

MAY 2021

**WEXFORD CREEK Residential Care
Calendar of Programs and Events**



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>**Please note: There will be ongoing One to One Visits in Complex Care and Cottages 1, 2 & 3</p> <p>*MPR Multi-Purpose Room</p>	<p>Sunday May 9th</p> <p>Happy Mother's Day</p>	<p><u>Weekly Cottage Programs Formats</u> <u>Mondays-Physical</u> <u>Tuesday-Cognitive</u> <u>Wednesday-Musical</u> <u>Thursday-Creative</u> <u>Friday-Cognitive</u> <u>Sat./Sun -Musical, Physical or Pastoral</u></p> <p>All Groups and Visits are Social Based</p>				<p>1. <u>1:00</u> Fitness – 1st <u>2:00</u> Fitness – 2nd</p> <p><u>3:00</u> Cottage 3 Music with Heather <u>3:45</u> Cottage 1 & 2 Visits</p>
<p>2. <u>8:30</u> Table Talk-1st & 2nd <u>9:15</u> Cottage 1 Pastoral <u>10am</u> Cottage 2 Pastoral <u>11am</u> Cottage 3 Pastoral <u>1pm</u> Worship-1st <u>1:15</u> Worship2nd <u>2:30</u> Social Walks</p>	<p>3. <u>8:30</u> Table Talk – 1st & 2nd <u>9:15</u> Cottage 1 Program <u>9:30</u> News Group – 1st <u>10:00</u> Fitness - 1st & 2nd <u>10:00</u> Cottage 2 Program <u>10:45</u> Cottage 3 Program <u>1:15</u> Walks & Tuck Shop Time – 1st & 2nd <u>2:00</u> TV Time – 1st & 2nd <u>3:00</u> Snack Socials</p>	<p>4. <u>8:30</u> Table Talk – 1st & 2nd <u>9:15</u> Cottage 2 Program <u>9:30</u> News Group – 2nd <u>10:00</u> Cottage 3 <u>10:30</u> Social Walks <u>10:45</u> Cottage 1 Program <u>1:00</u> Tuck Shop Time <u>2:00</u> Cognitive Crunch 1st & 2nd <u>3:00</u> Snack Socials</p>	<p>5. <u>8:30</u> Table Talk-1st & 2nd <u>9:15</u> Cottage 3 Program <u>10:00</u> Stretch & Strength – 1st <u>10:00</u> Cottage 1 Program <u>10:45</u> Cottage 2 Program <u>10:45</u> Stretch & Strength – 2nd <u>1:15</u> Music Time – 1st <u>2:30</u> Ice Cream Social/ Cart – 1st Floor <u>2:30</u> Music Time – 2nd <u>3:00</u> Snack Socials</p>	<p>6. <u>8:30</u> Table Talk-1st & 2nd <u>9:30</u> Social Walks <u>9:30</u> Cottage Walks <u>1:00</u> Tuck Shop Time <u>1:30</u> BINGO! – 