River Ridge Seniors Village, Supportive Living

March 2020,

Programs are subject to change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
HAPPY STOCKS DAY!	2, 10:30 DVD Yoga in the Theatre 1:15 Afternoon Movie 3:30pm Card Bingo	3, 9:00am Fast Time yoga 9:30pm Painting For Pleasure 10:30 DVD Yoga, Theatre 1:30 Imagination Live 3:30 Resident House Social A fun Filled Hour of Reminice	4, 10:30 DVD Yoga, Theatre 1:30pm St. John Presbyterian Church Service in the Chapel 3:30 Card Bingo 6:30 Live Entertainment, To be Announced Games Room	5, 10:30 Therapeutic Artistic Adult Art, Brain Yoga 10:30 DVD Yoga, Theatre 1:30 Imagination Live 2:15 United Church Service In the Chapel 3:30 Card Bingo	6, 9am Fast Time yoga, Theatre 10:00 Knitting Group With Ethel & Doris 10:30 DVD Yoga, Theatre 1:30 Live Entertainment Rusty Nails, Games Room 3:30 Resident House Social	7, 9:30pm Painting For Pleasure In the Games 1:00 Movie Matinee
8Happy St. Patrick's Day March 17 th	9, 10:30 DVD Yoga in the Theatre 1:15 Afternoon Movie 3:30pm Card Bingo	10, 9:00am Fast Time yoga 9:30pm Painting For Pleasure 10:30 DVD Yoga, Theatre 1:30 Imagination Live 3:30 Resident House Social a fun filled hour of Reminiscing	11, 10am Bake Sale 10:30 DVD Yoga, Theatre 1:30pm Hillcrest Evangelical Hymn Sing in the Games Room 3:30 Card Bingo 6:30 Live Entertainment, Country Friends	12, 10:30 Therapeutic Artistic Adult Art, Brain Yoga 10:30 DVD Yoga, Theatre 1:30 Imagination Live 3:30 Card Bingo	13,9am Fast Time yoga, Theatre 10:00 Knitting Group With Ethel & Doris 10:30 DVD Yoga, Theatre 1:30 Live Entertainment Nuts & Bolts, Games Room 3:30 Resident House Social	14, 9:30pm Painting For Pleasure In the Games 1:00 Movie Matinee
15 Phone #'s Hair Salon 403-878-588 0	16, 9:00am Fast Time yoga 10:30 DVD Yoga, Theatre 1:15pm Afternoon Movie 2:00pm Catholic Church Service in the Games Room 3:30pm Card Bingo	17, 9:00am Fast Time yoga 9:30 Painting For Pleasure 10:30 DVD Yoga, Theatre 1:30 Imagination Live 3:30 Resident House Social Happy St. Patrick's Day Come on out and have your fill of Green Beer.	18, 10:30 DVD Yoga, Theatre 10:30am Resident Meeting 1:15pm Nail Care 3:30pm Card Bingo 6:30 Live Entertainment, The Silver Sage	19, 10:30 Therapeutic Artistic Adult Art, Brain Yoga 10:30 DVD Yoga, Theatre 1:30pm Imagination Live 3:30 Card Bingo	20, 9am Fast Time yoga, Theatre 10:00 Knitting Group 10:30 DVD Yoga, Theatre 1:30pm Live Entertainment Nothing Fancy, Games Room 3:30 Resident House Social	21, 9:30pm Painting For Pleasure In the Games 1:30pm Country Western & Gospel Music, Russell Scheer . GR

