

April 2020

4:37 PM
6/4/2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 Corn Chowder Broccoli Salad ☺Roast Beef Dinner (GF), Yorkshire Pudding & Gravy Seafood Salad & a Croissant Garnished w/ Fresh Fruit Brussels Sprouts or Green Beans Mashed Potato Pumpkin Pie or ▼ Fruit	30 Turkey Vegetable Harvest Salad Polynesian Pork Chop (GF) Country Sausage (GF), Fried Onions & Gravy Sauerkraut or Garden Mixed Veg. Cherries Jubilee or ▼ Fruit	31 Borscht Soup Tomato & Cucumber w/ Sour Cream Dressing Kubassa, Cabbage Rolls & Perogies Beef Stew (GF) & Biscuit on the Side Fancy Mixed Veg. Mashed Potato or Buttertart Square or ▼ Fruit	1-Apr Manhattan Clam Chowder Veggies & Dip Country Fried Chicken Shepherds Pie Peas or Corn Mashed Potato Strawberry Mousse or ▼ Fruit	2 Beef Vegetable Greek Salad Pork Tenderloin Cutlet, Apple Sauce & Gravy Chef's Salad & Garlic Toast Garden Mixed Veg. Mashed Potato Rice Pudding or ▼ Fruit	3 Chicken Noodle Soup Cucumber Salad Louisiana Ribs (GF) ☺Dill Salmon(GF) & Hollandaise Sauce Broccoli or Baked Beans Rice or Baked Potato Trifle Cake or ▼ Fruit	4 Italian Tomato & Rice Soup Spinach & Fruit Dressing Swedish Meatballs (GF) ☺Greek Chicken Salad (GF) Sliced Beets or PEI Mixed Veg. Mashed Potato or Noodles Chocolate Cake or ▼ Fruit
5 Cream of Squash Kale & Spinach Salad Chicken Cordon Bleu & Mushroom Sauce Chef Salad Yams or Peas Roasted Potato Cherry Pie or ▼ Fruit	6 Vegetable Soup Diplomat Salad Sweet & Sour Pork Button Bones (GF) Grilled Tilapia & Tartar Sauce Corn or Cauliflower Mashed Potato or Rice Maple Walnut Ice Cream or ▼ Fruit	7 Beef Rice Caesar Salad Spaghetti & Meatsauce Chicken Stir-Fry Stir-Fry Veg Rice or Mashed Potato Bread Pudding or ▼ Fruit	8 Cream of Tomato California Salad Beef Goulash (GF) Spinach & Cheese Quiche & a Fruit Cup Fancy Mixed Veg. Mashed Potato or Hashbrown Baked Apple Slices w/ Cinnamon or ▼ Fruit	9 French Onion Soup Harvest Salad Ham Steak & Pineapple Ring Stuffed Green Pepper Sliced Beets or PEI Mixed Scalloped or Mashed Potato Pineapple Yumyum Cake or ▼ Fruit	10 German Pea Soup Mushroom Salad ☺Baked Blue Cod Fillet & Tartar Sauce (GF) Chicken Cacciatore California Mix Fettuccine Pasta or Rice Tapioca Pudding or or ▼ Fruit	11 Vegetable Gumbo Beet Salad Pork Chop (GF), Sautéed Apples & Onions Chili Con Carne Turnips or Carrot Coins Steamed Red Potatoes w/ Dill Oatmeal Raisin Cookie or ▼ Fruit
12 Cream of Cauliflower Banana Nut Salad ☺Turkey Dinner, Gravy (GF), Stuffing & Cranberry Sauce Cold Cuts, Croissant, Fruit & Cottage Cheese Yams or Garden Mixed Veg. Mashed Potato Yogurt & Berries ▼ Fruit	13 Beef Rice Soup Tossed Salad Lasagna & Garlic Toast Chicken Burger w/ Lettuce & Tomato Sautéed Zucchini or Peas Mashed Potato or Fries Apple Pie or ▼ Fruit	14 Turkey Cheeseburger Soup Veggies & Dip Bratwurst & Sauerkraut ☺Salmon Rice Bowl & Pineapple Chunks (GF) Broccoli or Braised Red Cabbage Mashed Potato or Rice Butterscotch Pudding or ▼ Fruit	15 Seafood Chowder Mango Bean Salad Veal Cutlet & Gravy Butter Chicken Fancy Mixed Veg. or Parsnips Mashed Potato or Rice Sticky Toffee Pudding or ▼ Fruit	16 Belgian Cabbage Soup Tossed Salad Pork Drummies Tortierre & Gravy PEI Mixed Veg. Mashed Potato or Rice Carrot Cake or or ▼ Fruit	17 Cream of Mushroom Spinach & Mandarin Orange Salad ☺Apple Orchard Pork Chop (GF) & Gravy Fish Burger Peas or Butternut Squash Mashed Potato or Fries Strawberry Rhubarb Custard or ▼ Fruit	18 Wonton Soup Chinese Noodle Salad Ginger Beef & Springroll Pineapple Chicken Balls Veg. Stir-Fry Rice or Mashed Potato Blurberry Pie or ▼ Fruit