2nd <u>3:00</u> Snack Socials</p>	<p>7. <u>8:30</u> Table Talk-1st & 2nd <u>9:15</u> Cottage 1 Program <u>10:00</u> Cottage 2 Program <u>10:45</u> Cottage 3 Program <u>1:30</u> Garden Time <u>2:30</u> Outdoor Concert with Keith - MPR</p>	<p>8. <u>1:00</u> Fitness – 1st <u>2:00</u> Fitness – 2nd</p> <p><u>3:00</u> Cottage 2 Music with Heather <u>3:45</u> Cottage 1 & 3 Visits</p>
<p>9. <u>8:30</u> Table Talk-1st & 2nd <u>9:15</u> Cottage 1 Pastoral <u>10am</u> Cottage 2 Pastoral <u>1pm</u> Worship-1st <u>1:15</u> Worship2nd <u>2:30</u> Social Walks</p>	<p>10. <u>8:30</u> Table Talk – 1st & 2nd <u>9:15</u> Cottage 1 Program <u>9:30</u> News Group – 1st <u>10:00</u> Fitness - 1st & 2nd <u>10:00</u> Cottage 2 Program <u>10:45</u> Cottage 3 Program <u>1:15</u> Walks & Tuck Shop Time – 1st & 2nd <u>2:00</u> TV Time – 1st & 2nd <u>3:00</u> Snack Socials</p>	<p>11. <u>8:30</u> Table Talk – 1st & 2nd <u>9:15</u> Cottage 2 Program <u>9:30</u> News Group – 2nd <u>10:00</u> Cottage 3 Program <u>10:30</u> Social Walks <u>10:45</u> Cottage 1 Program <u>1:00</u> Tuck Shop Time <u>2:00</u> Cognitive Crunch 1st & 2nd <u>3:00</u> Snack Socials</p>	<p>12. <u>8:30</u> Table Talk – 1st & 2nd <u>9:15</u> Cottage 3 Program <u>10:00</u> Stretch&Strength 1 <u>10:00</u> Cottage 1 Program <u>10:45</u> Cottage 2 Program <u>10:45</u> Stretch&Strength 2 <u>1:30</u> Birthday Celebration – 1st <u>1:30</u> Cottage 2 Birthday <u>2:30</u> Music Time / 2nd <u>3:00</u> Snack Socials</p>	<p>13. <u>8:30</u> Table Talk-1st & 2nd <u>9:30</u> Social Walks <u>9:30</u> Cottage Walks <u>1:00</u> Tuck Shop Time <u>1:30</u> Hockey – 1st <u>3:00</u> Snack Socials</p>	<p>14. <u>8:30</u> Table Talk-1st & 2nd <u>9:15</u> Cottage 1 Program <u>10:00</u> Cottage 2 Program <u>10:45</u> Cottage 3 Program <u>1:30</u> Bingo – 1st <u>3:00</u> Snack Socials</p>	<p>15. <u>1:00</u> Fitness – 1st <u>2:00</u> Fitness – 2nd</p> <p><u>3:00</u> Cottage 1 Music with Heather <u>3:45</u> Cottage 1 & 2</p>

