











**Independent Living**  
**MARCH 2020**

**WEXFORD CREEK**  
**RECREATION SERVICES**  
**Calendar of Program and Events**







SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1. 2:00 Worship Service With Wakesiah Gospel/MPR</p>	<p>2. 10:15 Fitness /MPR 1:30 Knitting/MPR 3:00 Singing Time /2nd Fl Lounge 7:00 Games/Dining</p>	<p>3. 10:00 Coffee Time/ 2nd Fl Al Lobby 1:30 Crib /1st Fl Lounge 1:30 Bowling/MPR 3:00 Lets Chat /Private Dining 7:00 Games/Dining</p> 	<p>4. 10:30 Stretch &amp; Strength/MPR 1:00 Baking &amp; Social/MPR 7:00 Games/Dining</p>	<p>5. 10:00 Coffee Time /2nd Fl Al Lobby 10:15 Hymn Sing with Keith/MPR 11:30 Choir /MPR 1:30 Bingo/MPR 2:30 Afternoon Tea /Dining 7:00 Games/Dining</p> 	<p>6. 10:30 Arts &amp; Crafts /MPR 2:00 Music with The Allison Humphries/MPR 7:00 Games /Dining</p> 	<p>7. 1:30 Fun &amp; Fitness /MPR</p>
<p>8.  2:00 Worship Service with The Salvation Army /MPR</p>	<p>9. 10:15 Fitness /MPR 1:30 TV Time /MPR 3:00 Singing Time /2nd Fl Lounge 7:00 Games/Dining</p> 	<p>10. 10:00 Coffee Time/ 2nd Fl Al Lobby 10:30 Morning Drive 1:30 Crib /1st Fl Lounge 1:30 Word Games/2nd Fl CC 7:00 Games/Dining</p>	<p>11. 10:30 Stretch &amp; Strength/MPR 2:00 March Birthday Celebration With Music By Wayne /IL Dining Room 7:00 Games/Dining</p> 	<p>12. 10:00 Coffee Time /2nd Fl Al Lobby 10:15 Rosary/MPR 10:30 Catholic Mass /MPR 11:30 Choir /MPR 1:30 Bingo/MPR 7:00 Games/Dining</p>	<p>13. 10:30 Arts &amp; Crafts /MPR 2:00 Music with The Some timers /MPR 7:00 Games /Dining</p>	<p>14. 1:30 Fun &amp; Fitness /MPR</p>
<p>15. No Worship Service Today </p>	<p>16. 10:15 Fitness /MPR 1:30 Knitting /MPR 3:00 Singing Time /2nd Fl Lounge 7:00 Games/Dining</p>	<p>17. 10:00 Coffee Time /2nd Fl Al Lobby 1:30 Crib/1st Fl Lounge 2:00 St Patrick's Celebration with Paradise Isle/MPR 7:00 Games/Dining</p>  	<p>18. 10:00 Stretch &amp; Strength/MPR 2:00 Worship Service and Communion with Brechin United Church /MPR 7:00 Games/Dining</p>	<p>19. 10:00 Coffee Time /2nd Fl Al Lobby 11:30 Choir /MPR 1:30 Bingo/MPR 2:30 Afternoon Tea /Dining 7:00 Games/Dining</p>	<p>20. 10:30 Arts Crafts /MPR 2:00 Music with Nanaimo Accordion Band /MPR 7:00 Games /Dining</p> 	<p>21. 1:30 Fun &amp; Fitness /MPR</p>

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**Calendar of Program and Events Continued**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>22. 2:00 Worship Service with St. Paul's Lutheran /MPR</p>	<p>23. 10:15 Fitness /MPR </p> <p>1:30 TV Time/MPR</p> <p>3:00 Singing Time /2nd Fl Lounge</p> <p>7:00 Games/Dining</p>	<p>24. 10:00 Coffee Time /2nd Fl Al Lobby</p> <p>10:30 Morning Drive</p> <p>1:30 Crib/1st Fl Lounge</p> <p>3:00 Lets Chat /Private Dining</p> <p>7:00 Games/Dining</p>	<p>25. 10:30 Stretch &amp; Strength/MPR</p> <p>2:00 Worship Service &amp; Hymn Sing with First Baptist Church /MPR</p> <p>7:00 Games/Dining</p>	<p>26. 10:00 Coffee Time /2nd Fl Al Lobby</p> <p>10:00 Sing with Keith/2nd FL CC Dining </p> <p>11:30 Choir/MPR</p> <p>1:30 Bingo/MPR</p> <p>7:00 Games/Dining</p>	<p>27. 10:30 Arts &amp; Crafts/MPR</p> <p>2:00 Music with Canadian Suite Duo/MPR</p> <p>7:00 Games /Dining</p>	<p>28. 1:30 Karaoke/2nd FL CC Dining </p>
<p>29. 2:00 Good Friends Gospel Hour/MPR </p>	<p>30. 10:15 Fitness /MPR</p> <p>3:00 Singing Time/2nd Fl Lounge</p> <p>7:00 Games/Dining</p>	<p>31. 8:30 Men's Breakfast/MPR</p> <p>10:00 Coffee Time /2nd Fl Al Lobby</p> <p>1:30 Crib/1st Fl Lounge</p> <p>1:30 For Fun Musicians Visit/MPR</p> <p>7:00 Games/Dining</p>		<p><b>** MPR is 1st Floor Multi Purpose Room*</b></p> <p><b>** CC is Complex Care Dining</b></p>	<p><b>*Please Note that the calendar is subject to changes, Please check daily Recreation Boards</b></p>	





