





Mountain Lake Seniors Community Life Enrichment Calendar ~ Assisted Living

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 10:00 Russian Singalong 11:00 Exercises ~RR 1:00 Workshop 1:30 Bible Stories with Jehovah's Witnesses 2:00 Cribbage	2 11:00 Exercises Upstairs 11:30 Outing: <i>Senior's Branch</i> 1:30 Art Therapy 2:00 Salvation Army Church 3:00 Bingo	3 10:00 Catholic Church 10:45 Bowling ~RR 1:30 Bingo & Tea 3:30 Bell Choir	4 11:00 Celebration of Life Service 11:00 Exercises Upstairs 2:00 Hawaiian Luau ~RR 	5 10:15 Book Club ~RR 11:00 Chair Yoga ~RR 1:30 Spring Planting 1:30 Community Council Meeting ~RR	6 3:45 Chair Yoga
7	8 10:00 Russian Singalong 11:00 Exercises ~RR 1:00 Workshop 1:30 Bible Stories with Jehovah's Witnesses 2:00 Cribbage	9 11:00 Exercises Upstairs 11:30 Outing: <i>Mall</i> 1:30 Art Therapy 2:00 United Church 3:00 Bingo	10 10:00 Catholic Church Library Visit 3:30 Bell Choir	11 10:30 Anglican Church 11:00 Exercises Upstairs 1:30 Sing-along & Birthday Social 3:00 Bingo	12 10:15 Book Club ~RR 11:00 Chair Yoga ~RR 2:00 Second Wind entertains!	13 1:30 Cards & Games 3:45 Chair Yoga
14 2:00 Games Afternoon	15 10:00 Russian Singalong 11:00 Exercises ~RR 1:00 Workshop 1:30 Bible Stories with Jehovah's Witnesses 2:00 Cribbage	16 11:00 Exercises Upstairs 11:30 Outing: <i>Scenic Drive</i> 1:30 Art Therapy 2:15 Bethel Christian Church 3:00 Bingo	17 10:00 Catholic Church 10:45 Bowling ~RR 1:30 Entertainment by "All Aboard!"	18 11:00 Exercises Upstairs 2:00 Health Arts Society Concert 3:00 Bingo	 GOOD FRIDAY	20 2:00 Children's Easter Egg Hunt 
21 	22 10:00 Russian Singalong 11:00 Exercises ~RR 1:00 Workshop 1:30 Bible Stories with Jehovah's Witnesses 2:00 Cribbage	23 10:00 Sensory Visits 10:00 Stand & Stretch 11:30 Outing: <i>Mall</i> 2:00 First Baptist Church 3:00 Bingo	24 10:00 Catholic Church 10:45 Bowling ~RR 1:30 Bingo & Tea 3:30 Bell Choir 6:00 Movie Night	25 10:30 Anglican Church 11:00 Exercises Upstairs 1:30 Sing-along ~Lombardy 3:00 Bingo	26 10:15 Book Club ~RR 11:00 Chair Yoga ~RR 1:30 Spring Planting 1:30 Crossword Puzzle 3:00 Mountain Lake House Band performs!	27 1:30 Entertainment with Paola! 3:45 Chair Yoga
28 12:30 General Store 2:00 Games Afternoon	29 10:00 Russian Singalong 11:00 Exercises ~RR 1:00 Workshop 1:30 Bible Stories with Jehovah's Witnesses 2:00 Cribbage	30 11:00 Exercises Upstairs 11:30 Outing: <i>Jackson's Hole</i> 3:00 Bingo				

RR = Rec Room

This calendar is subject to change.

Please refer to the whiteboard near the front entrance for daily activities