MAY 2021

**WEXFORD CREEK Residential Care
Calendar of Programs and Events**



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>16. 8:30 Table Talk-1st & 2nd 9:15 Cottage 1 Pastoral 10am Cottage 2 Pastoral 11am Cottage 3 Pastoral 1pm Worship-1st 1:15 Worship2nd 2:30 Social Walks</p>	<p>17. 8:30 Table Talk – 1st & 2nd 9:15 Cottage 1 Program 9:30 News Group – 1st 10:00 Fitness - 1st & 2nd 10:00 Cottage 2 Program 10:45 Cottage 3 Program 1:15 Walks & Tuck Shop Time – 1st & 2nd 2:00 TV Time – 1st & 2nd 3:00 Snack Socials</p>	<p>18. 8:30 Table Talk – 1st & 2nd 9:15 Cottage 2 Program 9:30 News Group – 2nd 10:00 Cottage 3 10:30 Social Walks 10:45 Cottage 1 Program 1:00 Tuck Shop Time 2:00 Cognitive Crunch 1st & 2nd 3:00 Snack Socials</p>	<p>19. 8:30 Table Talk-1st & 2nd 9:15 Cottage 3 Program 10:00 Stretch & Strength – 1st 10:00 Cottage 1 Program 10:45 Cottage 2 Program 10:45 Stretch & Strength – 2nd 1:15 Music Time-2nd 2:30 Ice Cream Social/ Cart – 2nd Floor 3:00 Snack Socials</p>	<p>20. 8:30 Table Talk-1st & 2nd 9:30 Social Walks 9:30 Cottage Walks 1:00 Tuck Shop Time 1:30 BINGO! – 2nd 3:00 Snack Socials</p>	<p>21. 8:30 Table Talk-1st & 2nd 9:15 Cottage 1 Program 10:00 Cottage 2 Program 10:45 Cottage 3 Program 1:30 BINGO! – 1st 3:00 Snack Socials</p>	<p>22. 1:00 Fitness / 1st Fl Lounge 1:45 Fitness / 2nd Fl Lounge 2:30 Cottage 1 Music with Heather 3:15 Cottage 2 & 3 Visits</p>
<p>23. 8:30 Table Talk-1st & 2nd 9:15 Cottage 1 Pastoral 10am Cottage 2 Pastoral 11am Cottage 3 Pastoral 1pm Worship-1st 1:15 Worship2nd 2:30 Social Walks</p>	<p>24. 8:30 Table Talk – 1st & 2nd 9:15 Cottage 1 Program 9:30 News Group – 1st 10:00 Fitness - 1st & 2nd 10:00 Cottage 2 Program 10:45 Cottage 3 Program 1:15 Walks & Tuck Shop Time – 1st & 2nd 2:00 TV Time – 1st & 2nd 3:00 Snack Socials</p>	<p>25. 8:30 Table Talk – 1st & 2nd 9:15 Cottage 2 Program 9:30 News Group – 2nd 10:00 Cottage 3 Program 10:30 Social Walks 10:45 Cottage 1 Program 1:00 Tuck Shop Time 2:00 Cognitive Crunch 1st & 2nd 3:00 Snack Socials</p>	<p>26. 8:30 Table Talk – 1st & 2nd 9:15 Cottage 3 Program 10:00 Stretch & Strength – 1st 10:00 Cottage 1 Program 10:45 Cottage 2 Program 10:45 Stretch & Birthday Celebration – 2nd 1:30 Cottage 3 Birthday 2:30 Music Time / 2nd Strength – 2nd 3:00 Snack Socials</p>	<p>27. 8:30 Table Talk-1st & 2nd 9:30 Social Walks 9:30 Cottage Walks 1:00 Tuck Shop Time 1:30 Hockey – 1st 3:00 Snack Socials</p>	<p>28. 8:30 Table Talk-1st & 2nd 9:15 Cottage 1 Program 10:00 Cottage 2 Program 10:45 Cottage 3 Program 1:30 Garden Time 3:00 Snack Social</p>	<p>29. 1:00 Fitness / 1st Fl Lounge 1:45 Fitness / 2nd Fl Lounge 2:30 Cottage 2 Music with Heather 3:15 Cottage 3 & 1 Visits</p>
<p>30. 8:30 Table Talks- 1st & 2nd 9:15 Cottage 1 Pastoral 10am Cottage 2 Pastoral 11am Cottage 3 Pastoral 1pm Worship-1st 1:15 Worship-2nd 2:30 Social Walk</p>	<p>31. 8:30 Table Talk – 1st & 2nd 9:15 Cottage 1 Program 9:30 News Group – 1st 10:00 Fitness - 1st & 2nd 10:00 Cottage 2 Program 10:00 Cottage 3 Program 1:15 Walks & Tuck Shop Time – 1st & 2nd 2:00 TV Time – 1st & 2nd 3:00 Snack Socials</p>	<div style="border: 2px solid black; padding: 10px;"> <p>Program /Event Information:</p> <ul style="list-style-type: none"> If You Have Any Questions Regarding the Programs, or Calendar, please Contact Shawn in Recreation Services at Extension 104. Attention Residents & Family Members, For Any Site Concerns Please Contact Our Site Leader Chris Evans, at Extension 102. </div>			<p>**Please note: There will be ongoing <u>One to One Visits</u> in Complex Care and Cottages 1, 2 & 3</p> <ul style="list-style-type: none"> MPR Multi-Purpose Room 	<p>Weekly Cottage Programs Formats Mondays-Physical Tuesday-Cognitive Wednesday-Musical Thursday-Creative Friday-Cognitive Sat./Sun –Musical, Physical or Pastoral</p> <p>All Groups and Visits are Social Based</p>

