








River Ridge Seniors Village, Supportive Living

March 2019,







Programs are subject to change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Bake Sale March 13th 10-2pm</p>					<p>1, 10:00 Knitting Group With Ethel & Doris 1:30 Live Entertainment Rusty Nails, in the Games Room 3:30 Resident House Social</p>	<p>2, 1:00 Movie Matinee</p> 
<p>3, Phone #'s Hair Salon 403-878-5880</p>	<p>4, 10:30 DVD Yoga in the Theatre 2:00 Catholic Church Service In the Games Room 3:30pm Card Bingo</p>	<p>5, 10:30 DVD Yoga, Theatre 1:30pm Live Entertainment Nothing Fancy, Games Room 3:30 Resident House Social a fun filled hour of Reminiscing</p>	<p>6, 10:30 DVD Yoga, Theatre 1:30 St John Presbyterian Church Service in the Chapel 3:30 Card Bingo 6:30 Live Entertainment Happy Gang GR</p>	<p>7, 10:30 Therapeutic Artistic Adult Art, Brain Yoga 10:30 DVD Yoga, Theatre 2:15 United Church Service In the Chapel 3:30 Card Bingo</p>	<p>8, 10:00 Knitting Group With Ethel & Doris 10:30 DVD Yoga, Theatre 1:30 Live Entertainment Philip Marleau , GR 3:30 Resident House Social</p>	<p>9, 1:30 Classic Country & Gospel Music, With Russell Scherer, In the Games Room</p>
<p>10</p>	<p>11, 10:30 DVD Yoga in the Theatre 1:15pm Afternoon Movie  3:30pm Card Bingo</p>	<p>12, 10:30 DVD Yoga, Theatre 1:30 Live Entertainment Nuts & Bolts, Games Room 3:30 Resident House Social a fun filled hour of Reminiscing</p>	<p>13, Bake Sale 10:30 DVD Yoga, Theatre 1:30 Hillcrest Evangelical Hymn Sing, Games Room 3:30 Card Bingo 6:30 Live Entertainment Country Friends</p>	<p>14, 10:30 Therapeutic Artistic Adult Art, Brain Yoga 10:30 DVD Yoga, Theatre 1:00 Decorating for St. Patrick's Day Social 3:30 Card Bingo</p>	<p>15, 10:00 Knitting Group With Ethel & Doris 10:30 DVD Yoga, Theatre 1:30 Live Entertainment, GR Dorothy Osadczuk's Sing Along St. Patrick's Day Social 3:30 Resident House Social Enjoy A Green Beer</p>	<p>16, 1:00 Movie Matinee</p> 
<p>17</p>	<p>18, 10:30 DVD Yoga in the Theatre 2:00 Catholic Church Service In the Games Room 3:30pm Card Bingo</p>	<p>19, 10:30 DVD Yoga, Theatre 1:30 Live Entertainment Rusty Nails, Games Room 3:30 Resident House Social a fun filled hour of Reminiscing</p>	<p>20, 10:30 DVD Yoga, Theatre 11:00 Resident Meeting 1:15pm Documentary Railway Adventure Across Canada 3:30 Card Bingo 6:30 Live Entertainment Silver Sage</p>	<p>21, 10:30 Therapeutic Artistic Adult Art, Brain Yoga 10:30 DVD Yoga, Theatre 1:30 Live Entertainment, GR Dorothy Osadczuk's Sing Along 3:30 Card Bingo</p>	<p>22, 10:00 Knitting Group With Ethel & Doris 10:30 DVD Yoga, Theatre 1:30 Live Entertainment, GR Jim Baxter 3:30 Resident House Social</p>	<p>23, 1:00 Movie Matinee</p> 
<p>24 <u>31</u></p>	<p>25, 10:30 DVD Yoga, Theatre 1:15pm Afternoon Movie  3:30pm Card Bingo</p>	<p>26, 10:30 DVD Yoga, Theatre 1:30 Live Music, We Three Trio, Games Room 3:30 Resident House Social a fun filled hour of Reminiscing</p>	<p>27, 10:30 DVD Yoga, Theatre 1:30pm Nail Care 3:30 Card Bingo 6:30 Live Entertainment The Bucket Band</p>	<p>28, 10:30 Therapeutic Artistic Adult Art, Brain Yoga 10:30 DVD Yoga, Theatre 1:30 Live Entertainment Phil Marleau, LTC 3:30 Card Bingo</p>	<p>29, 10:00 Knitting Group With Ethel & Doris 10:30 DVD Yoga, Theatre 1:30 Live Entertainment, GR Birthday Social The Echo's Band 3:30 Resident House Social</p>	<p>30, 1:00 Movie Matinee</p> 

