of Chips, Chocolates and etc....

Thank you and Always Stay Healthy with a SMILE 😊

MEET THE TEAM:



Staff Anniversary

Happy **ANNIVERSARY!**



Elaine 3 year



How to Reach Us

Michelle Bragg: 604 437 6262 ex 1
or MBragg@Simpeq.ca.

Cathy: 604 437 6262 ex 5 or
rec.ct@Simpeq.ca

Reception 604 437 6262 ex 2 or
ctreception@Simpeq.ca

Marlou: 604 437 6262 ex 3

Shout Outs

A big thank you to **Bea** who helped us update all our media consent forms for the residents.

Staff Birthdays



HAPPY BIRTHDAY



Lesya – 3rd



Roxanne – 23rd



Neetu – 11th



Lorie – 5th



Kelly – 5th



Elaine – 7th



Poonam – 7th



APRIL BIRTHSTONE & ZODIAC SIGN



april
BIRTHSTONE

- ◆ Symbolizes eternal love and commitment
- ◆ Recognized around the world as the traditional wedding ring
- ◆ Formed over a billion years ago 100 miles beneath the surface of the Earth
- ◆ One of the hardest natural materials

Aries



March 21 - April 20

- Symbol: The Ram
- Element: Fire
- Ruling planet: Mars
- Qualities: Self-Confident, Determined, Strong-willed, Daring, Energetic, Passionate, Born Leader, Magnetic Personality, Pioneer, Go-getter, and Amiable
- About your love life: You are an impetuous lover and a superb kisser.
- More compatible with: Sagittarius, Leo, Aquarius
- Less compatible with: Cancer, Gemini, Pisces, Virgo
- Lucky color: Red
- Lucky stone: Diamond or Ruby
- Lucky day: Tuesday
- Lucky number: Nine or Seven
- Lucky metal: Iron

www.wishafriend.com

BIRTHDAYS THIS MONTH

APRIL 2024



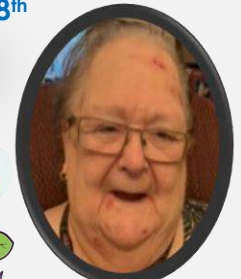
Moh – 10th



Coreen – 17th



Emmanuel – 18th



Barb – 26th

RESIDENTS CORNER

CT Library

From the Library....

Do not forget the Mobile Library. On those days when you are not feeling well enough to make it out to the library, we can bring you a selection right to your room.

The book Club has started listening to *Dragon's Teeth* by Michael Crichton. He is the author of books, such as *Jurassic Park*, *Andromeda Strain*, and *The Lost World*. *Dragon's Teeth* is about a race for dinosaur bones and teeth that take place in the wild wild west of the 1870s.

Come join the fun! Saturdays, 10:30 am

Reminders: When you are browsing through a book but decide not to take it out, you do not have to re-shelf it yourself. Place it in the basket at the back of the library.

The shelf marked *Reference Only* means that those books on that shelf are for reading in the library and lounge only. Look at the label on your book. If it says *For Reference Only*, please return it to the library.

Happy Reading! 📖

Garden Club

From the Garden...

We are recovering from Raccoon fun and chaos. He or she likes playing with the hoses and chewing at gardening gloves and everything else that's chewable. But we spray here and there with something environmentally friendly that racoons do not like which will hopefully cut down on his or her fun.

Last year the Clematis in both courtyards did not put on much of a show at all. I had it good authority – Stela -- that it was not a good year for clematis all around. But this year, all three have so many blooms we can not count them all. We are not sure what colour one clematis is – a nice surprise.

Happy gardening! 🍷



Infection Prevention and Control Corner

Audit Findings

The following audits were completed in March with no actionable items:

- Declutter Audit
- Donning and Doffing
- Leadership Walkabout
- Soiled Utility Audit
- Weekly Housekeeping Audit
- Safety and Sanitation Audit
- Communication Audit
- Meal Care Audit
- Kitchen Cleanliness Audit
- Hand Hygiene Audit
- Environmental Marker Audit

Copies of the Audit will be placed on the What We Are Up To Quality Board located in the east hallway by the entrance to the dining room.