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2021

Independent Residents – Wexford Creek



Saturday Ideas To Do
↓
May Day

<p>10am – Walking Club</p> <p>2</p>	<p>10am – Fitness with Shawn – 2nd Floor</p> <p>2pm – BINGO! –PDR</p> <p>3</p>	<p>10am – Brain Games - PDR</p> <p>2pm – Travel Tuesday “Ireland” - Chapel</p> <p>4</p>	<p>10am – Fitness with Ally – 2nd Floor</p> <p>2:30 - Ice Cream Social - 2nd Floor <small>Cinco de Mayo</small></p> <p>5</p>	<p>10am – Walking Club</p> <p>6:45pm – Movie Night - Chapel</p> <p>6</p>	<p>10am – News & Views with Shawn – 2nd Floor</p> <p>2:30 – Outdoor Concert with Keith</p> <p>7</p>	<p>8</p> <p>BRIDGE</p>					
<p>HAPPY Mother's DAY</p>  <p>Mother's Day</p> <p>9</p>	<p>10am – Fitness with Shawn – 2nd Floor</p> <p>2pm – BINGO! – PDR</p> <p>10</p>	<p>10am – Brain Games - PDR</p> <p>2pm – Travel Tuesday “France” - Chapel</p> <p>11</p>	<p>10am – Fitness with Ally – 2nd Floor</p> <p>2pm - Trivia - PDR</p> <p>12</p>	<p>10am – Walking Club</p> <p>2pm – Happy Hour - 2nd Floor</p> <p>6:45pm – Movie Night - Chapel</p> <p>13</p>	<p>10am – News & Views with Shawn – 2nd Floor</p> <p>2pm – Music Show - Chapel</p> <p>14</p>	<p>15</p> <p>CRIB</p> <p><small>Armed Forces Day</small></p>					
<p>10am – Walking Club</p> <p>16</p> <p><small>Shavuot Begins</small></p>	<p>10am – Fitness with Shawn – 2nd Floor</p> <p>2pm – BINGO! – PDR</p> <p>17</p>	<p>10am – Brain Games - PDR</p> <p>2pm – Travel Tuesday “Scotland” - Chapel</p> <p>18</p>	<p>10am – Fitness with Ally – 2nd Floor</p> <p>2:30 – Ice Cream Social - 2nd Floor</p> <p>19</p>	<p>10am – Walking Club</p> <p>6:45pm – Movie Night -Chapel</p> <p>20</p>	<p>10am – News & Views with Shawn – 2nd Floor</p> <p>2pm – IMAX Show - Chapel</p> <p>21</p>	<p>22</p> <p>BOCCE</p>					
<p>10am – Walking Club</p> <p>23</p>	<p>VICTORIA DAY</p> <p><small>Victoria Day (Canada)</small></p> <p>24</p>	<p>10am – Brain Games - PDR</p> <p>2pm – Travel Tuesday “Prague” - Chapel</p> <p>25</p>	<p>10am – Fitness with Ally – 2nd Floor</p> <p>2:00pm – Birthday Tea & Cake -2nd Floor Dining</p> <p>26</p>	<p>10am – Walking Club</p> <p>2pm – Happy Hour -2nd Floor</p> <p>6:45pm – Movie Night - Chapel</p> <p>27</p>	<p>10am – News & Views with Shawn – 2nd Floor</p> <p>2pm – Comedy Show - Chapel</p> <p>28</p>	<p>29</p> <p>VISITS</p>					
<p>10am – Walking Club</p> <p>30</p>	<p>10am – Fitness with Shawn – 2nd Floor</p> <p>2pm – BINGO! - PDR</p> <p><small>Memorial Day</small></p> <p>31</p>	 <table border="1" data-bbox="1545 1331 2204 1518"> <tr> <td>Chapel – 1st Floor</td> </tr> <tr> <td>Private Dining Room (PDR) – 2nd Floor</td> </tr> <tr> <td>2nd Floor Lounge (2nd FL)</td> </tr> <tr> <td>Multipurpose Room (MPR) – 1st Floor</td> </tr> <tr> <td>2nd Floor Dining Room (2nd Dining)</td> </tr> </table>				Chapel – 1st Floor	Private Dining Room (PDR) – 2nd Floor	2nd Floor Lounge (2nd FL)	Multipurpose Room (MPR) – 1st Floor	2nd Floor Dining Room (2nd Dining)	
Chapel – 1st Floor											
Private Dining Room (PDR) – 2nd Floor											
2nd Floor Lounge (2nd FL)											
Multipurpose Room (MPR) – 1st Floor											
2nd Floor Dining Room (2nd Dining)											