22	23, 9:00am Fast Time yoga 10:30 DVD Yoga, Theatre 1:30 Live Entertainment We Three Trio 3:30pm Card Bing	24, 9:00am Fast Time yoga 9:30 Painting For Pleasure 10:30 DVD Yoga, Theatre 1:30 Imagination Live 3:30 Resident House Social a fun filled hour of Reminiscing	1:15pm Nail Care 3:30pm Card Bingo 6:30 Live Entertainment,	26, 10am Hales Hearing Clinic Cleaning & Assessments 10:30 Therapeutic Artistic Adult Art, Brain Yoga 10:30 DVD Yoga, Theatre 1:30 Imagination Live 3:30 Card Bingo	27, 9am Fast Time yoga, Theatre 10:00 Knitting Group With Ethel & Doris 10:30 DVD Yoga, Theatre 1:30 Live Entertainment, GR Birthday Social, Echo's Band 3:30 Resident House Social	28, 9:30pm Painting For Pleasure In the Games 1:00 Movie Matinee
29	30, 9:00am Fast Time yoga 10:30 DVD Yoga, Theatre 1:15pm Afternoon Movie 3:30pm Card Bingo	31, 9:00am Fast Time yoga 9:30 Painting For Pleasure 10:30 DVD Yoga, Theatre 1:30pm Imagination Live 3:30 Resident House Social a fun filled hour of Reminiscing		Hales Hearing Clinic Cleaning & Assessments Wednesday March 26th 10-11am, Family Dining Room on Main St.	March 17 th	PARK PLACE SENTORS LIVING Enriching Lives of Seniors
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2, 9:00 One on One 10:30 Painting 1:15 Afternoon Movie 3:30 Bingo	3, 9:00 One on One 9:30pm Painting For Pleasure 10:30 Trivia, 10:30 Nail Care 1:30pm Imagination Live 3:30 Resident House Social 3:30 Bingo	4, 9:00 One on One 10:30 Morning Walk 1:30 St. John Presbyterian Church Service in the Chapel 3:30 Bingo 6:30 Live Entertainment To be Announced GR	5, 9:00 One on One 10:30am Fun & Fitness, 10:30 Nail care 1:30pm Imagination Live 1:30 United Church Service 3:30 Bingo	6, 9:00 one on one 10:00 Knitting GR 10:45 Song Therapy 1:30 Live Entertainment Rusty Nails , Games Room 3:30 Resident House Social 3:30 Bingo	7, 9:30pm Painting For Pleasure In the Games 1:45 - 2:30pm Ice Cream Treat
8,	9, 9:00 One on One 10:30 Painting 1:15 Afternoon Movie	10, 9:00 One on One 9:30pm Painting For Pleasure 10:30 Trivia, 10:30 Nail Care 1:30pm Imagination Live	11, 9:00 One on One 10:30 Morning Walk 1:30 Hillcrest Evangelical Hymn Sing, in the Games Room	12 9:00 One on One 10:30 Fun & Fitness, Walks 10:30 Nail care 1:30pm Imagination Live	13, 9:00 one on one 10:00 Knitting GR 10:45 Song Therapy 1:30pm Live Entertainment	14, 9:30pm Painting For Pleasure In the Games 1:45 - 2:30pm

3:30 Bingo

Nuts & Bolts

3:30 Bingo

3:30 Resident House Social

Ice Cream Treat

3:30 Bingo

6:30 Live Entertainment

Country Friends GR

3:30 Resident House Social

3:30 Bingo

3:30 Bingo

15 Phone #'s Hair Salon 403-878-5880	16, 9:00 One on One 10:30 Painting 2:00pm Catholic Church Service in the Games Room 3:30 Bingo	17, 9:00 One on One 9:30pm Painting For Pleasure 10:30 Trivia, 10:30 Nail Care 1:30pm Imagination Live 3:30 Resident House Social Happy St. Patrick's Day Come on out and have your fill of Green Beer. 3:30 Bingo	18, 9:00 One on One 10:30 Fun & Fitness 1:15 Wii Game 2:00pm Resident Meeting 3:30pm Bingo 6:30 Live Entertainment Silver Sage	19, 9:00 One on One 10:30 Fun & Fitness, Walks 10:30 Nail care 1:30pm Imagination Live 3:30 Bingo	20, 9:00 one on one 10:00 Knitting GR 10:45 Song Therapy 1:30pm Live Entertainment Nothing Fancy 3:30 Resident House Social 3:30 Bingo	21,9:30pm Painting For Pleasure In the Games 1:30pm Country Western & Gospel Music, Russell Scheer, GR
HAPPY ST DAY!	23, 9:00 One on One 10:30 Painting 1:30pm Live Entertainment We Three trio, Games Room 3:30 Bingo	24, 9:00 One on One 9:30pm Painting For Pleasure 10:30 Trivia, 10:30 Nail Care 1:30pm Imagination Live 3:30pm Resident House Social a fun filled hour of Reminiscing 3:30pm Bingo	25, 9:00 One on One 10:30 Morning Walk 1:30 Wii Game 3:30 Bingo 6:30 Live Entertainment The Bucket Band GR	26, 9:00 One on One 10-11am Hearing Aide Clinic & Cleaning, Family Dining 10:30 Fun & Fitness, Walks 10:30 Nail care 1:30pm Imagination Live 3:30 Bingo	28, 9:00 one on one 10:00 Knitting GR 10:45 Song Therapy 1:30 Live Entertainment Birthday Social, GR The Echo's Band 3:30 Resident House Social 3:30 Bingo	28, 9:30pm Painting For Pleasure In the Games 1:45 - 2:30pm Ice Cream Treat
29	30, 9:00 One on One 10:30 Painting 1:15 Afternoon Movie 3:30 Bingo	31, 9:00 One on One 9:30pm Painting For Pleasure 10:30 Trivia, 10:30 Nail Care 1:30pm Imagination Live 3:30 Resident House Social a fun filled hour of Reminiscing	Wed, March 11th , 10am - 2pm Bake Sale	Hales Hearing Clinic Cleaning & Assessments Thursday March 26 th 10-11am Family Dining Room on Main St.	March 17 th	PARK PLACE SENTORS LIVING Enrichling Lives of Seniors

