









Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 10:00 a.m. Helping hands Décor. 11:00 a.m. Manicure 2:00 p.m. Trivia(AB) 2:00 p.m. Music Therapy(CD) 6:00 a.m. Bingo(AB)	<b>2</b> 10:00 a.m. Exercise(AB) 2:00 p.m. Room Visits 2:30 p.m. Helping Hands Décor. 6:00 p.m. Painting to Music (CD)	<b>3</b> 10:00 a.m. Exercise(CD) 11:00 a.m. Sensory Room Visits 2:00 p.m. Helping Hands Décor. 6:00 p.m. Word Games(AB)	<b>4</b> 10:00 a.m. Aroma Therapy 2:00 p.m. Bingo(CD) 2:00 p.m. Music Therapy(AB) 6:00 p.m. Trivia(CD)	<b>5</b> 10:00 a.m. Sensory Room Visit 10:45 a.m. Catholic Mass 2:00 p.m. This month in history (AB) 3:00 p.m. Music Therapy (CD)
<b>6</b> Skype/Face time with family member	<b>7</b> 10:00 a.m. Hymn Sing 2:00 p.m. Word Games(AB) 2:00 p.m. Painting to Music (CD) 6:00 p.m. Trivia(AB)	<b>8</b> 10:00 a.m. Music Therapy. 11:00 a.m. Classical Indian Music 2:30 p.m. Residents Council Meeting 6:00 p.m. Bingo(CD)	<b>9</b> 10:00 a.m. Exercise(AB) 2:30 p.m. Helping hands Décor. 6:00 p.m. Word Games (AB)	<b>10</b> 10:00 a.m. Music Therapy 11:00 a.m. Manicure 2:00 p.m. Helping Hands Décor. 6:00 p.m. Painting to Music (CD) <small>Hanukkah Begins</small>	<b>11</b> 10:00 a.m. Exercise(CD) 2:00 p.m. Bingo (AB) 2:00 p.m. Happy Hour (Mobile Cart) 6:00 p.m. Word Games(AB)	<b>12</b> 10:00 a.m. Sensory Room Visit 10:45 a.m. Animal World 2:00 p.m. Music Therapy (AB) 3:00 p.m. Armchair Travel Day (CD)
<b>13</b> Skype/Face time with family member	<b>14</b> 10:00 a.m. Hymn Sing 2:00 p.m. Room Visits 6:00 p.m. Trivia(CD)	<b>15</b> 10:00 a.m. Helping hands Décor 11:00 a.m. Manicure 2:00 p.m. Creative of Arts 6:00 p.m. Bingo(AB)	<b>16</b> 10:00 a.m. Exercise(AB) 2:00 p.m. Celebration of Life 6:00 p.m. Creative of Arts (CD)	<b>17</b> 10:00 a.m. Exercise(CD) 11:00 a.m. Room Visits 2:00 p.m. Creative of Arts (AB) 6:00 p.m. Board Games. (CD)	<b>18</b> 10:00 a.m. Aroma Therapy 2:00 p.m. Bingo(AB) 2:00 p.m. Painting to Music (CD) 6:00 p.m. Trivia(AB)	<b>19</b> 10:00 a.m. Room Visit 10:45 a.m. Trivia 2:00 p.m. X'mas Caroling (AB) 3:00 p.m. X'mas Caroling (CD)
<b>20</b> Skype/Face time with family member	<b>21</b> 10:30 a.m. Hymn Sing 2:00 p.m. Creative of Arts (AB) 2:00 p.m. Music Therapy (CD) 6:00 p.m. Trivia(AB) <small>Winter Begins</small>	<b>22</b> 10:00 a.m. X'mas Caroling 11:00 a.m. Classical Indian Music 2:00 p.m. Room Visits 6:00 p.m. Bingo(CD)	<b>23</b> 10:00 a.m. Merry Christmas Neighborhood(N1)  2:00 p.m. Merry Christmas Neighborhood(N2)	<b>24</b> 10:00 a.m. Merry Christmas South (AB)  2:00 p.m. Merry Christmas South (CD)	<b>25</b> 10:00 a.m. X'mas Movie 2:00 p.m. X'mas Caroling 2:00 p.m. Movie <small>Christmas</small>	<b>26</b> 10:00 a.m. Room Visit 10:45 a.m. Catholic Mass 2:00 p.m. Music Therapy (AB) 3:00 p.m. Armchair Travel <small>Boxing Day (Canada) Kwanzaa Begins</small>
<b>27</b> Skype/Face time with family member	<b>28</b> 10:30 a.m. Kirtan Prayer Group 2:00 p.m. Word Games(AB) 2:00 p.m. Painting to Music (CD) 6:00 p.m. Trivia(AB)	<b>29</b> 10:00 a.m. Exercise (AB) 11:00 a.m. Sensory room visit 2:00 p.m. Room Visits 6:00 p.m. Bingo(CD)	<b>30</b> 10:30 a.m. Exercise(CD) 11:00 a.m. Manicure 2:30 p.m. Room visits 6:00 p.m. Bingo (AB)	<b>31</b> 10:30 a.m. New Year's Eve. Event South. 2:30 p.m. New Year's Eve. Event North <small>New Year's Eve</small>	 <p style="text-align: center;"> <b>We offer family to enjoy            "face time or skype"            with residents.            Please contact us            Tel. 604-588-3424 ext. 106</b> </p>	