19 Bean & Mushroom Soup Spinach Salad & Strawb. Vinaigrette ☺Veal Roast & Gravy (GF) Chicken Catalina Brussels Sprouts or Cauliflower Mashed Potato Chocolate Sundae or ▼ Fruit	20 Chicken Vegetable Melon Salad Liver & Onions with Bacon & Gravy (GF) Pulled Beef on a Bun Garden Mixed Veg. Mashed Potato Coconut Mousse or ▼ Fruit	21 Potato Corn & Green Pepper Soup Caesar Salad ☺Cajun Grilled Tilapia & Tartar Sauce (GF) Danish Meatloaf & Gravy Fancy Mixed or Sliced Beets Rice Pilaf or O'Brien Potato Pineapple Yumyum or ▼ Fruit	22 Cream of Broccoli Quinoa Salad Turkey a la King Vegetarian Lasagna & Garlic Toast Carrots or Broccoli Mashed Potato Butter Tart Square or ▼ Fruit	23 Cream of Carrot & Ginger Soup Tossed Salad Cheeseburger Chicken Parmeglana Peas or Corn Mashed Potato or Fries Butter Pecan Ice Cream or ▼ Fruit	24 Chicken Rice Soup Mimosas Salad Garlic Shrimp (GF) Country Sausage, w/ Fried Onion & Gravy (GF) Green Beans or Oriental Mixed Veg. Rice Pilaf or Mashed Potato Brownie or ▼ Fruit	25 Manhattan Clam Chowder Cucumber Salad Tortierre & Gravy ☺Chicken & Mushroom Sauce PEI Mixed Mashed Potato Strawberry Rhubarb Pie or ▼ or Fruit
26 Italian Tomato & Rice Soup Coleslaw ☺ Pork Roast w/ Sautéed Apple & Onions ☺ Chicken Salad (GF) & Honey Mustard Dressing Butternut Squash or Fancy Mixed Veg. Roasted Potatoes Black Forest Cake or ▼ or Fruit	27 Chicken Noodle Soup Kale Slaw Louisiana Ribs Pancake & Sausage Corn or Peas Mashed Potato or Fries Choc.Mint Ice Cream or ▼ Fruit	28 Cream of Vegetable Green Salad w/ Walnut & Raisin Roast Beef Dinner & Gravy ☺ Baked Cod (GF) & Tartar Sauce Brussels Sprouts or Carrots Mashed Potato Pecan Pie or ▼ Fruit	29 Tomato Vegetable Soup Caesar Salad Grilled Pork Chop & Apple Sauce Chicken Wings, Veggies & Dip Cream of Corn or Sliced Beets Mashed Potato or Potato Salad Apple Crumble or ▼ Fruit	30 Ham & Lentil Soup Creamy Dill Tomato Salad Salisbury Steak, Sautéed Onion & Gravy (GF) ☺Vegetarian Chili (GF) Sautéed Mushrooms or Green Beans Roasted Red Potatoes Peach Mango Mousse or ▼ Fruit	1-May Borscht Broccoli Salad ☺Grilled Haddock & Lemon Sauce (GF) Kubassa, Cabbage Rolls & Perogies Garden Mixed Mixed Mashed Potato or Perogies Spice Rum Cake or ▼ Fruit	2 Beef Vegetable Soup Mushroom Salad ☺ BBQ Chicken Drumsticks (GF) Beef Tortellini w/ Garlic Toast & Tomato Sauce Corn or Sautéed Zucchini Mashed Potato or Potato Wedges Cookies & Cream Ice Cream or ▼ Fruit

A La Carte Menu Available

☺Denotes nutritional choices which are moderate to low in fat and salt if ordered w/o croissant,fries,tartar sauce gravy

♣ Denotes as vegetarian cuisine

♥ Denotes low in sugar fat

GF=Gluten Friendly