



February 2019

Sprucewood Place Recreation Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>MEAL TIMES FIRST SITTING</p> <p>Breakfast 8:00 – 8:45 am Lunch 11:45 am – 12:30 pm Supper 4:45 – 5:30 pm</p>	<p>MEAL TIMES SECOND SITTING</p> <p>Breakfast 8:45 – 9:30 am Lunch 12:30pm-1:15pm Supper 5:30 – 6:15 pm</p>	<p>THERAPEUTIC RECREATION MONTH</p>	<p>SILENT AUCTION</p> <p>*Start collecting your REC BUCKS Feb 1-28th (see poster for details)</p>		<p>1</p> <p>2:00 pm Fun & Fitness (DR)</p> <p>3:30 pm Manicures (301) </p> <p>6:30 pm Bingo (DR) </p>	<p>2</p> <p>11:00am Oilers Vs. Flyers (DR) (Self Guided)</p>
<p>3</p> <p>12:00 pm Oilers Vs. Canadiens (DR) (Self Guided)</p> <p>4:00 pm Super Bowl (DR) (Self Guided)</p>	<p>4</p> <p>2:00 pm Fun & Fitness (DR)</p> <p>3:30 pm Bean Bag Toss (DR)</p> <p>6:30 pm Bingo (DR) </p> <p>7:45 pm Discuss & Recall (DR)</p>	<p>5 Chinese New Year</p> <p>2:00 pm Chinese Lantern Craft (301)</p> <p>6:30 pm Chinese New Year Trivia (DR)</p> <p>7:30 pm Chinese New Year: Year of the Pig Documentary(DR)</p>	<p>6</p> <p>10:30 am Open Activity (DR)</p> <p>2:30 pm Fun & Fitness (DR)</p> <p>3:00 pm Information & Education (DR) </p> <p>3:30 pm Water Colour Painting (301)</p> <p>4:30 pm Community Outing (L)</p>	<p>7</p> <p>2:30 pm Adapted Chair Yoga (DR)</p> <p>3:30 pm Wii Game (DR)</p> <p>6:30 pm Artist's in Training (DR)</p> <p>7:30 pm Card Games (DR)</p>	<p>8</p> <p>3:30 pm Manicures (301)</p> <p>6:30 pm Open Activity (301)</p> <p>7:30 pm Karaoke (DR)</p>	<p>9</p> <p>2:00 pm Fun & Fitness (DR)</p> <p>3:30 pm Bowling (DR)</p> <p>6:30 pm Bingo (DR) </p> <p>8:00 pm Hot Chocolate Social (DR)</p>
<p>10</p> <p>2:00 pm Fun & Fitness (DR)</p> <p>3:30 pm Winter Craft (301)</p> <p>6:30 pm Humour Group (DR)</p> <p>7:30 pm The Blue Planet – Documentary (DR)</p>	<p>11</p> <p>2:30 pm Adapted Chair Yoga (DR)</p> <p>4:00 pm Creative Doodle (301)</p> <p>6:30 pm Bingo (DR) </p> <p>7:45 pm Dice Game – Nix the Six (DR)</p>	<p>12</p> <p>2:00 pm Fun & Fitness (DR)</p> <p>2:30 pm Valentine's Baking (DR)</p> <p>3:30 pm Social (DR)</p> <p>6:30 pm Valentine's Day Craft (301) </p> <p>6:30 pm Walking & Wheeling (DR)</p> <p>7:30 pm Karaoke (DR)</p>	<p>13</p> <p>10:30 am Junk Drawer Detective (DR) </p> <p>3:30 pm Valentine's Day Word Search (DR)</p> <p>6:30 pm Bowling (DR)</p> <p>7:30 pm Skip-bo Tournament (DR) (Sign up in advance)</p>	<p>14 Valentine's Day</p> <p>2:00 pm Valentine's Day Tea (DR) </p> <p>3:30 pm Candy Grams (L)</p> <p>6:30 pm Name that "HEART" tune (301)</p> <p>7:30 pm Card Games (DR)</p>	<p>15 Bobby Austin Entertainment (DR)</p> <p>3:30 pm Manicures (301) </p> <p>6:30 pm Men's Group (DR)</p> <p>6:30 pm Water colour Painting (301)</p> <p>7:30 pm Board Games (DR)</p>	<p>16</p> <p>2:30 pm Adaptive Chair Yoga (DR)</p> <p>3:30 pm Penny Ante (DR)</p> <p>6:30 pm Bingo (DR)</p> <p>8:00 pm Hot Chocolate Social (DR)</p>
