

# When Thinking About Medication Safety

You should never be afraid to ask your doctor, nurse, or pharmacist about your medicines. Taking an active role in your health care can help prevent medication errors. Tell your doctor, nurse or pharmacist about:

- 1 Any allergies and sensitivities you have
- 2 All medicines you take
- 3 This includes over the counter and herbal medicines and vitamins
- 4 Other therapies you use
- 5 Problems or concerns you have with your medicine
- 6 Anything that may affect your ability to use the medication



The more information your health care team members know about you, the better they can develop a plan of care tailored to you.

### OUR MISSION:

Park Place Seniors Living strives to provide enriched life experiences to seniors through innovation and creativity.

### OUR VISION:

At Park Place Seniors Living we are known for our unwavering commitment to enriching the lives of those we serve by providing a "voice and a choice" with dignity, respect and empathy.

Park Place Seniors Living | 1656 West 75 Ave, Vancouver  
parkplaceseniorsliving.com

# Your Role in Medication Safety

When it comes to using medicine, there is no such thing as completely safe. All medications have risks. By being involved in your health care, you can decrease the risks and get the most benefits from your medication.

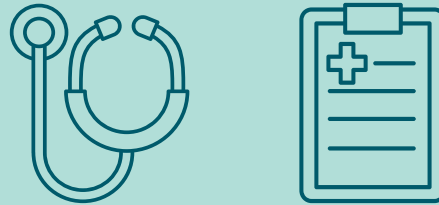


## Report to the Care Team

Pay attention to how you feel and notify your doctor or nurse of any problems. If you have doubts that the medication is working effectively, do not stop taking it without checking with the nurse. Some medications take longer to show a benefit, and some need to be withdrawn gradually to decrease undesirable effects. If you experience a side effect, let your nurse know immediately. An adjustment in the dosage or a change in medication may be needed.



## You are the Center of the Care Team



Your health care team members help you make the best-informed choices, but your job is to participate in decisions about your treatment and medications.

You are the center of the health care team. When you meet with a team member, ask questions if you have them.

### HELPFUL TIPS

Ask a family member or friend to help you understand your questions and remember the answers.

## Pay Attention to the Medications You or Your Loved One are Receiving

Make sure you are getting the right medication, at the right time, by the right person. Medication errors are unintended outcomes that can result in harm. Everyone has a role in ensuring safe medication use, including residents and families. It is the Park Place policy that no medications, (including tylenol, vitamins, antacids, laxatives and creams) are to be kept at the bedside.

### DON'T FORGET

All medication needs to be ordered by your physician.

*Reviewed by a group of Park Place Family Representatives in April 2022*