



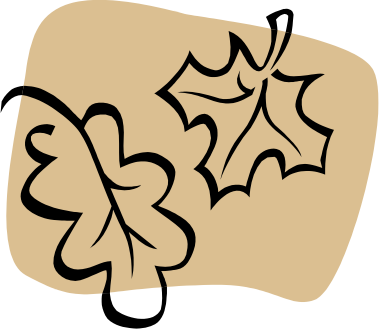
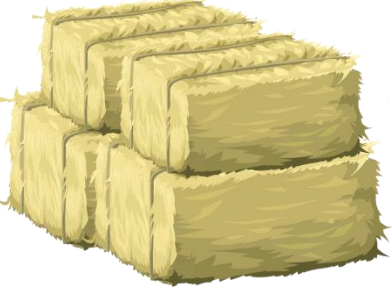


Devonshire Care Centre-Recreation Therapy Calendar- September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Brain Teasers on Avonmore 10:45 Sensory Stimulation on Cambridge 2:00 Sunday Tea and Social in Henley Hall 4:15 Sol Club	2 9:45 Coffee & News on Brighton 10:45 Fitness on Carlton 2:30 Music Appreciation in Activity Room 4:15 Sol Club Labour Day	3 9:30 Come Play with Me on Ascot 10:30 Catholic Service 1:45 Outdoor Walks 4:15 Sol Club 5:30 Resident and Family Barbecue in Henley Hall!	4 9:30 Green Thumbs 11:15 Exercise on Cambridge 1:45 This Day In History in Activity Room 3:15 Sol Club 	5 9:30 Reminisce on Dover 10:30 Anglican Church 1:15 Brain Teasers on Brighton 2:30 Social on 2 nd Floor 4:15 Sol Club 6:30 Bingo in Henley Hall	6 9:45 Music With Kids on Avonmore 10:45 Fitness on Balmoral 1:30 Laura's Kitchen on Doulton 3:15 Sol Club	7 9:30 Getting to Know Me 11:15 Coffee & Current Events in Activity Room 1:30 Baking in Century Room 3:15 Sol Club
8 9:30 Sensory Stimulation on Balmoral 10:45 Sunday Morning Stretch on Avonmore 2:00 Sunday Tea and Social in Henley Hall	9 10:30 Lutheran Church 2:30 Music Appreciation in Activity Room 4:15 Sol Club	10 9:30 Come Play with Me on Cambridge 10:30 Catholic Service 1:45 Outdoor Walks 4:15 Sol Club 6:30 Speaker Series in Henley Hall – Laurabell Robinson	11 9:30 Green Thumbs 11:15 Exercise on Avonmore & Brighton 1:45 Outdoor Walks 4:15 Sol Club	12 9:30 Humour Group on Doulton 10:30 Christian Church Interdenominational 2:30 Birthday Party with The Old Smoothies 4:15 Sol Club 6:30 Campfire Social (Greenspace between Cambridge/Dover)	13 9:30 Brain Teasers on Carlton 9:45 Music With Kids on Balmoral 10:45 Fitness on Doulton 1:30 Laura's Kitchen on Carlton 3:15 Sol Club	14 10:00 Getting to Know Me 11:15 Coffee & Current Events in Activity Room 1:30 Harvest Baking: Apple Crisp in Henley Hall 4:15 Sol Club
15 9:30 Story Time on Carlton 10:45 Exercise on Brighton 2:00 Sunday Tea with Bella Trio in Henley Hall 4:15 Sol Club	16 10:00 Resident & Family Council in Henley Hall 10:15 Coffee & News on Cambridge 11:15 Fitness on Doulton 2:30 Music Appreciation in Activity Room 4:15 Sol Club	17 9:30 Come Play with Me on Doulton 10:30 Catholic Church 2:00 Crafting with Kids in Henley Hall 4:15 Sol Club 6:30 Social on Second Floor	18 9:30 Green Thumbs 11:15 Exercise on Balmoral 1:45 Armchair Traveler in Activity Room 3:15 Sol Club 	19 9:30 Reminisce on Balmoral 10:30 Ukrainian Orthodox Church <i>Decorate for Fall</i> 3:15 Sol Club 6:30 Bowling in Henley Hall	20 9:30 Brain Teasers on Avonmore 9:45 Music With Kids on Brighton 10:45 Fitness on Avonmore 1:30 Laura's Kitchen on Ascot 3:15 Sol Club	21 9:30 Getting to Know Me 11:15 Coffee & Current Events in Activity Room 1:30 Baking in Century Room 3:30 Amitrivani in Henley Hall

<p style="text-align: right;">22</p> <p>9:30 Sensory Stimulation on Ascot 10:45 Sunday Morning Stretch on Balmoral 2:00 Sunday Tea and Social in Henley Hall 4:00 Hymn Sing in Henley Hall</p>	<p style="text-align: right;">23</p> <p>9:45 Coffee & News on Avonmore 10:45 Fitness on Brighton 2:30 Music Appreciation in Activity Room</p>	<p style="text-align: right;">24</p> <p>9:30 Come Play with Me on Dover 10:30 Catholic Service 2:30 This Day In History in Activity Room 4:15 Sol Club 6:30 Wine and Cheese with the Old Crusty Minstrels in Henley Hall</p>	<p style="text-align: right;">25</p> <p>9:30 Green Thumbs 10:00 Story Time on Ascot 11:15 Exercise on Carlton & Cambridge 2:30 Oktoberfest Pub in Henley Hall with Stewart MacDougall & Richard Cherneski 4:15 Sol Club</p>	<p style="text-align: right;">26</p> <p>9:30 Humour Group on Carlton 11:00 United Church 4:15 Sol Club 6:30 Bingo in Henley Hall</p>	<p style="text-align: right;">27</p> <p>9:30 Brain Teasers on Ascot 9:45 Music With Kids on Douulton 10:45 Fitness on Dover 1:30 Laura's Kitchen on Avonmore 3:15 Sol Club</p>	<p style="text-align: right;">28</p> <p>10:00 Getting to Know Me 10:30-1:00 Harvest Baking: Borscht and Biscuits in the Century Room 2:30 1:1 Visits 4:15 Sol Club</p>
<p style="text-align: right;">29</p> <p>9:30 Hand Massages on Douulton 10:45 Story Time on Dover 2:00 Sunday Tea and Social in Henley Hall 4:15 Sol Club</p>	<p style="text-align: right;">30</p> <p>9:45 Coffee & News on Balmoral 10:45 Fitness on Avonmore 2:30 Sing Along in Henley Hall 4:15 Sol Club</p> <div style="text-align: center;">  </div> <p style="text-align: center;"><i>Rosh Hashanna - Jewish</i></p>	<div style="text-align: center;">  </div>	<div style="text-align: center;">  </div>	<p>Keep the Date: Thanksgiving/Fall Supper on Thursday, Oct 10 at 5:30 in Henley Hall/ \$20 for guests. Please contact recreation to book your seats.</p>	<p>Keep the Date: Wednesday Oct 9 – Outing to Royal Alberta Museum. Contact Recreation for more information.</p>	<div style="text-align: center;">  </div>

All programs are subject to change without notice; please check the bulletin boards as any changes will be noted on there.