

May 2018 Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Cream of Butternut Squash Soup Tossed Salad Louisiana Ribs (GF) Mushroom Omelet (GF) Corn or Carrots Baked Potato Chocolate Cake or Fruit	2 Borscht Cabbage Mango Slaw Grilled Dinner Sausage with Cabbage Roll Chicken Curry Green Beans or Sauerkraut Perogie or Rice Strawberry Parfait or Fruit	3 Tomato Macaroni Soup Spinach Salad Beef Wellington & Gravy Sweet & Sour Pork Button Bones (GF) Broccoli or Mixed Vegetables Mashed Potato Fruit & Cookie	4 Corn Chowder Caesar Salad Grilled Tilapia Fish & Tartar Sauce (GF) Veal Oscar Bok Choy or Mixed Vegetables Rice or Mashed Potato Peach Mango Mousse or Fruit	5 Beef Barley Soup Banana Nut Salad Pork Tenderloin Cutlet, Fried Apple & Onion w/ Gravy Roasted Chicken Thigh w/ Gray (GF) Braised Red Cabbage or Carrots Mashed Potato Rice Pudding or Fruit
6 Cream of Cauliflower Greek Salad Ham Dinner & Pineapple Glaze Penne Alfredo Broccoli or Whipped Squash Scalloped Potato Blueberry Cheesecake or Fruit	7 Hamburger Soup Pear & Carrot Salad BBQ Chicken Drumsticks (GF) Baked Cod and Lemon Sauce (GF) Cauliflower or PEI Mixed Rice or Baked Potato Brownies or Fruit	8 Chicken Noodle Tossed Salad Roast Beef & Gravy (F) Pancake & Sausage Turnips or Peas Mashed Potato Banana Cake or Fruit	9 German Pea Soup Coleslaw Crunchy Perch, Tartar Sauce & Lemon Greek Chicken Salad (GF) Broccoli or Green Beans Mashed Potato or Sweet Potato Triple Berry Crisp or Fruit	10 Cream of Mushroom Caesar Salad Porcupine Meatballs & Tomato Sauce (GF) Spinach & Cheese Omelet Fancy Mixed or Sautéed Zucchini Mashed Potato or Pasta Jell-O & Macadamia Cookie or Fruit	11 Wonton Soup Kale w/ Cranberry & Vinaigrette Dressing Ginger Beef & Spring Rolls Dill Salmon & Béchamel Sauce (GF) Stir-Fry Rice or Mashed Potato Custard Tart & Fortune Cookie or Fruit	12 Cream of Broccoli Coleslaw South Asian Pork Stew (GF) Chili Con Carne (GF) Garden Mixed Vegetables Steamed Baby Red Potato or Rice Pineapple Pudding or Fruit
13 Beef Vegetable Soup California Salad Chicken Broccoli Stuffer & Mushroom Sauce Ham & Melon Plate w/ a Bun Green Beans or Butternut Squash Baked Potato Lemon Meringue Pie or Fruit	14 Seafood Chowder Carrot & Raisin Salad Savory Turkey Stew (GF) & Biscuit on the side Kolbassa & Cabbage Roll Fancy Mixed Vegetables Mashed Potato or Perogies Tiramisu or Fruit	15 Turkey Vegetable Soup Cucumber Salad Pork Tenderloin Medallion Shepherds Pie (GF) Cauliflower & Cheese Sauce or Harvard Beets Mashed Potato Strawberry Mousse or Fruit	16 Cream of Mushroom Soup Green Salad Grilled Chicken w/ Caesar Salad & Garlic Toast Garlic Shrimp Broccoli & Baby Corn Stir-Fry French Fries or Rice Lemon Tart or Fruit	17 Beef Gumbo Soup Chantilly Fruit Salad Chicken Adobo (GF) Beef & Mushroom Pot Pie Garden Mixed Vegetables Mashed Potato or Rice Tapioca Pudding or Fruit	18 Lentil & Barley Soup Asian Noodle Salad Pork Drummies (GF) Seafood Salad, Croissant & Fruit Carrots or Green Beans Mashed Potato Strawberry Shortcake or Fruit	19 French Onion Soup Coleslaw Country Fried Chicken Quiche Lorraine Corn or Peas Potato Wedges or Potato Salad Mango Ice Cream or Fruit
20 Cream of Tomato Soup Broccoli Salad Pork Roast, Apple Sauce & Gravy (GF) Tortellini Alfredo Braised Red Cabbage or Carrots Mashed Potato Black Forest Cake or Fruit	21 Beef Vegetable Soup Spinach Salad & Raspberry Vinaigrette Dressing Unbreaded Liver & Onion w/ Gravy (GF) Baked Perch & Lemon Wedge (GF) PEI Mixed Vegetable Mashed Potato or Rice Strawberry Rhubarb Custard or Fruit	22 Barley Mushroom Soup Veggies & Dip Chicken Bacon Melt (GF) Vegetarian Burger Californian Mixed Vegetables Mashed Potato or Yam Fries Yogurt & Fruit Parfait or Fruit	23 Green Pea Soup Tossed Saled Veal Parmigiana Breaded Sole & Tartar Sauce (GF) Asparagus or Fancy Mixed Vegetables Mashed Potato or Egg Noodles Blueberry Pie or Fruit	24 Chicken Noodle Soup Carrot Raisin Salad Ham Steak & Pineapple Ring Chicken Breast & Honey Mustard Sauce (GF) Broccoli or Creamed Corn Scalloped or Rice Butterscotch Pudding or Fruit	25 Boston Clam Chowder Power Salad Fish & Chips w/ Tartar Sauce Vegetarian Lasagna Peas French Fries or Mashed Potato Strawberry Ice Cream or Fruit	26 Potato Soup Tomato & Cucumber Salad Pork Stew Chicken Quesadilla Stir-Fry Vegetables or Brussel Sprouts Mashed Potato Baked Apple & Rum Sauce or Fruit
27 Cream of Cauliflower Tossed Greens Veal Roast & Gravy (GF) Chef Salad Brussel Sprouts or Carrots Roasted Potato Crown Jewel Cake or Fruit	28 Navy Bean Soup Tossed Salad Beef Burgandy Asian Pork Noodle Bowl Stir-Fry Veg. or Peas Mashed Potato or Rice Noodles Cherry Pie or Fruit	29 Tomato Vegetable Soup Cucumber Salad Chicken Parmesan Beef Taco Salad w/ Salsa & Sour Cream Green Beans or Sautéed Zucchini Mashed Potato Date Square or Fruit	30 German Pea Soup Cucumber Salad Seafood Curry Polynesian Pork Chop (GF) Garden Mixed Vegetable O'Brien Potato or Rice Jell-O Parfait or Fruit	31 Beef Vegetable Soup Watermelon Vinaigrette Salad Roasted Chicken Legs & Gravy (GF) BBQ Beef on a Bun Cauliflower or Corn Rice or Potato Salad Tiramisu or Fruit		