

**Residential Care
JANUARY 2021**

**WEXFORD CREEK
RECREATION SERVICES
Calendar of Programs and Events**



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>**Please note: There will be ongoing <u>One to One Visits in Complex Care and Cottages 1, 2 & 3</u></p>		<p><u>Weekly Cottage Programs Formats</u> Mondays-Physical Tuesday-Cognitive Wednesday-Creative Thursday-Musical Friday-Cognitive Saturday -Musical /Pastoral & Physical</p> <p>All Groups and Visits are Social Based</p>			<p>1. HAPPY New Year! 10:15 New Years Bingo/1st Fl Dining</p> <p>1:15 New Years Bingo/2nd Fl Dining</p> <p>3:00 Cottage 1, 2, & 3 Visits</p>	<p>2. 1:00 Fitness /1st Fl Lounge 1:45 Fitness /2nd Fl Lounge 2:30 Cottage 1 Music with Heather 3:15 Cottage 2 & 3 Visits</p>
<p>3. Sunday Services Cancelled</p>	<p>4. 9:30 Cottage 1 Program 10:15 Fitness/1st & 2nd Fl Lounges 10:15 Cottage 2 Program 11:00 Cottage 3 Program 1:30 TV Time/ 1:30 Story Time</p>	<p>5. 9:30 Cottage 2 Program 10:00 Beauty Care/ 1st & 2nd Fl 10:15 Cottage 3 11:00 Cottage 1 Program 1:30 Brain Games/1st & 2nd Fl Dining</p>	<p>6. <u>Epiphany</u> 9:30 Cottage 3 Program 10:15 Cottage 2 Program 10:15 Stretch & Strength/1st & 2nd Fl Lounges 11:00 Cottage 1 Program 1:30 Bingo/1st Fl</p>	<p>7. 9:30 One to One Visits/1st & 2nd Fl 1:00 Pastoral Get Together/ 1st Fl 2:00 Pastoral Get Together/2nd Fl 3:00 Cottage 1, 2, & 3 Music Programs</p>	<p>8. 9:30 News & Views /1st Cottage 1 Program 10:15 Cottage 2 Program 10:30 News & Views/2nd 11:00 Cottage 3 Program 1:30 Bingo/2nd Fl</p>	<p>9. 1:00 Fitness /1st Fl Lounge 1:45 Fitness /2nd Fl Lounge 2:30 Cottage 2 Music with Heather 3:15 Cottage 3 & 1 Visits</p>
<p>10. Sunday Services Cancelled</p>	<p>11. 9:30 Cottage 1 Program 10:15 Fitness/1st & 2nd fl Program 10:15 Cottage 2 Program 11:00 Cottage 3 Program 1:30 Resident Council Meeting 1:30 TV Time/ 1:30 Story Time/</p>	<p>12. 9:30 Cottage 2 10:15 Cottage 3 Program 11:00 Cottage 1 Program 10:00 Beauty Care/ 1st & 2nd Fl 1:30 Brain Games /1st & 2nd Fl Dining</p>	<p>13. 9:30 Cottage 3 Program 10:15 Cottage 2 Program 10:15 Stretch & Strength/1st & 2nd Fl Lounges 11:00 Cottage 1 Program 1:30 Bingo/1st Fl</p>	<p>14. 10:00 Walking 1:00 Music Time /1st Fl 2:00 Music Time /2nd Fl 3:00 Cottage 1, 2.&3 Music Programs</p>	<p>15. 9:30 News & Views/1st Cottage 1 Program 10:15 Cottage 2 Program 10:30 News & Views/2nd 11:00 Cottage 3 Program 1:00 Walking 2:00 Bingo/2nd Fl</p>	<p>16. 1:00 Fitness /1st Fl Lounge 1:45 Fitness /2nd Fl Lounge 3:00 Cottage 3 with Heather 3:15 Cottage 1 & 2 Visits</p>

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Calendar of Programs and Events Continued