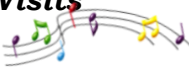



**Program Information:**

1. Attention: Please Check The Daily Boards For Any Changes, and or Program Location Updates.
2. For Any Site Concerns Please Contact Our Site Manager Sue Ball.

# Residential Care MARCH 2020

## WEXFORD CREEK RECREATION SERVICES Calendar of Programs and Events



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1. <b>2:00 Worship Service With Wakesiah Gospel/MPR</b></p>	<p>2. <b>10:15 Fitness/MPR</b> <b>10:00 Cottage 1 Program</b> <b>11:00 Cottage 2 Program</b> <b>1:00 Cottage 3 Visits</b> <b>2:00 Knitting/Art Time/MPR</b></p>	<p>3. <b>10:30 Cottage Drive</b> <b>10:30 Cottage 3 Program, Cottage 1 &amp; 2 Visits</b> <b>1:30 Bowling/MPR</b> <b>*Walks and 1 to 1 Visits Throughout The Day</b></p>	<p>4. <b>10:30 Stretch &amp; Strength/MPR</b> <b>1:20 Cottages 3, 2 &amp; 1 Music with Keith</b> <b>1:30 Baking &amp; Social/MPR</b> <b>*Walks and 1 to 1 Visits All Day</b></p>	<p>5. <b>10:00 Hymn Sing /MPR</b> <b>1:20 Cottages 3,2 1 Music Programs</b> <b>1:30 Bingo/MPR</b></p>	<p>6. <b>10:00 Cottage 3 Program</b> <b>10:30 Arts &amp; Crafts /MPR</b> <b>11:00 Cottage 1 Program</b> <b>2:00 Music with Allison/ MPR</b> <b>2:00 Cottage 2 Birthday Program</b></p> 	<p>7. <b>1:30 Fitness /MPR</b> <b>3:00 Cottage 3 Hymns with Heather &amp; Cottage Visits</b></p>
<p>8. <b>2:00 Worship Service With The Salvation Army MPR</b></p>	<p>9. <b>10:15 Fitness/MPR</b> <b>10:00 Cottage 2 Program</b> <b>11:00 Cottage 3 Program</b> <b>1:00 Cottage 1 Visits</b> <b>1:30 TV Time /MPR</b></p> 	<p>10. <b>9:30 News Group/1st</b> <b>10:30 Morning Drive</b> <b>10:40 Cottage 1 Program &amp; Cottage 2 &amp; 3 Visits</b> <b>1:30 Word Games/2nd FL Dining</b> <b>*Walks Throughout The Day</b></p> 	<p>11. <b>10:00 Stretch &amp; Strength /MPR</b> <b>1:20 Cottages 3, 2 &amp; 1 Music with Keith</b> <b>2:00 March Birthday Celebration Music with Wayne</b> <b>/2nd Fl IL Living Dining</b></p> 	<p>12. <b>9:30 Music with Keith/1st Dining</b> <b>10:15 Rosary/MPR</b> <b>10:30 Catholic Mass/MPR</b> <b>10:30 Keith/2nd Fl Dining</b> <b>1:20 Cottages 3,2 1 Music Programs</b> <b>1:30 Bingo/MPR</b></p>	<p>13. <b>10:00 Cottage 3 Program</b> <b>10:30 Arts &amp; Crafts MPR</b> <b>11:00 Cottage 2 Program</b> <b>2:00 Sometime's Music Show/MPR</b> <b>2:00 Cottage 1 Birthday Program</b></p>	<p>14. <b>1:30 Fitness /MPR</b> <b>3:00 Cottage 1 Hymns with Heather &amp; Cottage Visits</b></p> 
<p>15. <b>No Worship Service Today:</b></p> 	<p>16. <b>10:15 Fitness/MPR</b> <b>10:00 Cottage 3 Program</b> <b>11:00 Cottage 1 Program</b> <b>1:30 Resident Council Meeting-Council Members Only/1st Chapel</b> <b>1:30 Cottage 2 Visits</b></p>	<p>17. <b>10:30 Cottage Drive</b> <b>10:30 Cottage 2 Program &amp; 3 &amp; 1 Visits</b> <b>2:00 St Patrick's Day Celebration With Paradise Isle /MPR</b> <b>*Walks and 1 to 1 Visits Throughout The Day</b></p>	<p>18 <b>10:00 Stretch &amp; Strength /MPR</b> <b>12:00 In House Lunch Program/MPR</b> <b>1:20 Cottages 3, 2 &amp; 1 Music with Keith</b> <b>2:00 Worship Service &amp; Communion with Brechin United /MPR</b> <b>*Walks and 1 to 1 Visits All Day</b></p>	<p>19. <b>9:30 Music with Keith/1st Dining</b> <b>9:30 Story Time/ 2nd Fl</b> <b>10:30 Music with Keith/2nd Fl Dining</b> <b>10:30 Story Time/1st Fl</b> <b>1:20 Cottages 3,2 1 Music Programs</b> <b>1:30 Bingo/MPR</b></p>	<p>20. <b>10:00 Cottage 1 Program</b> <b>10:30 Arts &amp; Crafts MPR</b> <b>11:00 Cottage 2 Program</b> <b>2:00 Nanaimo Accordion Band /MPR</b> <b>2:00 Cottage 3 Birthday Program</b></p>  	<p>21. <b>1:30 Fitness /MPR</b> <b>3:00 Cottage 2 Hymns with Heather &amp; Cottage Visits</b></p>





