December 2020

Sprucewood Place

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 **DECORATING FOR CHRISTMAS** 1:1 Visits & Active Engagement Visits 10:00 am Creative Doodle (DR) **1:30 pm Tuck Shop (DR)**	**2** 2:00 pm 1:1 Visits 3:00 pm Info & Education (DR) 6:30 pm Watercolour Painting (DR) 7:30 pm Open Activity (DR)	**3** 2:00 pm 1:1 Visits 3:45 pm Spiritual Discussions (DR) † 7:30 pm Music Appreciation (DR)	**4** 2:00 pm Hot Chocolate & Treats (DR) 3:00 pm Bingo (DR) 6:30 pm Bible Readings (DR) † 7:30 pm Virtual Tour (DR)	**5** 2:00 pm 1:1 Visits 3:30 pm Mindful Yoga (L) 6:30 pm Artists In Training (DR) 7:30 pm Live Music Concerts (DR)
6 2:00 pm Puzzles (DR) 3:30 pm Fun & Fitness (L) 6:30 pm Biblical Reflections (DR) † **7:30 pm Christmas Card Making (DR)**	**7** 2:00 pm 1:1 Visits 3:30 pm Devotions (DR) † **6:30 pm Christmas Candy Grams (DR)** 7:30 pm Dice Games (DR)	**8** 10:00 am 1:1 Visits **1:30 pm Tuck Shop (DR)** 3:45 pm Name That Tune (DR) 6:30 pm Creative Doodle (DR) 7:30 pm HOY Card Game (DR)	**9** 9:30 am News & Views (DR) 11:00 am Mindful Yoga (L) 1:30 pm Guided Relaxation (201) 3:00 pm Bingo (DR)	**10** 9:30 am Bible Readings (DR) † 1:30 pm Word Searches (DR) 2:30 pm Good Ol' Days (DR) **3:30 pm Christmas Craft (DR)**	**11** 9:30 am Fun & Fitness (L) 3:15 pm Music Appreciation (DR) 6:30 pm Artists In Training (DR) 8:00 pm Hot Chocolate & Treats (DR)	**12** 2:30 pm 1:1 Visits 3:30 pm Biblical Reflections (DR) † 6:30 pm Dice Games (DR) 7:30 pm Ceramics (DR)
13 2:30 pm Dance-ercise (DR) **3:30 pm Christmas Card Making (DR)** 6:30 pm Humour Group (DR) 7:30 pm HOY Card Game (DR)	**14** 2:30 pm Bible Studies Group (L) † 3:30 pm Music Appreciation (DR) 6:30 pm Discuss & Recall (DR) 7:30 pm Virtual Tour (DR)	**15** **1:30 pm Tuck Shop (DR)** 3:45 pm Word Searches (DR) 3:45pm Mindful Yoga (201) 6:00 pm 1:1 Visits 7:30 pm Bingo (DR)	**16** 2:00 pm Hot Chocolate & Treats (DR) 3:00 pm Fun & Fitness (L)	**17** **3:45 pm Christmas Musical Oldies with Ralph (DR)** **6:30 pm Christmas Craft (DR)** 7:30 pm Scattergories Game (DR)	**18** 2:00 pm 1:1 Visits **3:30 pm Milestones Stadium Heights (DR)** 6:30 pm Biblical Reflections (DR) † 7:30 pm Dice Games (DR)	**19** 2:00 pm 1:1 Visits **3:30 pm Milestones Hollywood Boulevard (DR)** 6:30 pm Creative Doodle (DR) 7:30 pm Music Appreciation (DR)
20 2:00 pm Junk Drawer Detective (DR) **3:00 pm Christmas Bingo (DR)** 6:30 pm Open Activity (DR) 7:30 pm Documentary (DR)	**21** 2:00 pm 1:1 Visits 3:45 pm Dance-ercise (DR) **6:30 pm Christmas I-Spy (DR)** **7:30 pm Christmas Music Appreciation (DR)**	**22** 10:00 am 1:1 Visits **1:30 pm Tuck Shop (DR)** **3:00 pm Christmas Candy Gram & Gift Delivery by Rec** **6:30 pm The Nativity Story (DR)** 7:30 pm Comedy Show (DR)	**23** 9:30 am News & Views (DR) **10:30 am Christmas Trivia (DR)** **1:30 pm Christmas Craft (DR)** **3:30 pm Virtual Christmas Lights Tour (DR)**	**24** **9:30 am Christmas Short Stories (DR)** 10:30 am 1:1 Visits **1:30 pm Christmas Word Searches (DR)** **2:30 pm Christmas Movie (DR)**	**25** Merry Christmas	**26** Happy Boxing Day
27 2:30 pm Yahtzee (DR) 3:30 pm Healing Sounds (201) 6:30 pm Cranium Crunches (DR) 7:30 pm Travel Movie (DR)	**28**	**29** **1:30 pm Tuck Shop (DR)** 3:45 pm Word Searches (DR) 6:00 pm 1:1 Visits 6:30 pm Biblical Reflections (DR) † 7:30 pm Bingo (DR)	**30** 2:00 pm Creative Doodle (DR) **3:30 pm New Year's Matching Game (DR)** 6:30 pm You Be The Judge (DR) 7:30 pm Live Music Concerts (DR)	**31** 2:00 pm 1:1 Visits **3:45 pm New Year's Eve Trivia (DR)** 6:30 pm Dice Games (DR) **7:30 pm New Year's Eve: Countdown to 2021**		

FIRST SITTING
Breakfast 8:00 - 8:45 am
Lunch 11:45 am - 12:30pm
Supper 4:45 - 5:30 pm

SECOND SITTING
Breakfast 8:45 - 9:30 am
Lunch 12:30pm-1:15pm
Supper 5:30 - 6:15 pm

LEGEND
DR -- Dining Room
L -- Meet in Lobby
O -- Outside
104, 201 -- Rooms 301

** Recreation Programs are subject to change without notice