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>17. Sunday Services Canceled</p>	<p>18. <u>9:15 Cottage 1 Program</u> <u>10:15 Fitness/1st & 2nd Fl Lounges</u> <u>10:15 Cottage 2 Program</u> <u>11:00 Cottage 3 Program</u> <u>1:30 TV Time /2nd Fl</u> <u>2:00 Story Time/1st Fl</u></p>	<p>19. <u>9:15 Cottage 2 Program</u> <u>10:00 Walks</u> <u>10:15 Cottage 3 Program</u> <u>11:00 Cottage 1 Program</u> <u>1:30 Brain Games /1st & 2nd Fl Dining</u></p>	<p>20. <u>9:15 Cottage 3 Program</u> <u>10:15 Cottage 2 Program</u> <u>10:15 Stretch & Strength/1st & 2nd Fl Lounges</u> <u>11:00 Cottage 1 Program</u> <u>1:30 Bingo/1st Fl</u></p>	<p>21. <u>10:00 Walks</u> <u>1:00 Worship Service with /1st Fl</u> <u>2:15 Worship Service with /2nd Fl</u> <u>3:00 Cottage 1,2,& 3 Music Programs</u></p>	<p>22. <u>9:15 Cottage 1 Program</u> <u>9:30 News & Views/1st Fl</u> <u>10:15 Cottage 2 Program</u> <u>10:30 News & Views/2nd Fl</u> <u>11:00 Cottage 3 Program</u> <u>1:00 Walks</u> <u>2:15 Bingo/2nd Fl</u></p>	<p>23. <u>1:00 Fitness /1st Fl Lounge</u> <u>1:45 Fitness /2nd Fl Lounge</u> <u>2:30 Cottage 1 Music with Heather</u> <u>3:00 Cottage 2,& 3 Walks & Visits</u></p>
<p>24. Sunday Services Canceled</p>	<p>25. <u>9:15 Cottage 1 Program</u> <u>10:15 Fitness/1st & 2nd Fl Program</u> <u>10:15 Cottage 2 Program</u> <u>11:00 Cottage 3 Program</u> <u>1:30 TV Time/1st Fl</u> <u>1:30 Resident Council Meeting/2nd FL</u> <u>2:00 Story Time/2nd Fl</u></p>	<p>26. <u>9:15 Cottage 2 Program</u> <u>10:00 Walks</u> <u>10:15 Cottage 3 Program</u> <u>11:00 Cottage 1 Program</u> <u>1:30 Brain Games /1st & 2nd Fl Dining</u></p>	<p>27. <u>9:15 Cottage 3 Program</u> <u>10:15 Cottage 2 Program</u> <u>10:15 Stretch & Strength/1st & 2nd Fl Lounges</u> <u>11:00 Cottage 1 Program</u> <u>1:30 Bingo/1st Fl</u></p>	<p>28. <u>10:00 Walks</u> <u>1:00 Resident Council Meeting /1st Fl</u> <u>1:00 Music Time /1st Fl</u> <u>2:15 Music Time /2nd Fl</u> <u>3:00 Cottage 1,2,&3 Music Programs</u></p>	<p>29. <u>9:15 Cottage 1 Program</u> <u>9:30 News & Views/1st Fl</u> <u>10:15 Cottage 2 Program</u> <u>10:30 News & Views/2nd Fl</u> <u>11:00 Cottage 3 Program</u> <u>1:00 Walks</u> <u>2:15 Bingo/2nd Fl</u></p>	<p>30. <u>1:00 Fitness /1st Fl Lounge</u> <u>1:45 Fitness /2nd Fl Lounge</u> <u>2:30 Cottage 2 Music with Heather</u> <u>3:00 Cottage 3 & 1 Walks & Visits</u></p>
<p>31. Sunday Services Canceled</p>	<p>**Please note: There will be ongoing One to One Visits in Complex Care and Cottages 1, 2 & 3</p>	<p><u>Weekly Cottage Programs Formats</u> <u>Mondays-Physical</u> <u>Tuesday-Cognitive</u> <u>Wednesday-Creative & Physical</u> <u>Thursday-Musical</u> <u>Friday-Cognitive</u> <u>Saturday -Musical Pastoral & Physical</u></p>	<p><u>Program /Event Information:</u></p> <ul style="list-style-type: none"> If You Have Any Questions Regarding the Programs, or Calendar, please Contact Kathleen in Recreation Services at Extension 105. Attention Residents & Family Members, For Any Site Concerns Please Contact Our Site Leader Chris Evans, at Extension 102. 			