<p>17</p> <p>2:30 pm Fun & Fitness (DR)</p> <p>3:30 pm Artist's in Training (301)</p> <p>6:30 pm Yahtzee (DR)</p> <p>7:30 pm The Blue Planet – Documentary (DR)</p>	<p>18</p> <p>FAMILY DAY</p> 	<p>19</p> <p>2:00 pm Fun & Fitness (DR)</p> <p>2:30 pm Board Games (DR)</p> <p>7:00 pm Oilers vs. Coyotes (DR) (Self Guided) </p>	<p>20</p> <p>10:30 am Cranium Crunches (DR)</p> <p>2:30 pm Catholic Mass (DR) </p> <p>3:30 pm Walking & Wheeling (L)</p> <p>3:30 pm Winter Craft (301)</p> <p>6:30 pm Bean Bag Toss (DR)</p> <p>6:30 pm Short stories (301)</p> <p>7:30 pm Crib Tournament (DR) (Sign up in advance)</p>	<p>21</p> <p>2:30 pm Adapted Chair Yoga (DR)</p> <p>3:30 pm Open Activity(DR)</p> <p>6:30 pm Creative Doodle (DR)</p> <p>7:30 pm Karaoke (DR)</p>	<p>22</p> <p>2:00 pm Milestones (DR) </p> <p>3:30 pm Manicures (301)</p> <p>3:30 pm Dice Game (DR)</p> <p>6:30 pm You Be The Judge (DR)</p> <p>6:30 pm Open Activity (301)</p> <p>7:30 pm Billiards (DR)</p>	<p>23</p> <p>2:00 pm Fun & Fitness (DR)</p> <p>3:30 pm Bowling (DR)</p> <p>6:30 pm Bingo (DR) </p> <p>8:00 pm Oiler's Vs. Anaheim (DR)</p>
<p>24</p> <p>2:00 pm Fun & Fitness (DR)</p> <p>3:30 pm Puzzles (DR)</p> <p>6:30 pm Bowling (DR)</p> <p>7:30 pm The Blue Planet – Documentary (DR)</p>	<p>25</p> <p>2:00 pm Recreation Focus Group (DR)</p> <p>3:00 pm Adapted Chair Yoga (DR)</p> <p>4:00 pm Jeopardy Trivia (DR)</p> <p>6:30 pm Bingo (DR)</p> <p>7:45 pm Puzzles (DR)</p>	<p>26</p> <p>2:00 pm Fun & Fitness (DR)</p> <p>2:30 pm Baking Group (DR)</p> <p>3:30 pm Social (DR) </p> <p>6:30 pm Men's Group (DR)</p> <p>6:30 pm Name that Tune (301)</p> <p>7:30 pm Manicures (301) </p>	<p>27 PINK SHIRT DAY (wear a pink shirt to promote anti bullying)</p> <p>10:30 am Discuss and Recall (DR)</p> <p>3:30 pm Sign Up for March Outing (L)</p> <p>6:30 pm Cross Words (DR)</p> <p>7:30 pm Evening Social (DR)</p>	<p>28</p> <p>2:00 pm RECREATION SILENT AUCTION (DR)</p> <p>3:30 pm Trivia (DR)</p> <p>6:30 pm Card Games (DR)</p> <p>7:30 pm Karaoke (DR)</p>		<p>LEGEND</p> <p>DR—Dining Room</p> <p>L—Meet in Lobby</p> <p>O—Outside</p> <p>201, 301 & -- Rooms</p>

Recreation programs are subject to change without notice