





Assisted Living March 2019

WEXFORD CREEK RECREATION SERVICES Calendar of Program and Events






SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p><i>*Please Note that the calendar is subject to changes</i></p> <p><i>** MPR is 1st Floor Multi Purpose Room*</i></p> <p><i>** CC is Complex Care Dining*</i></p>				<p>1. <u>10:00 Arts & Crafts /MPR</u></p> <p><u>2:00 Music with The Mike & Mose/MPR</u></p> <p><u>7:00 Games /Dining</u></p>	<p>2. <u>1:30 Fun & Fitness /MPR</u></p>
<p>3. <u>2:00 Worship Service With Wakesiah Gospel/MPR</u></p>	<p>4. <u>10:30 Fitness Balance Class /MPR</u> </p> <p><u>1:30 Knitting/MPR</u></p> <p><u>3:00 Singing Time /2nd Fl Lounge</u></p> <p><u>7:00 Games/Dining</u></p>	<p>5. <u>10:00 Coffee Time/ 2nd Fl Al Lobby</u></p> <p><u>10:30 Morning Drive</u></p> <p><u>1:30 Crib /1st Fl Lounge</u></p> <p><u>2:00 Mardis Gras with the Bryden Street Jazz Band/MPR</u></p> <p><u>3:00 Let Chat/2nd Fl Private Dining Room</u></p> <p><u>7:00 Games/Dining</u></p>	<p>6. <u>10:30 Stretch & Strength/MPR</u></p> <p><u>1:30 Baking/MPR</u></p> <p><u>7:00 Games/Dining</u></p>	<p>7. <u>10:00 Coffee Time /2nd Fl Al Lobby</u></p> <p><u>10:15 Hymn Sing with Keith/ MPR</u></p> <p><u>1:30 Bingo/MPR</u></p> <p><u>2:30 Afternoon Tea/ Dining</u></p> <p><u>7:00 Games /Dining</u></p>	<p>8. <u>10:00 Arts & Crafts /MPR</u></p> <p><u>2:00 Music with The Canadian Suite Duo/MPR</u></p> <p><u>7:00 Games /Dining</u></p>	<p>9. <u>1:30 Fun & Fitness /MPR</u></p>
<p>10. </p> <p><u>2:00 Worship Service with The Salvation Army /MPR</u></p>	<p>11. <u>10:30 Fitness /MPR</u></p> <p><u>3:00 Singing Time /2nd Fl Lounge</u></p> <p><u>7:00 Games/Dining</u></p>	<p>12. <u>10:00 Coffee Time / 2nd Fl Al Lobby</u></p> <p><u>10:30 Morning Drive</u> </p> <p><u>1:30 Crib/1st Fl Lounge</u></p> <p><u>7:00 Games/Dining</u></p>	<p>13. <u>10:30 Stretch & Strength/MPR</u></p> <p><u>2:00 March Birthday Celebration with the Islanders /AL Dining</u></p> <p>HAPPY BIRTHDAY!</p> <p><u>7:00 Games/Dining</u></p>	<p>14. <u>10:00 Coffee Time /2nd Fl Al Lobby</u></p> <p><u>10:00 Catholic Rosary/ MPR</u> </p> <p><u>10:30 Catholic Mass /MPR</u></p> <p><u>1:30 Bingo/MPR</u></p> <p><u>7:00 Games/Dining</u></p>	<p>15. <u>10:00 Arts & Crafts /MPR</u></p> <p><u>2:00 St. Patrick's Music with Paradise Isle /MPR</u></p> <p><u>7:00 Games /Dining</u></p>	<p>16. <u>1:45 Karaoke/2nd Fl CC Dining</u></p>