River Ridge Seniors Village, Long Term Care

March 2019,








Programs are subject to change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Bake Sale 10-2pm March 13th</p>					<p>1, 9:00 one on one 10:00 Knitting GR 10:45 Song Therapy 1:30 Live Entertainment Rusty Nails, GR 3:30 Resident House Social 3:30 Bingo</p>	<p>2, 1:45 – 2:30pm Ice Cream Treat</p> 
<p>3, Phone #'s Hair Salon 403-878-5880</p>	<p>4, 9:00 One on One 10:30 Painting 10:30 Wii Game 2:00 Catholic Church Service In the Games Room 3:30 Bingo</p>	<p>5, 9:00 One on One 10:30 Trivia 10:30 Nail Care 1:30 Live Entertainment Nothing Fancy, in the GR 3:30 Resident House Social 3:30 Bingo</p>	<p>6, 10:30 Fun & Fitness 1:30 St John Presbyterian Church Service in the Chapel 3:30 Bingo 6:30 Live Entertainment Happy Gang GR</p>	<p>7, 9:00 One on One 10:30 Fun & Fitness 10:30 Nail Care 1:30 United Church Service 3:30 Bingo</p>	<p>8, 9:00 one on one 10:00 Knitting GR 10:45 Song Therapy 1:30 Live Entertainment, GR Phil Marleau 3:30 Resident House Social 3:30 Bingo</p>	<p>9, 1:45 – 2:30pm Ice Cream Treat 1:30 Classic Country & Gospel Music, With Russell Scherer, GR</p>
<p>10</p>	<p>11, 9:00 One on One 10:30 Wii Game 1:15 Afternoon Movie  3:30 Bingo</p>	<p>12, 9:00 One on One 10:30 Trivia, 10:30 Nail Care 1:30 Live Music, Nuts & Bolts 3:30 Bingo 3:30 Resident House Social</p>	<p>13, Bake Sale 9:00 One on One 1:30 Hillcrest Evangelical Hymn Sing, Games Room 3:30 Bingo 6:30pm live Entertainment Country Friends</p>	<p>14, 9:00 One on One 10:30 Fun & Fitness 10:30 Nail Care 1:00pm Decorating For St. Patrick's Social 3:30 Bingo</p>	<p>15, 9:00 one on one 10:00 Knitting GR 10:45 Song Therapy 1:30 St. Patrick's Day Social, GR Dorothy Osadczuk's Sing Along 3:30 Resident House Social 3:30 Bingo</p>	<p>16, 1:45 – 2:30pm Ice Cream Treat</p> 
<p>17</p>	<p>18, 9:00 One on One 10:30 Painting 10:30 Wii Game 2:00 Catholic Church Service In the Games Room 3:30 Bingo</p>	<p>19, 9:00 One on One 10:30 Trivia, 10:30 Nail Care 1:30 Live Entertainment Rusty Nails, Games Room 3:30 Resident House Social 3:30 Bingo</p>	<p>20, 9:00 One on One 10:30 Fun & Fitness 1:15pm Documentary Railway Adventure Across Canada 2:00 Resident Meeting 3:30pm Bingo 1:30 Live Entertainment Silver Sage</p>	<p>21, 9:00 One on One 10:30 Fun & Fitness 10:30 Nail Care 1:30 Live Entertainment, GR Dorothy Osadczuk's Sing Along 3:30 Bingo</p>	<p>22, 9:00 one on one 10:00 Knitting Group With Ethel & Doris 10:45 Song Therapy 1:30 Live Entertainment, GR Jim Baxter 3:30 Resident House Social 3:30 Bingo</p>	<p>23, 1:45 – 2:30pm Ice Cream Treat</p> 
<p>24 31_____</p>	<p>25, 9:00 One on One 10:30 Wii Game 1:15 Afternoon Movie  3:30 Bingo</p>	<p>26, 9:00 One on One 10:30 Trivia, 10:30 Nail Care 1:30 Live Entertainment We Three Trio 3:30 Resident House Social 3:30 Bingo</p>	<p>27, , 9:00 One on One 10:30 Fun & Fitness 1:30pm Trivia 3:30pm Bingo 6:30 Live Entertainment The Bucket Band</p>	<p>28, 9:00 One on One 10:30 Fun & Fitness 10:30 Nail care 1:30 Live Entertainment Phil Marleau, LTC 3:30 Bingo</p>	<p>29, 9:00 one on one 10:00 Knitting GR 10:45 Song Therapy 1:30 Live Entertainment Birthday Social, GR The Echo's Band 3:30 Resident House Social 3:30 Bingo</p>	<p>30, 1:45 – 2:30pm Ice Cream Treat</p> 

