

Before a Restraint is Used

Park Place Seniors Living's is committed to providing quality of care in a manner that maintains respect and dignity for our residents. At Park Place, we follow the practice of Least Restraint, which means offering alternatives to maintain the safety of the resident and or others before considering the use of a restraint.

Family and friends have an important role to play. Please share all information you know about the resident to help the team better understand the behaviour. Before a restraint is used, the care team will:

- 1 Complete an assessment of the resident and their environment to determine the behaviour and reason behind it**
- 2 Exhaust all available alternatives to using a restraint**
- 3 Discuss with the resident, family and or substitute decision-maker and obtain consent**
- 4 Obtain a doctor's order for the restraint**

What is a Restraint?

A restraint refers to the physical, environmental or chemical means to prevent injury and or manage behaviour that could cause harm to the resident or others.

Our Park Place Least Restraint Policy balances resident and family centred care, the resident's rights and the safety of others. When all available alternatives have been unsuccessful, only then should a restraint be considered. The decision to use a restraint requires careful consideration, planning, monitoring, and ongoing communication. The resident, their family or the resident's chosen decision-maker, and the care team, including the physician, are all part of the decision-making process.

OUR MISSION:

Park Place Seniors Living strives to provide enriched life experiences to seniors through innovation and creativity.

OUR VISION:

At Park Place Seniors Living we are known for our unwavering commitment to enriching the lives of those we serve by providing a "voice and a choice" with dignity, respect and empathy.

Park Place Seniors Living | 1656 West 75 Ave, Vancouver
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Policy of Least-Restraint



When a Restraint is Used



When a restraint is used ongoing care, observation and documentation of the resident's health and safety needs will occur by the care team.



Potential Risks of Any Restraint

Research shows that restraints do not necessarily prevent falls and injuries and can increase the incidence and severity of falls. The use of restraints can also lead to:

SKIN BREAKDOWN

MUSCLE WEAKNESS

CONSTIPATION

DEPRESSION

AGITATION

INCONTINENCE

INCREASED CONFUSION

Developed with input from a group of Park Place Family Representatives in April 2022

Questions or Concerns?



If you have any questions or concerns about the use of a restraint please feel free to speak with a member of the care team.