Some Activities programs are on hold and subject to cancel to address essential services.

Notes: AB= 1<sup>st</sup> floor South neighborhood CD= 2<sup>nd</sup> floor South neighborhood

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 10:00 a.m. Helping hands Décor. 2:00 p.m. Music Therapy(N2) 2:00 p.m. Word Games(N1)	<b>2</b> 10:00 a.m. Exercise(N1) 10:30 a.m. Exercise(N2) 11:00 a.m. Manicure 2:00 p.m. Helping Hands Décor.	<b>3</b> 10:00 a.m. Exercise(N1) 10:30 a.m. Exercise(N2) 2:00 p.m. Helping Hands Décor.	<b>4</b> 10:30 a.m. Music & Exercise(N1) 10:30 a.m. Exercise(N2) 11:00 a.m. Room Visits 2:00 p.m. Word Games(N1) 2:00 p.m. Armchair Travel (N2)	<b>5</b> 10:30 a.m. Music & Exercise(N2) 2:00 p.m. Bingo(N1)
<b>6</b> 10:00 a.m. Music Therapy (N1) 10:30 a.m. Catholic Mass 2:00 p.m. Music Therapy (N2) 2:00 p.m. Movie	<b>7</b> 10:30 a.m. Aroma Therapy 10:30 a.m. Trivia(N1) 11:00 a.m. Room Visits 2:00 p.m. Oriental Musical Instruments(N2) 2:00 p.m. Armchair Travel (N1)	<b>8</b> 10:00 a.m. Exercise(N1) 10:30 a.m. Armchair Travel (N2) 2:30 p.m. Residents Council Meeting	<b>9</b> 10:00 a.m. Exercise(N1) 10:30 a.m. Exercise(N2) 11:00 a.m. Manicure 2:30 p.m. Helping hands Décor.	<b>10</b> 10:00 a.m. Music Therapy (N1) 10:30 a.m. Music Therapy (N2) 2:00 p.m. Helping Hands Décor. <small>Hanukkah Begins</small>	<b>11</b> 10:30 a.m. Exercise(N2) 11:00 a.m. Room Visits 2:00 p.m. Painting to Music (N1)	<b>12</b> 10:00 a.m. Music & Exercise(N2) 2:00 p.m. Bingo(N1)
<b>13</b> 10:00 a.m. Music Therapy (N1) 10:30 a.m. Catholic Mass 2:00 p.m. Music Therapy (N2) 2:00 p.m. Movie	<b>14</b> 10:30 a.m. Worship song(N2) 10:30 a.m. Exercise(N1) 11:00 a.m. Room Visits. 2:00 p.m. East-Indian Movie Club (F) 2:00 p.m. Movie( N1)	<b>15</b> 10:00 a.m. Helping hands Décor 11:00 a.m. Room Visits 2:00 p.m. Happy Hour (Mobile cart)	<b>16</b> 10:00 a.m. Exercise(N1) 10:30 a.m. Exercise(N2) 11:00 a.m. Manicure 2:00 p.m. Celebration of Life	<b>17</b> 10:00 a.m. Music Therapy (N1) 10:30 a.m. Music Therapy (N2) 2:00 p.m. Word Games(N2) 2:00 p.m. Painting to Music	<b>18</b> 10:30 a.m. Exercise(N2) 11:00 a.m. Room Visits 2:00 p.m. X'mas Caroling (N1)	<b>19</b> 10:30 a.m. X'mas Caroling (N2) 2:00 p.m. Bingo (N1)
<b>20</b> 10:00 a.m. Music Therapy (N1) 10:30 a.m. Catholic Mass 2:00 p.m. Music Therapy(N2) 2:00 p.m. Movie	<b>21</b> 10:00 a.m. Music Therapy(N1) 10:30 a.m. Worship song(N2) 11:00 a.m. Room Visits 2:00 p.m. East-Indian Movie Club (F) <small>Winter Begins</small>	<b>22</b> 10:00 a.m. Exercise(N1) 10:30 a.m. Exercise(N2) 2:00 p.m. Movie	<b>23</b>  10:00 a.m. Merry Christmas Neighborhood(N1) 2:00 p.m. Merry Christmas Neighborhood(N2)	<b>24</b>  10:00 a.m. Merry Christmas South (AB) 2:00 p.m. Merry Christmas South (CD)	<b>25</b> 10:00 a.m. X'mas Caroling N1 10:30 a.m. X'mas Movie(N2) 2:00 p.m. Movie <small>Christmas</small>	<b>26</b> 10:00 a.m. Music & Exercise(N2) 2:00 p.m. Bingo(N1) <small>Boxing Day (Canada) Kwanzaa Begins</small>
<b>27</b> 10:00 a.m. Music Therapy(N1) 10:30 a.m. Catholic Mass 2:00 p.m. Music Therapy (N2) 2:00 p.m. Movie	<b>28</b> 10:00 a.m. Trivia (N1) 10:30 a.m. Kirtan Prayer Group(N2) 11:00 a.m. Room Visits 2:00 p.m. Creative of Arts (N1)	<b>29</b> 10:00 a.m. Exercise(N1) 10:30 a.m. Exercise(N2) 2:00 p.m. East-Indian Movie Club (F)	<b>30</b> 10:00 a.m. Trivia(N1) 10:30 a.m. Music Therapy(N2) 11:00 a.m. Manicure 2:30 p.m. Room visits	<b>31</b> 10:30 a.m. New Year's Eve. Event South. 2:30 p.m. New Year's Eve. Event North <small>New Year's Eve</small>	 <p><b>We offer family to enjoy "face time or skype" with residents. Please contact us Tel. 604-588-3424 ext. 106</b></p>	