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MARCH 2020**

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**Calendar of Programs and Events Continued**



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>22. 2:00 Worship Service with St. Paul's Lutheran /MPR</p>	<p>23. 10:15 Fitness/MPR  10:00 Cottage 2 Program 11:00 Cottage 3 Program 1:30 Cottage 1 Visits  1:30 TV Time /MPR</p>	<p>24. 10:00 News Group/2nd  10:30 Morning Drive  10:40 Cottage 1 Program &amp; 2 &amp;3 Visits  1:30 Horse Racing /2nd Fl Dining  *Walks and 1 to 1 Visits Throughout The Day</p>	<p>25. 10:30 Stretch &amp; Strength /MPR  1:20 Cottages 3, 2 &amp; 1 Music with Keith  2:00 Worship Service with First Baptist Church/MPR  *Walks &amp; 1 to 1 Visits Throughout The Day</p>	<p>26. 10:15 Singalong with Keith/2nd Fl Dining  1:20 Cottages 3,2 1 Music Programs  1:30 Bingo/MPR  <b>BINGO</b></p>	<p>27. 10:00 Cottage 3 Program  10:30 Arts &amp; Crafts /MPR  11:00 Cottage 2 Program  2:00 Music with Canadian Suite Duo/MPR  2:00 Cottage 1 Program</p>	<p>28. 1:30 Karaoke /2nd Fl Dining  3:00 Cottage 3 Gentle Motion with Heather &amp; Cottage Visits</p>
<p>29. 2:00 Good Friends Gospel Hour/MPR</p> 	<p>30. 10:15 Fitness/MPR  10:00 Cottage 1 Program 11:00 Cottage 2 Program 1:30 Cottage 3 Visits  1:30 Resident General Meeting/MPR</p>	<p>31. 8:30 Men's Breakfast/MPR   10:30 Cottage 3 Program &amp; 1&amp;2 Visits  1:30 For Fun Musicians Visit/MPR  *Walks and 1 to 1 Visits Throughout The Day</p>		<p>** Cottage Music as Therapy Programs with Keith is every Wednesday and Thursday Afternoon These Begin in: Cottage 3 at 1:20PM Cottage 2 at 2:00PM Cottage 1 at 3:00PM</p>	<p>**Please note: There will be ongoing One to One Visits in Complex Care and Cottages 1, 2 &amp; 3</p>	<p>***Calendar subject to change without notice  *** MPR is The 1st Fl Multi Purpose Room</p>

**Program /Event Information:**

- If You Have Any Questions Regarding the Calendar or Volunteer Opportunities, please Contact Kathleen in Recreation Services Located in 1st Floor Entrance Administration.
- Attention Residents, The Next Resident General Meeting Will Be Held On Monday March 30th in The 1st FL Multi Purpose Room.
- For Any Site Concerns Please Contact Our Site Manager Sue Ball.