Grieving

SUPPORT

We would like to express our sincere sympathy to you and your family. When someone close to you dies, grief is a natural response to the loss. People often manage with the support of their family and friends but sometimes more support is needed.

This brochure has been designed to include information that may be of use to you and your family and friends during this difficult time.

THE RIGHT CHOICE FOR YOU AND YOUR FAMILY

When someone dies in our Care Home, their family, friends and other support people are welcome to spend time with them. You may choose this time to say things you have not had the chance to say, just sit with them, hold them or say your goodbyes—what you are most comfortable with is the right choice.

Alternatively, you may prefer not to sit with them but to meet with family and friends at home to remember them.

Time to Heal

We understand this is a difficult and overwhelming time for you and your family. It is important to know that everyone grieves in his or her own way. It is normal to wonder what your grief will be like and how you will manage ahead of time.

People often find it helpful to draw on extra support. If you wish to speak to someone, please let us know. We can connect you with a pastoral care worker or social worker. If you belong to a particular religious organization, you may wish to speak to a member of that community to support you through this difficult time.

You may also wish to contact your doctor, if you would like a referral to a counsellor in the community.

OUR MISSION:

Park Place Seniors Living strives to provide enriched life experiences to seniors through innovation and creativity.

OUR VISION:

At Park Place Seniors Living we are known for our unwavering commitment to enriching the lives of those we serve by providing a "voice and a choice" with dignity, respect and empathy.

Park Place Seniors Living I 1656 West 75 Ave, Vancouver parkplaceseniorsliving.com

Someone I Care About Has Died





Funeral Home

When you are ready, the usual practice, and in consideration of cultural wishes, is to prepare your loved one for transfer to the funeral home. Please be reassured that we will continue to treat your loved one with great respect and dignity during this time.

Unless your loved one has already arranged with a funeral home, one will need to be chosen. The funeral home will arrange the transfer of your loved one from the Care Home and obtain all the relevant details and certificates required for burial or cremation.



Funeral

A funeral provides you with an opportunity to gather with friends and family, including children, to mourn and celebrate the life of the person who has died. It is an important time to grieve, to remember and give thanks for their life.

The funeral home director will guide you and advise on the tasks that need to be undertaken. Information about your loved one will be requested, such their as address, details and information about their family. Organizing a funeral may seem difficult, and it can be helpful to accept assistance from family and friends. These are some points you may wish to consider when organizing a funeral:

- What were the known preferences of your loved one
- Would you and your family like a viewing to see your loved one again
- If you have a service where would you prefer to have the service located
- Will you have a social gathering of friends and family after the funeral

Celebration of Life

Our Care Home will call you and invite you to our "Celebration of Life" service. Family members' friends, other residents and staff are also encouraged to attend.

> Reviewed by a group of Park Place Family Representatives in April 2022