River Ridge Seniors Village, Paradise Lane

March 2019,

Programs are subject to change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Bake Sale 10 – 2pm March 13th</p>					<p>1, 9:00 Soft & Sensitive Yoga, Morning News 10:00 Knitting Group GR 10:45 Song Therapy 1:30 Live Entertainment Rusty Nails 3:30 Resident House Social</p>	<p>2, 1:45 – 2:30pm Ice Cream Treat</p> 
<p>3 Phone #'s Hair Salon 403-878-5880</p>	<p>4, 9:00 Soft & Sensitive Yoga 9:30 Morning News 2:00 Catholic Church Service In the Games Room 3:30 Card Bingo</p>	<p>5, 9:00 Soft & Sensitive Yoga 9:30 Morning News 1:30 Live Entertainment Nothing Fancy, in the GR 3:30 Resident House Social</p>	<p>6, 9:00 Soft & Sensitive Yoga, Morning News 1:30 St John Presbyterian Church Service in the Chapel 3:30 Card Bingo 6:30 Live Entertainment Happy Gang, GR</p>	<p>7, 9:00 Soft & Sensitive Yoga 9:30 Morning News 2:15 United Church Service In the Chapel 3:30 Card Bingo</p>	<p>8, 9:00 Soft & Sensitive Yoga, Morning News 10:00 Knitting Group GR 10:45 Song Therapy 1:30 Live Entertainment Phil Marleau 3:30 Resident House Social</p>	<p>9, 1:45 – 2:30pm Ice Cream Treat</p> 
<p>10</p>	<p>11, 9:00 Soft & Sensitive Yoga 9:30 Morning News 1:15 Afternoon Movie  3:30 Card Bingo</p>	<p>12, 9:00 Soft & Sensitive Yoga 9:30 Morning News 1:30 Live Entertainment Nuts & Bolts, in the GR 3:30 Resident House Social</p>	<p>13, 9:00 Soft & Sensitive Yoga, Morning News 1:30 Hillcrest Evangelical Hymn Sing, Games Room 3:30 Card Bingo 6:30pm Live Music, Country Friends</p>	<p>14, 9:00 Soft & Sensitive Yoga 9:30 Morning News 1:00pm Decorating For St. Patrick's Day Social 3:30 Card Bingo</p>	<p>15, 9:00 Soft & Sensitive Yoga, Morning News 10:00 Knitting Group GR 10:45 Song Therapy 1:30 St. Patrick's Day Social, GR Dorothy Osadczuk's Sing Along 3:30 Resident House Social</p>	<p>16, 1:45 – 2:30pm Ice Cream Treat</p> 
<p>17,</p>	<p>18, 9:00 Soft & Sensitive Yoga 9:30 Morning News 2:00 Catholic Church Service In the Games Room 3:30 Card Bingo</p>	<p>19, 9:00 Soft & Sensitive Yoga 9:30 Morning News 1:30 Live Music, Rusty Nails, Games Room 3:30 Resident House Social</p>	<p>20, 9:00 Soft & Sensitive Yoga, 9:30am Morning News 11:00 Resident Meeting 1:15pm Documentary Railway Adventure Across Canada 3:30 Card Bingo 6:30 Live Entertainment Silver Sage</p>	<p>21, 9:00 Soft & Sensitive Yoga 9:30 Morning News 1:30 Live Entertainment, GR Dorothy Osadczuk's Sing Along 3:30 Card Bingo</p>	<p>22, 9:00 Soft & Sensitive Yoga 10:00 Knitting Group With Ethel & Doris 10:45 Song Therapy 1:30 Live Entertainment, GR Jim Baxter 3:30 Resident House Social</p>	<p>23, 1:45 – 2:30pm Ice Cream Treat</p> 
<p>24 _30_</p>	<p>25, 9:00 Soft & Sensitive Yoga 9:30 Morning News 1:15 Afternoon movie  3:30pm Resident Social</p>	<p>26, 9:00 Soft & Sensitive Yoga 9:30 Morning News 1:30 Live Entertainment We Three Trio, GR 3:30 Resident House Social a fun filled hour of Reminiscing</p>	<p>27, 9:00 Soft & Sensitive Yoga, Morning News 1:30pm Trivia. On LTC 3:30pm Bingo 6:30 Live Entertainment The Bucket Band</p>	<p>28, 9:00 Soft & Sensitive Yoga 9:30 Morning News 10:30 Therapeutic Artistic Adult Art, Brain Yoga 1:30 Live Entertainment Phil Marleau, on LTC 3:30 Card Bingo</p>	<p>29, 9:00 Soft & Sensitive Yoga 10:00 Knitting Group With Ethel & Doris 10:45 Song Therapy 1:30 Live Entertainment, GR Birthday Social The Echo's Band 3:30 Resident House Social</p>	<p>30, 1:45 – 2:30pm Ice Cream Treat</p> 