Assisted Living
MARCH 2019

WEXFORD CREEK
RECREATION SERVICES

Calendar of Program and Events Continued

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>17. <u>2:00</u> Worship Service with First Baptist/ MPR</p>	<p>18. <u>10:30</u> Fitness /MPR <u>3:00</u> Singing Time /2nd Fl Lounge <u>7:00</u> Games/Dining</p>	<p>19. <u>10:00</u> Coffee Time /2nd Fl Al Lobby <u>1:30</u> Crib /1st Fl Lounge  <u>1:30</u> Baking/MPR <u>3:00</u> Let Chat/2nd Fl Private Dining Room <u>7:00</u> Games/Dining</p>	<p>20.  <u>10:30</u> Stretch & Strength/ MPR <u>2:00</u> Worship Service & Communion with Brechin United Church/MPR <u>2:00</u> Word Games/2nd Fl CC Dining <u>7:00</u> Games/Dining</p>	<p>21. <u>10:00</u> Coffee Time /2nd Fl Al Lobby <u>1:30</u> Bingo/MPR <u>2:30</u> Afternoon Tea/ Dining  <u>7:00</u> Games /Dining</p>	<p>22. <u>10:00</u> Arts & Crafts/MPR <u>2:00</u> Music with Bob/MPR <u>7:00</u> Games /Dining</p>	<p>23. <u>1:30</u> Fun & Fitness /MPR</p>
<p>24. <u>2:00</u> Worship Service with St. Paul's Lutheran /MPR</p>	<p>25. <u>10:30</u> Fitness /MPR <u>3:00</u> Singing Time/2nd Fl Lounge <u>7:00</u> Games/Dining</p>	<p>26. <u>8:30</u> Men's Breakfast By Invitation/MPR <u>10:00</u> Coffee Time /2nd Fl Al Lobby <u>1:30</u> Piano Hour with Rich/MPR <u>7:00</u> Games/Dining</p>	<p>27. <u>10:00</u> Stretch & Strength/ MPR <u>1:30</u> Word Games & Big Crossword/2nd Fl CC Dining <u>7:00</u> Games/Dining</p>	<p>28. <u>10:00</u> Coffee Time /2nd Fl Al Lobby <u>10:00</u> Singalong with Keith/2nd Fl CC Dining <u>11:15</u> Choir Practice <u>1:30</u> Bingo /MPR <u>7:00</u> Games/Dining</p>	<p>29. <u>10:15</u> Arts & Crafts/MPR <u>2:00</u> Music with Marty Steele /MPR <u>7:00</u> Games /Dining</p>	<p>30. <u>1:30</u> Fun & Fitness /MPR</p>

Program Information:





- 1. If You Have Any Questions Regarding the Calendar or Volunteer Opportunities, please Contact Kathleen in Recreation Services Located in 1st Floor Entrance Administration.**
- 2. For Any Site Concerns Please Contact Our Site Manager Sue Ball.**

31.
2:00
Worship
Service with
First Baptist/
MPR

Residential Care MARCH 2019

WEXFORD CREEK RECREATION SERVICES Calendar of Programs and Events






SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>***Calendar subject to change without notice</p> <p>*** MPR is 1st Fl Multi Purpose Room</p>	<p>**Please note: There will be ongoing DAILY One to One Visits in Complex Care and Cottages 1, 2 & 3</p>			<p>1. <u>10:00 Cottage 1 Program</u> <u>10:00 Arts & Crafts MPR</u> <u>11:00 Cottage 3 Visits</u> <u>2:00 Music with Mike and Mose/MPR</u> <u>2:00 Cottage 2 Birthday Program</u></p>	<p>2. <u>1:30 Fitness /MPR</u> <u>3:00 Cottage 3 Birthday Program</u></p>
<p>3. <u>2:00 Worship Service With Wakesiah Gospel/MPR</u></p>	<p>4. <u>10:30 Fitness/MPR</u> <u>1:30 Knitting & Art Time /MPR</u> <u>1:30 Cottage 2 Program</u> <u>2:30 Cottage 3 Program</u></p>	<p>5. <u>9:15 News Group/2nd</u> <u>10:30 Morning Drive</u> <u>10:40 Cottage 1 Program & Cottage Visits</u> <u>2:00 Mardis Gras Celebration with the Byrden Street Jazz Band/MPR</u> <u>*Walks Throughout The Day</u></p>	<p>6. <u>10:30 Stretch & Strength/MPR</u> <u>1:30 Cottage 1,2 &3 Music with Keith</u> <u>1:30 Lets Bake/MPR</u> <u>*Afternoon Walks</u></p>	<p>7. <u>10:15 Hymn Sing/1st Fl Multi Purpose</u> <u>1:30 Cottages 1,2 &3 Music Program</u> <u>1:30 Bingo/MPR</u></p> 	<p>8. <u>10:00 Cottage 2 Program</u> <u>10:00 Arts & Crafts MPR</u> <u>11:00 Cottage 3 Visits</u> <u>2:00 Music with Canadian Suite Duo /MPR</u> <u>2:00 Cottage 1 Program</u></p>	<p>9. <u>1:30 Fitness /MPR</u> <u>3:00 Cottage 3 Program</u></p>
<p>10.  <u>2:00 Worship Service With The Salvation Army /MPR</u></p>	<p>11. <u>10:30 Fitness/MPR</u> <u>1:30 Cottage 2 Program</u> <u>2:30 Cottage 3 Program</u></p>	<p>12. <u>9:15 News Group/1st</u> <u>10:30 Morning Drive</u> <u>10:40 Cottage 1 Program & Visits</u> <u>1:30 Brain Games/2nd Fl Dining</u> <u>*Walks Throughout The Day</u></p>	<p>13. <u>10:30 Stretch & Strength/MPR</u> <u>1:30 Cottage 1, 2 & 3 Music with Keith</u> <u>2:00 Birthday Celebration with Music by the Islanders/2nd Fl Al Dining</u></p> 	<p>14. <u>10:00 Rosary/MPR</u> <u>10:30 Catholic Mass /MPR</u>  <u>1:30 Cottages 1,2 &3 Music Program</u> <u>1:30 Bingo/MPR</u></p>	<p>15. <u>10:00 Cottage 1 Program</u> <u>10:00 Arts & Crafts /MPR</u> <u>11:00 Cottage 3 Visits</u> <u>2:00 St. Patrick's Music with Paradise Isle/MPR</u> <u>2:00 Cottage 2 Program</u></p>	<p>16. <u>2:00 Karaoke /2nd Fl Dining</u> <u>3:00 Cottage 3 Program</u></p>