River Ridge Seniors Village, Long Term Care

March 2020,

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1,	2, 9:00 Soft & Sensitive Yoga 9:30 Morning News 10:30 Painting 1:15 Afternoon Movie 3:30 Card Bingo	3, 9:00 Soft & Sensitive Yoga 9:30 Morning News 1:30 Imagination Live 3:30 Resident House Social a fun filled hour of Reminiscing	4, 9:00 Soft & Sensitive Yoga, Morning News 1:30 St. John Presbyterian Church Service in the Chapel 3:30 Card Bingo 6:30 Live Entertainment To be Announced, GR	5,9:00 Soft & Sensitive Yoga 9:30 Morning News 10:30 Therapeutic Artistic Adult Art, Brain Yoga 1:30 Imagination Live 2:15 United Church Service In the Chapel 3:30 Card Bingo	6, 9:00 Soft & Sensitive Yoga, 10:00 Knitting Group GR 10:45 Song Therapy 1:30 Live Entertainment Rusty nails, Games Room 3:30 Resident House Social	7, 1:45 - 2:30pm Ice Cream Treat
8 March 17th IIAPPY PATRICKS DAY!	9, 9:00 Soft & Sensitive Yoga 9:30 Morning News 10:30 Painting 1:15 Afternoon Movie 3:30 Card Bingo	10, 9:00 Soft & Sensitive Yoga 9:30 Morning News 1:30 Imagination Live 3:30 Resident House Social a fun filled hour of Reminiscing	11, 9:00 Soft & Sensitive Yoga, Morning News 1:30 Hillcrest Evangelical Hymn Sing in the Games Room. 3:30 Card Bingo 6:30 Live Entertainment Country Friends, GR	12, 9:00 Soft & Sensitive Yoga 10:30 Therapeutic Artistic Adult Art, Brain Yoga 1:30 Imagination Live 3:30 Card Bingo	13, 9:00 Soft & Sensitive Yoga, 10:00 Knitting Group 10:30 DVD Yoga, Theatre 1:30pm Live Entertainment Nuts & Bolts, in the Games Room 3:30 Resident House Social	14, 1:45 - 2:30pm Ice Cream Treat
15, Phone #'s Hair Salon 403-878-5880	16, 9:00 Soft & Sensitive Yoga 9:30 Morning News 10:30 Painting 2:00pm Catholic Church Service, in the Games Room 3:30 Card Bingo	17, 9:00 Soft & Sensitive Yoga 9:30 Morning News 1:30 Imagination Live 3:30 Resident House Social Happy St. Patrick's Day Come on out and have your fill of Green Beer.	18, 9:00 Soft & Sensitive Yoga, 9:30am Morning News 10:30am Resident Meeting 1:15pm Nail Care 3:30 Card Bingo 6:30 Live Music, Silver Sage	19, 9:00 Soft & Sensitive Yoga 10:30 Therapeutic Artistic Adult Art, Brain Yoga 1:30 Imagination Live 3:30 Card Bingo	20, 9:00 Soft & Sensitive Yoga, 10:00 Knitting Group 10:30 DVD Yoga, Theatre 1:30 Live Entertainment with Nothing Fancy 3:30 Resident House Social	21, 1:30pm Country Western & Gospel Music, Russell Scheer In the Games Room

22,	23, 9:00 Soft & Sensitive Yoga 9:30 Morning News 10:30 Painting 1:30pm Live Entertainment We Three Trio, Games Room 3:30pm Card Bingo	24, 9:00 Soft & Sensitive Yoga 9:30 Morning News 1:30 Imagination Live 3:30pm Resident House Social a fun filled hour of Reminiscing	25, 9:00 Soft & Sensitive Yoga, Morning News 1:15pm Nail Care 3:30 Card Bingo 6:30 Live Entertainment The Bucket Band, Games Room	26, 9:00 Soft & Sensitive Yoga 10:30 Therapeutic Artistic Adult Art, Brain Yoga 1:30 Imagination Live 3:30 Card Bingo	27, 9:00 Soft & Sensitive Yoga 10:00 Knitting Group 10:45 Song Therapy 1:30 Live Entertainment, GR Birthday Social The Echo's Band 3:30 Resident House Social	28, 1:45 - 2:30pm Ice Cream Treat
29	30, 9:00 Soft & Sensitive Yoga 9:30 Morning News 10:30 Painting 1:15 Afternoon Movie 3:30pm Card Bingo	31, 9:00 Soft & Sensitive Yoga 9:30 Morning News 1:30 Imagination Live 3:30 Resident House Social a fun filled hour of Reminiscing	Wednesday, March 11th 10am - 2pm Bake Sale	Hales Hearing Clinic Cleaning & Assessments Thursday Mar 26th 10-11am Family Dining Room on Main St.	March 17 th	PARK PLACE SENIORS LIVING Enriching Lives of Seniors

River Ridge Seniors Village, Paradise Lane

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