

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Orange Juice Oatmeal Cereal Boiled Egg Raisin Toast Stewed Prunes	Cranberry Juice Cream of Wheat Cereal Creamy Fruit Yogurt Fruit and Fibre Muffin Banana	Apple Juice Oatbran Cereal Scrambled Eggs Whole Wheat Toast Banana	Orange Juice Oatmeal Cereal Cheddar Cheese Whole Wheat Toast Stewed Prunes	Cranberry Juice Oatmeal Cereal Poached Egg English Muffin Banana	Apple Juice Oatbran Cereal Cottage Cheese Bran Muffin Banana	Orange Juice Oatbran Cereal Fried Egg Marble Rye Toast Stewed Prunes
OR	OR	OR	OR	OR	OR	OR
Variety of Cold Cereals Peanut Butter Whole Wheat Toast	Variety of Cold Cereals Poached Egg Whole Wheat Toast	Variety of Cold Cereals Peanut Butter	Variety of Cold Cereals Boiled Egg	Variety of Cold Cereals Peanut Butter Whole Wheat Toast	Variety of Cold Cereals Scrambled Eggs Whole Wheat Toast	Variety of Cold Cereals Peanut Butter Whole Wheat Toast
Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice
Potato Dill Soup Hamburger on a Bun Grilled Vegetables Watermelon	Vegetarian Vegetable Soup Egg Salad on a Croissant Carrot Raisin Salad Apple Slices	Creole Rice Soup Krunchie Basa Potato Dollar Chips PEI Vegetable Medley Raspberries	Homemade Vegetable Barley Soup Turkey Lettuce & Tomato Sandwich Ranch Potato Salad Cantelope	Italian Wedding Soup Macaroni & Cheese Scalloped Tomatoes Tropical Fruit Salad	Split Pea Soup Spanish Omelet Multigrain Toast Harvard Beets Grapes	Chicken Julienne Soup Bacon Buttermilk Pancakes Rhubarb Strawberry Compote French Cream Cake
OR	OR	OR	OR	OR	OR	OR
Grilled Chicken & Asiago Caesar Plate Whole Wheat Dinner Roll Strawberry Frozen Yogurt	Beef Lasagna Bread Stick Italian Mixed Vegetables Swiss Mocha Pudding	Mini Submarine Sandwich Creamy Coleslaw Lime Jello Vanilla Whipped Topping	Weiners and Beans Texas Garlic Toast Cauliflower Florets Tangerine Mousse	Beef Ribette on a Bun Mixed Green Salad Cherry Lattace Square	Shaved Pastrami Sandwich Caesar Salad Apple Cinnamon Pudding Cake	Tuna Waldorf Salad Plate Whole Wheat Dinner Roll Diced Pear
Asorted Fruit Drink Digestive Oatbran Cookie	Assorted Fruit Drink Peanut Butter Cookie	Assorted Fruit Drink Cookies Spice Snaps	Assorted Fruit Drink Oatmeal Cookie	Assorted Fruit Drink Cranberry Fruit Bread	Assorted Fruit Drink Date Turnover Cookie	Assorted Fruit Drink Vanilla Creamy Yogurt
Honey Garlic Pork Drummie Whipped Potatoes Buttered Corn Naked Brownie	Sliced Turkey Breast Mashed Potatoes Butternut Squash Blueberry Yogurt Cake	BBQ Chicken Oven Browned Potatoes Parsnips with Pimento Cherry Tart	Tender Philly Steak Beef Gravy Baked Potato Pick Of The Day Vegetable Blend Coconut Cream Pie	Baked Sole Fish Fillet Rice Pilaf Green Peas Hollandaise Sauce Neopolitan Ice Cream	Lemon Baked Veal Baby Roasted Potatoes Mashed Turnips Blue Raspberry Jello	Pork Tenderloin Demi-Glace Sauce Whipped Potatoes California Mixed Vegetables Peach Pie
OR	OR	OR	OR	OR	OR	OR
Herb Baked Tilapia Lemon Wedge Rice Pilaf Green Beans Pear	Irish Stew Tea Biscuit Broccoli Florets Pineapple Tidbits	Braised Liver with Onion Gravy Whipped Potatoes Sauteed Mixed Peppers Canned Apricot Halves	Sweet & Sour Pork Whipped Potatoes Brussel Sprouts Sliced Peaches	Greek Style Chicken Breast Whipped Potatoes Glazed Carrots Four Berry Mix	Turkey Schnitzel Poultry Gravy Whipped Potatoes Seasoned Zucchini Mandarin Orange Sections	Oven Baked Meatloaf Beef Gravy Whipped Potatoes Wax Beans with Tarragon Butter Mango
Pineapple Zucchini Loaf Milk 2%	Tuna Salad Sandwich Milk 2%	Cranberry Flax Muffin Milk 2%	Apple Slices and Cheese Milk 2%	Banana Loaf Milk 2%	Peanut Butter Sandwich Milk 2%	Raisin Bran Loaf Milk 2%