**Residential Care
MARCH 2019**

**WEXFORD CREEK
RECREATION SERVICES**

Calendar of Programs and Events Continued

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>17.</p>  <p><i>Happy St. Patrick's Day</i></p> <p><u>2:00</u> Worship Service with First Baptist /MPR</p>	<p>18.</p> <p><u>10:30</u> Fitness/MPR</p> <p><u>1:30</u> Cottage 2 Program</p> <p><u>2:30</u> Cottage 3 Program</p>	<p>19.</p> <p><u>9:15</u> News Group/2nd</p> <p><u>10:30</u> Cottage Drive</p> <p><u>10:40</u> Cottage 1 Program & Cottage Visits</p> <p><u>1:30</u> Lets Bake/MPR</p> <p>*Walks Throughout The Day</p>	<p>20</p>  <p><u>10:30</u> Stretch & Strength/MPR</p> <p><u>1:30</u> Cottages 1, 2 & 3 Music with Keith</p> <p><u>2:00</u> Worship Service and Communion with Brechin United Church/MPR</p> <p>*Afternoon Walks</p>	<p>21.</p> <p><u>9:30</u> Stories & Reminiscence /2nd</p> <p><u>9:30</u> Music with Keith/1st Dining</p> <p><u>10:30</u> Stories & Reminiscence/1st</p> <p><u>10:30</u> Music with Keith/2nd Fl Dining</p> <p><u>1:30</u> Cottages 1,2 &3 Music Program</p> <p><u>1:30</u> Bingo/MPR</p>	<p>22.</p> <p><u>10:00</u> Cottage 2 Program</p> <p><u>10:00</u> Arts & Crafts /MPR</p> <p><u>11:00</u> Cottage 3 Visits</p> <p><u>2:00</u> Music with Bob/MPR</p> <p><u>2:00</u> Cottage 1 Birthday Program</p>	<p>23.</p> <p><u>1:30</u> Fitness /MPR</p> <p><u>3:00</u> Cottage 3 Program</p>
<p>24.</p> <p><u>2:00</u> Worship Service with St. Paul's Lutheran /MPR</p>	<p>25.</p> <p><u>10:30</u> Fitness/MPR</p> <p><u>1:30</u> Cottage 2 Program</p> <p><u>2:30</u> Cottage 3 Program</p>	<p>26.</p> <p><u>8:30</u> Men's Breakfast /MPR</p>  <p><u>10:30</u> News Group/1st</p> <p><u>10:40</u> Cottage 1 Program & Cottage Visits</p> <p><u>1:30</u> Piano with Rich /1st Fl Multi Purpose</p> <p>*Walks Throughout The Day</p>	<p>27.</p> <p><u>10:00</u> Exercise/MPR</p> <p><u>12:00</u> In House Lunch Program/MPR</p> <p><u>1:30</u> Cottages 1, 2 & 3 Music with Keith</p> <p><u>2:00</u> Word Games & Big Crossword/2nd Fl Dining</p> <p>*Afternoon Walks</p>	<p>28.</p> <p><u>10:00</u> Singalong with Keith/2nd Fl Dining</p> <p><u>1:30</u> Cottages 1,2 &3 Music Program</p> <p><u>1:30</u> Bingo/MPR</p>	<p>29.</p> <p><u>10:00</u> Cottage 2 Program</p> <p><u>10:00</u> Arts & Crafts /MPR</p> <p><u>11:00</u> Cottage 3 Visits</p> <p><u>2:00</u> Music with Marty Steele/MPR</p> <p><u>2:00</u> Cottage 1 Program</p>	<p>30.</p> <p><u>1:30</u> Fitness /MPR</p> <p><u>3:00</u> Cottage 3 Program</p>

Program /Event Information:

- **If You Have Any Questions Regarding the Calendar or Volunteer Opportunities, please Contact Kathleen in Recreation Services Located in 1st Floor Entrance Administration.**
- **For Any Site Concerns Please Contact Our Site Manager Sue Ball.**
- **The Next Resident General Meeting Will Take Place in April 2019 in the 1st Fl Multi Purpose Room**