

# Mountain Lake Seniors Community Life Enrichment Calendar ~ Assisted Living

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
						<b>1</b> 10:30 Crossword Puzzle  3:30 Chair Yoga	
<b>2</b>  2:30 Mountain Lake House Band	<b>3</b> 11:00 Exercises Upstairs 1:30 Baking Upstairs <b>2:30 Virtual Library Visit</b> 3:00 Bingo	<b>4</b> 11:00 Reminiscing  1:30 Knitting Club & Social Tea	<b>5</b> 11:00 Exercises Upstairs  1:30 Music Therapy with Ruth 3:00 Bingo	<b>6</b> 11:00 Manicures  1:15 Movie Matinee 3:30 Music with Onami	<b>7</b> 11:00 Exercises Upstairs  <b>BBQ Lunch!</b> 2:30 Mountain Lake House Band	<b>8</b> 10:30 Crossword Puzzle  <b>1:30 Mother's Day Ice Cream Social</b> 3:30 Chair Yoga	
<b>9</b> 2:30 Mountain Lake House Band 	<b>10</b> 11:00 Exercises Upstairs  1:30 Art Club 3:00 Bingo	<b>11</b> 11:00 Reminiscing  1:30 Knitting Club & Social Tea	<b>12</b> 11:00 Exercises Upstairs  1:30 Music Therapy with Ruth 3:00 Bingo	<b>13</b> <b>11:00 Tenant Council Meeting</b>  1:30 Carpet Bowling 3:00 Manicures	<b>14</b> 11:00 Exercises Upstairs  <b>12:30 General Store</b> 2:30 Mountain Lake House Band	<b>15</b>  10:30 Crossword Puzzle  3:30 Chair Yoga	
<b>16</b>  2:30 Mountain Lake House Band	<b>17</b> 11:00 Exercises Upstairs  1:30 Baking Upstairs 3:00 Bingo	<b>18</b> <b>10:00 Patio Planting Party!</b> 11:00 Reminiscing <b>1:30 Parking Lot Performance: Fiddle DeeDee!</b>	<b>19</b> 11:00 Exercises Upstairs  1:30 Music Therapy with Ruth 3:00 Bingo	<b>20</b> 11:00 Manicures  1:15 Movie Matinee 3:30 Music with Onami	<b>21</b> 11:00 Exercises Upstairs  2:30 Mountain Lake House Band	<b>22</b> 10:30 Crossword Puzzle  3:30 Chair Yoga	
<b>23</b>  2:30 Mountain Lake House Band	<b>24</b> 	<b>25</b> 11:00 Manicures  1:30 Knitting Club & Social Tea <b>3:00 Karaoke with Kim!</b>	<b>26</b> 11:00 Exercises Upstairs  1:30 Music Therapy with Ruth 3:00 Bingo	<b>27</b> 11:00 Reminiscing  1:30 Carpet Bowling 3:00 Manicures	<b>28</b> 11:00 Exercises Upstairs  <b>12:30 General Store</b> <b>1:45 Parking Lot Performance: Health Arts Society Concert</b>	<b>29</b>  10:30 Crossword Puzzle  3:30 Chair Yoga	
<b>30</b>  2:30 Mountain Lake House Band	<b>31</b> 11:00 Exercises Upstairs 1:30 Art Club 3:00 Bingo						<h1>MAY 2021</h1>

## Mountain Lake Seniors Community Life Enrichment Calendar ~ Long Term Care

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
						<b>1</b> 1:30 Falcon Ridge Bingo	
<b>2</b>	<b>3</b> 10:15 Beachview & Falcon Ridge Laughing Yoga 11:00 Lombardy & Evergreen Bingo 1:30 Diamond Games <b>3:00 Virtual Library Visit</b>	<b>4</b> 10:15 Lombardy & Evergreen Laughing Yoga 11:30 Beachview Cottage Scenic Drive  3:00 Alpine Visits	<b>5</b> 10:00 Alpine Music Therapy 11:00 Lombardy Music Therapy  1:30 Beachview Crossword Puzzle	<b>6</b> 10:30 Manicures 11:00 Chair Yoga with Kriti  1:30 Diamond Walks	<b>7</b> 10:00 Lombardy Sing-along 11:15 Outdoor Walks  1:30 Art Club	<b>8</b> 11:00 Beachview Bingo <b>2:15 Mother's Day Travelling Ice Cream Cart</b> 	
<b>9</b> 	<b>10</b> 10:15 Beachview & Falcon Ridge Laughing Yoga 11:00 Lombardy & Evergreen Bingo  1:30 Diamond Games	<b>11</b> 10:15 Lombardy & Evergreen Laughing Yoga 11:30 Evergreen Cottage Scenic Drive <b>1:30 Resident/Family Council Meeting via ZOOM</b> 3:00 Alpine Visits	<b>12</b> 10:00 Alpine Music Therapy 11:00 Diamond Music Therapy  1:30 Beachview Crossword Puzzle	<b>13</b> 10:45 Outdoor Walks 11:00 Chair Yoga with Kriti  1:30 Falcon Ridge Sing-along 3:00 Beachview Bingo	<b>14</b> 10:00 Reading & Reminiscing 11:15 Musical Visits  1:30 Art Club	<b>15</b>  1:30 Falcon Ridge Bingo	
<b>16</b>	<b>17</b> 10:15 Beachview & Falcon Ridge Laughing Yoga 11:00 Lombardy & Evergreen Bingo  1:30 Crafts with Kim	<b>18</b> 10:15 Lombardy & Evergreen Laughing Yoga 11:30 Falcon Ridge Cottage Scenic Drive <b>1:30 Parking Lot Performance: Fiddle DeeDee!</b>	<b>19</b> 10:00 Alpine Music Therapy 11:00 Lombardy Music Therapy  <b>1:30 Patio Planting Party!</b>	<b>20</b> 10:30 Manicures 11:00 Chair Yoga with Kriti  1:30 Diamond Walks	<b>21</b> 10:00 Diamond Sing-along 11:15 Outdoor Walks  1:30 Art Club	<b>22</b>  1:30 Beachview Bingo	
<b>23</b>	<b>24</b> 	<b>25</b> 10:15 Lombardy & Evergreen Laughing Yoga  11:30 Lombardy Cottage Scenic Drive	<b>26</b> 10:00 Alpine Music Therapy 11:00 Diamond Music Therapy  1:30 Beachview Crossword Puzzle	<b>27</b> 10:45 Outdoor Walks 11:00 Chair Yoga with Kriti  1:30 Evergreen Sing-along	<b>28</b> 10:00 Reading & Reminiscing 11:15 Musical Visits <b>1:45 Parking Lot Performance: Health Arts Society Concert</b>	<b>29</b>  1:30 Falcon Ridge Bingo	
<b>30</b>	<b>31</b> 10:15 Beachview & Falcon Ridge Laughing Yoga 11:00 Lombardy & Evergreen Bingo 1:30 Crafts with Kim						<h1 style="font-size: 4em; margin: 0;">MAY 2021</h1>