Department Updates

We have transitioned to a new menu service provider. I am excited for the new menu to start later in April.

Paul Martins attended the Dining Committee meeting and provided some good feedback.

Be on the look out for exciting things from the kitchen and recreation department.

Policy Updates

We are continuing to transition Courtyard Terrace to Park Place Seniors Living policies and procedures.

With Samir as the new Manager of Maintenance and Resident Services at Courtyard Terrace, we will now be transitioning to the Maintenance Care program.

Maintenance Care is an online program that allows for centralized maintenance information and online reporting.

This will allow us to track all work orders at Courtyard Terrace.



OUR FOUR STRATEGIC IMPERATIVES

1. Quality & Safety

1. We will be working on our Home Goals for 2024 soon with a focus on business continuity planning.

Results for will be posted on the “What we are up to” board

2. Sustainability & Innovation

1. All doors in the building now have red tags installed
2. Maintenance Care program will be implemented in April.

3. Great Work Places

1. We are looking for ideas on creative and meaningful way to recognize our dedicated staff.

We continue to focus on these goals for the month of April

4. Industrial Leadership

1. All Site Leaders will be involved in developing a marketing strategy for their homes
2. All Site Leaders will focus on improving their satisfaction rating

Do you think we are doing a great job? Why not leave us a Google review. QR codes available at reception.



Share our new video with your family and friends.

<https://www.parkplaceseniorsliving.com/find-a-location/british-columbia/lower-mainland/courtyard-terrace/>

HOW TO GET INVOLVED

There are some great options to stay informed and engaged with us.

1. **Talk with the staff on-shift about how your loved one is doing** and update them on changes you see.
2. **Join or attend a committee or council meeting.** We will trialling a virtual platform that will allow families to attend.
3. Get involved in **quality improvement initiatives** that matter to you. Talk to staff about areas you would like to be involved in.
4. **Provide recreation ideas** that your family would enjoy! Email Cathy at rec.ct@Simpeq.ca
5. **Volunteer.** Your help matters and is always truly appreciated!
6. **Submit your ideas and suggestions** on forms available on reception. We welcome your ideas and suggestions and will review at each My Voice meeting going forward for action planning.

Our Values

Together we **STRIVE** for Excellence

S	T	R	I	V	E
Safety & Quality	Teamwork & Partnerships	Responsibility & Stewardship	Innovation & Creativity	Voices that are Respected	Empathy & Trust
By providing safe and healthy environments where care and service is effective, efficient and person-centered with a focus on continuous quality improvement.	By supporting and committing to each other to create a connected culture that brings out the best in everyone while achieving common goals.	By doing our best work, seeking help when needed and ensuring we are good stewards of the organization resources to ensure a sustainable future.	By creating opportunities for open conversations that encourages Innovation and the sharing or creating ideas to enrich lives.	By placing our residents and families at the center of all we do by listening, respecting and responding to their needs, values and preferences.	By fostering trusting relationships through welcoming diversity, practicing acceptance and seeking to understand the experience and feelings of others.

Park Place Seniors Living
www.parkplaceseniorsliving.com
 Phone: (604) 266-1436
 1656 W 75th Ave, Vancouver, BC V6P 6G2

Monthly Meetings

The Resident Council meets on the first Tuesday of every month at 10:30am in the dining room.

The My Voice Meeting is held on the second Thursday of the month at 10:30am in the dining room.

The Courtyard Terrace Dining Committee meeting are held on the last Friday of the month at 10:30am in the dining room.

Life Enrichment Committee is held on the third Wednesday of the month at 10:30am in the dining room.

Useful Numbers

Foot Care: Sole Provider Foot Care
Tyffany 604 341 7087

Meet your Resident Council



Co-chair Shea

Meet your Resident Council



Co-chair Janise