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Notes: N1- First floor,

N2- Second floor,

F- Family Room basement.

# Newsletter 2020



## Hilton Villa Care Centre

### Highlights and dates to remember

**5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup> Bingo North neighborhood**  
**every Saturday 2.00 p.m.**

**8<sup>th</sup> 02:30 p.m. Residents Council Meeting**

**14<sup>th</sup>, 21<sup>st</sup>, 29<sup>th</sup>. 2:30 p.m. East Indian Movie Club**

**23<sup>rd</sup> X'mas gift to North neighborhood**  
**residents from Family Council**

**24<sup>th</sup> X'mas gift to South neighborhood**  
**Residents from Family Council**

**31<sup>st</sup> New Year's Eve Celebration**



**Activity providers have created additional safety measures as well as adapted programs for physical distancing to keep residents and staff safe.**



### Welcome New Residents

**Leonard Wilson, Allan Parks, Cheryl Campbell,**

### Happy Birthdays

**Josephine Rogers 2<sup>nd</sup>, Donald Lucak 4<sup>th</sup>, Deo Raj 10<sup>th</sup>,**  
**Valerie Ewen 10<sup>th</sup>, Brian Peters 11<sup>th</sup>, Charles Kinney 14<sup>th</sup>,**  
**John Tylor 14<sup>th</sup>, Bruce Pringle 16<sup>th</sup>, Varvara Zaremba 17<sup>th</sup>,**  
**Irma Kovacs 17<sup>th</sup>, Patricia Johnson 18<sup>th</sup>, Nasib Sangha 19<sup>th</sup>,**  
**Roy Netherton 27<sup>th</sup>, Pritam Lehal 28<sup>th</sup>, Lise Watson 28<sup>th</sup>,**  
**David Zuchkan 28<sup>th</sup>, Kathryn Gagnon 31**

**We offer family to enjoy window visits and virtual visits “face time or Skype” with residents. Please contact us. Tel. 604-588-3424 ext. 129**

**If you have any questions or need to know more about COVID-19, Please feel free to email us: [covid-19@parkplaceseniorsliving.com](mailto:covid-19@parkplaceseniorsliving.com)**

