

Closing Date: Dec 31, 2020 at 0900H

POSITION AVAILABLE – Resident Assistant (Out Of Scope)
EMPLOYMENT OPPORTUNITY - Casual
WAGE RATE - Dependant on Qualified Experience

POSITION SUMMARY:

In keeping with the Mission, Vision and Values of PPSL, the Resident Assistant (RA), in collaboration with the interdisciplinary team, provides a variety of services to maintain and support activities of daily living for our residents under the supervision of a licensed Health Care Professional. This position is created on the principles of integrated nursing, and includes providing social interaction family and community connection, support, personal care, housekeeping responsibilities, and other tasks as designated. The RA practices in a setting where the client care needs are established and changes in health condition are predictable and ensure a commitment to PPSL's "Culture of Safety".

TYPICAL DUTIES RESPONSIBILITIES:

A. RESIDENT CARE

1. Meal Assistance

- Resident hand hygiene
- Take orders for Resident's at mealtimes.
- Handing out aprons/clothing protectors before meals and collect after meals.
- Snack/Nutrition Cart and reporting intake to nursing staff for documentation.
- Observes and reports any changes in resident's functional and cognitive behaviour to the Nurse in charge.
- Starting drinks in the dining room with nursing staff coaching, ensuring diet orders are followed.
- Meal time assistance, including feeding.
- Meal assistance for Residents who have swallowing difficulties/Chocking risk.
- Encourages and assists residents to participate in social, physical, spiritual and recreational activities. Assists with portering to recreation programs or events.
- Maintains a clean, safe, homelike environment for residents and staff. Reports unsafe or faulty equipment immediately.
- Ensures care equipment and supplies are used and stored in a safe and efficient manner.
- Helping to clear dining rooms..
- Ensures that resident rights are maintained and respected, which includes confidentiality.
- Practices effective infection control techniques, ensuring a safe work and living environment for co-workers and residents.
- Encourages and adheres to a holistic philosophy of wellness, recognizing that each individual is capable of, to varying degrees; making decisions about his/her life and is a partner in the decision-making.
- Performs other related duties as required.

2. Hygiene and Personal Care

- **Bathing And Skin Care**
 - Complete and partial bed bath.
 - Tub cleaning, disinfecting after baths.
 - Incontinent management and peri-care.



- **Mouth Care**

- Mouth care for residents with natural teeth.
- Mouth care for residents with dentures.

- **Dressing**

- Dressing and undressing resident.
- Applying elastic stockings.

- **Hair Care**

- Shampoo and condition Residents hair.
- Shaving and trimming of hair as needed.

- **AM/HS Care**

3. Transfers and Repositioning.

- Portering Residents to from their rooms.
- Assisting with transfers/mechanical lifts in buddy situations with trained staff.
- Assisting with repositioning.

B. COMMUNICATION

- One on One visits with Residents.
- Assist with resident virtual connection with families.
- Reporting to nursing staff any observations i.e. pain, anxiety.
- Answer call bells and notify nursing staff of needs.

C. LAUNDRY AND HOUSEKEEPING

- Laundry and Garbage disposal.
- Putting laundry away.
- Tidying rooms and organize closets.

QUALIFICATIONS AND EDUCATION:

- High school diploma or equivalent preferred.
- Ability to read, write, speak and follow verbal command in English.
- Basic computer skills with experience or ability to learn electronic health record systems.
- Ability to work independently, as well as part of a team.
- Flexible with shift schedules and assignments.
- Completion of the Comfort Care Module level 1.

WORKING CONDITIONS AND PHYSICAL ENVIRONMENT:

PHYSICAL DEMANDS:

The RA position requires a significant amount of lifting, walking, reaching, bending, pushing and sitting. In an average day, the employee spends 2 to 6 hours standing and walking, lifts a maximum of 50 lbs to waist level and engages in frequent lifting or carrying of 20 lbs. The RA position requires problem solving, flexibility in dealing with residents, co-workers and families and the ability to manage stressful situations with dexterity and in a positive and respectful manner.

The RA requires an individual to:

- Be well groomed, adhere to the care centre's dress code policy
- Be a team player and work in a constructive manner with co-workers and other departments
- Must be in good health and free from communicable diseases, physically able to perform repetitive tasks, lift, squat, bend, stand and walking as required to perform the duties of the position.
- Promotes, encourages and demonstrates excellent customer relations and consistently shows courtesy, caring, understanding, compassion and respect for residents, families, visitors, co-workers and volunteers.



OTHER:

- Demonstrates an awareness of accident and injury prevention
- Adheres to safe work practices and procedures;
- Promotes and fosters our workplace Health and Safety Program a safe environment for co-workers, residents, families, visitors and volunteers
- Responsible for maintaining self-wellness and reduced absenteeism

APPLY TO

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A CURRENT AND CLEAR CRIMINAL RECORDS CHECK IS REQUIRED FOR ALL NEW EMPLOYEES